

EVENT 404 Women's MC 400m Freestyle

Multi-Classification by British Para-Swimming Points

Place	Name	YoB	Club	Class	Time	BDPoints	250m	300m	350m	400m
1.	Jessica-Jane Applegate	(96)	Co Norwich	14	4:39.65	871	2:51.46	3:28.11	4:04.26	4:39.65
	50m 30.44	100m 1:04.43	150m 1:39.45	200m 2:15.44	250m 2:51.46	300m 3:28.11	350m 4:04.26	400m 4:39.65		
	30.44	33.99	35.02	35.99	36.02	36.65	36.15	35.39		
2.	Toni Shaw	(03)	UoAPS	9	4:52.05	850	3:00.49	3:38.05	4:15.60	4:52.05
	50m 33.24	100m 1:09.04	150m 1:46.03	200m 2:22.99	250m 3:00.49	300m 3:38.05	350m 4:15.60	400m 4:52.05		
	33.24	35.80	36.99	36.96	37.50	37.56	37.55	36.45		
3.	Brock Whiston	(96)	Bark & Dagen	8	5:02.22	824	3:05.79	3:44.58	4:23.68	5:02.22
	50m 34.57	100m 1:11.27	150m 1:49.01	200m 2:27.29	250m 3:05.79	300m 3:44.58	350m 4:23.68	400m 5:02.22		
	34.57	36.70	37.74	38.28	38.50	38.79	39.10	38.54		
4.	Maisie Summers-Newton	(02)	Northampton	6	5:25.31	820	3:21.14	4:02.84	4:44.54	5:25.31
	50m 37.12	100m 1:17.60	150m 1:58.50	200m 2:39.71	250m 3:21.14	300m 4:02.84	350m 4:44.54	400m 5:25.31		
	37.12	40.48	40.90	41.21	41.43	41.70	41.70	40.77		
5.	Alice Tai	(99)	Ealing	8	5:04.25	808	3:06.85	3:46.13	4:25.45	5:04.25
	50m 34.60	100m 1:11.43	150m 1:49.25	200m 2:28.01	250m 3:06.85	300m 3:46.13	350m 4:25.45	400m 5:04.25		
	34.60	36.83	37.82	38.76	38.84	39.28	39.32	38.80		
6.	Faye Rogers	(02)	UoAPS	10	4:47.06	778	2:54.37	3:31.47	4:09.80	4:47.06
	50m 31.95	100m 1:06.41	150m 1:41.74	200m 2:17.47	250m 2:54.37	300m 3:31.47	350m 4:09.80	400m 4:47.06		
	31.95	34.46	35.33	35.73	36.90	37.10	38.33	37.26		
7.	Eliza Humphrey	(05)	Northampton	11	5:31.04	703	3:23.93	4:07.24	4:50.01	5:31.04
	50m 37.80	100m 1:18.38	150m 1:59.10	200m 2:41.20	250m 3:23.93	300m 4:07.24	350m 4:50.01	400m 5:31.04		
	37.80	40.58	40.72	42.10	42.73	43.31	42.77	41.03		
8.	Meghan Willis	(07)	Torfaen D	9	5:12.98	690	3:11.59	3:51.90	4:32.85	5:12.98
	50m 33.68	100m 1:11.97	150m 1:51.11	200m 2:31.17	250m 3:11.59	300m 3:51.90	350m 4:32.85	400m 5:12.98		
	33.68	38.29	39.14	40.06	40.42	40.31	40.95	40.13		
9.	Scarlett Humphrey	(05)	Northampton	11	5:34.15	684	3:24.89	4:10.22	4:53.15	5:34.15
	50m 35.71	100m 1:16.79	150m 1:59.60	200m 2:42.21	250m 3:24.89	300m 4:10.22	350m 4:53.15	400m 5:34.15		
	35.71	41.08	42.81	42.61	42.68	45.33	42.93	41.00		
10.	Lily Rice	(04)	Pembs Cty	8	5:25.11	R1 662	3:20.52	4:02.41	4:44.39	5:25.11
	50m 36.42	100m 1:16.68	150m 1:57.81	200m 2:39.19	250m 3:20.52	300m 4:02.41	350m 4:44.39	400m 5:25.11		
	36.42	40.26	41.13	41.38	41.33	41.89	41.98	40.72		
10.	Brooklyn Hale	(10)	Cockermouth	9	5:17.45	662	3:18.20	3:59.65	4:40.02	5:17.45
	50m 35.97	100m 1:15.56	150m 1:56.64	200m 2:37.51	250m 3:18.20	300m 3:59.65	350m 4:40.02	400m 5:17.45		
	35.97	39.59	41.08	40.87	40.69	41.45	40.37	37.43		
12.	Evie Lambert	(07)	Bo Kirklees	9	5:18.22	657	3:18.58	3:59.50	4:39.95	5:18.22
	50m 35.49	100m 1:15.76	150m 1:56.35	200m 2:37.57	250m 3:18.58	300m 3:59.50	350m 4:39.95	400m 5:18.22		
	35.49	40.27	40.59	41.22	41.01	40.92	40.45	38.27		
13.	Amber Haycock	(07)	Northampton	10	5:05.41	R2 646	3:07.99	3:48.05	4:27.98	5:05.41
	50m 33.24	100m 1:10.29	150m 1:48.29	200m 2:27.74	250m 3:07.99	300m 3:48.05	350m 4:27.98	400m 5:05.41		
	33.24	37.05	38.00	39.45	40.25	40.06	39.93	37.43		
14.	Charlotte Hyde	(02)	Enfield Sq	7	5:43.56	628	3:31.73	4:15.72	5:00.17	5:43.56
	50m 38.39	100m 1:20.02	150m 2:03.55	200m 2:47.31	250m 3:31.73	300m 4:15.72	350m 5:00.17	400m 5:43.56		
	38.39	41.63	43.53	43.76	44.42	43.99	44.45	43.39		
15.	Astrid Carroll	(09)	Co Sheffield	12	5:07.57	620	3:09.16	3:49.68	4:29.47	5:07.57
	50m 34.09	100m 1:11.78	150m 1:50.42	200m 2:29.82	250m 3:09.16	300m 3:49.68	350m 4:29.47	400m 5:07.57		
	34.09	37.69	38.64	39.40	39.34	40.52	39.79	38.10		
16.	Isabella Haynes	(08)	S Bourmem'th	9	5:25.67	613	3:20.77	4:02.61	4:44.65	5:25.67
	50m 36.66	100m 1:16.92	150m 1:58.39	200m 2:39.67	250m 3:20.77	300m 4:02.61	350m 4:44.65	400m 5:25.67		
	36.66	40.26	41.47	41.28	41.10	41.84	42.04	41.02		
17.	Fern Sneddon	(06)	RTW Monson	6	6:06.31	574	3:45.06	4:32.70	5:20.11	6:06.31
	50m 40.10	100m 1:24.92	150m 2:11.08	200m 2:57.79	250m 3:45.06	300m 4:32.70	350m 5:20.11	400m 6:06.31		
	40.10	44.82	46.16	46.71	47.27	47.64	47.41	46.20		