

EVENT 306 Men's 400m IM

Open Age Group - Full Results

Place	Name	YoB	Club	Time	WA Pts	250m	300m	350m	400m
1.	Max Litchfield	(95)	L'borough PC	4:15.07	AF 859	2:37.84	3:14.50	3:45.56	4:15.07
	50m 26.66	100m 56.92	150m 1:29.86	200m 2:02.04		35.80	36.66	31.06	29.51
	26.66	30.26	32.94	32.18					
2.	Charlie Hutchison	(02)	L'borough PC	4:21.85	AF 794	2:43.25	3:20.79	3:52.12	4:21.85
	50m 27.52	100m 59.71	150m 1:33.57	200m 2:06.06		37.19	37.54	31.33	29.73
	27.52	32.19	33.86	32.49					
3.	George Smith	(04)	UniOfStirl	4:22.99	AF 784	2:43.44	3:20.64	3:52.60	4:22.99
	50m 27.01	100m 58.47	150m 1:33.28	200m 2:07.35		36.09	37.20	31.96	30.39
	27.01	31.46	34.81	34.07					
4.	Edward Marcal Whittles	(06)	Chelsea&West	4:23.78	AF 776	2:43.00	3:21.35	3:53.36	4:23.78
	50m 27.51	100m 58.82	150m 1:32.44	200m 2:06.10		36.90	38.35	32.01	30.42
	27.51	31.31	33.62	33.66					
5.	David Annis	(06)	Royal Wolv	4:24.53	AF 770	2:44.23	3:22.73	3:53.90	4:24.53
	50m 27.99	100m 59.39	150m 1:33.90	200m 2:06.75		37.48	38.50	31.17	30.63
	27.48	31.91	34.51	32.85					
6.	Tony Joe Trett Oliver	(99)	UniOfStirl	4:25.84	AF 759	2:45.78	3:23.71	3:55.18	4:25.84
	50m 27.99	100m 59.58	150m 1:34.44	200m 2:08.30		37.48	37.93	31.47	30.66
	27.99	31.59	34.86	33.86					
7.	William Ryley	(98)	Co Cardiff	4:26.67	AF 751	2:47.69	3:26.28	3:57.94	4:26.67
	50m 27.73	100m 1:00.03	150m 1:35.39	200m 2:09.76		37.93	38.59	31.66	28.73
	27.73	32.30	35.36	34.37					
8.	Pierce Greening	(03)	UniOfStirl	4:27.06	AF 748	2:49.13	3:26.64	3:57.34	4:27.06
	50m 28.21	100m 1:00.40	150m 1:36.53	200m 2:12.11		37.02	37.51	30.70	29.72
	28.21	32.19	36.13	35.58					
9.	Ben Harrison	(00)	Lboro Uni	4:28.88	BF/AR1 733	2:48.42	3:26.63	3:58.61	4:28.88
	50m 27.75	100m 1:00.31	150m 1:35.77	200m 2:10.81		37.61	38.21	31.98	30.27
	27.75	32.56	35.46	35.04					
10.	Evan Davidson	(07)	Perth City	4:29.01	BF/AR2 732	2:48.55	3:26.85	3:58.37	4:29.01
	50m 28.21	100m 1:00.47	150m 1:36.70	200m 2:11.19		37.36	38.30	31.52	30.64
	28.21	32.26	36.23	34.49					
11.	Jay Manners	(99)	N & D PP SC	4:29.46	BF 728	2:50.64	3:27.88	3:58.61	4:29.46
	50m 28.19	100m 1:00.96	150m 1:37.41	200m 2:13.33		37.31	37.24	30.73	30.85
	28.19	32.77	36.45	35.92					
12.	Angus Allison	(03)	UniOfStirl	4:29.89	BF 725	2:49.96	3:27.73	3:59.04	4:29.89
	50m 28.65	100m 1:00.74	150m 1:37.50	200m 2:13.47		36.49	37.77	31.31	30.85
	28.65	32.09	36.76	35.97					
13.	Oscar Barlow	(05)	Swansea Uni	4:31.03	BF 716	2:48.97	3:28.37	4:00.03	4:31.03
	50m 28.04	100m 1:01.25	150m 1:36.36	200m 2:10.48		38.49	39.40	31.66	31.00
	28.04	33.21	35.11	34.12					
14.	Charles Kershaw	(02)	Lboro Uni	4:31.22	BF 714	2:49.41	3:27.03	3:59.27	4:31.22
	50m 28.93	100m 1:01.32	150m 1:36.78	200m 2:12.72		36.69	37.62	32.24	31.95
	28.93	32.39	35.46	35.94					
15.	James Shevchenko	(05)	Royal Wolv	4:31.40	BF 713	2:49.15	3:29.32	4:01.14	4:31.40
	50m 27.69	100m 1:00.04	150m 1:35.55	200m 2:09.94		39.21	40.17	31.82	30.26
	27.69	32.35	35.51	34.39					
16.	Hubert Gdaniec	(04)	Mt Kelly	4:31.74	710	2:50.66	3:29.91	4:02.26	4:31.74
	50m 28.77	100m 1:02.44	150m 1:37.54	200m 2:11.17		39.49	39.25	32.35	29.48
	28.77	33.67	35.10	33.63					
17.	Andrew Bertoli	(04)	UniOfStirl	4:31.91	BF 709	2:47.97	3:27.31	3:59.99	4:31.91
	50m 27.25	100m 58.68	150m 1:34.16	200m 2:09.55		38.42	39.34	32.68	31.92
	27.25	31.43	35.48	35.39					
18.	Tom Robinson	(00)	UoAPS	4:32.33	BR1 706	2:51.56	3:30.53	4:02.14	4:32.33
	50m 28.33	100m 1:00.55	150m 1:36.79	200m 2:12.64		38.92	38.97	31.61	30.19
	28.33	32.22	36.24	35.85					
19.	John Britton	(95)	Ealing	4:32.50	BR2 704	2:49.78	3:28.03	4:00.89	4:32.50
	50m 27.74	100m 59.96	150m 1:36.74	200m 2:12.49		37.29	38.25	32.86	31.61
	27.74	32.22	36.78	35.75					
20.	Finlay Davies	(06)	Midlothian	4:32.61	JF 703	2:50.87	3:29.07	4:01.21	4:32.61
	50m 28.65	100m 1:01.90	150m 1:37.79	200m 2:12.72		38.15	38.20	32.14	31.40
	28.65	33.25	35.89	34.93					
21.	James Froggatt	(05)	Co Birm'ham	4:33.13	699	2:52.94	3:31.89	4:02.99	4:33.13
	50m 28.43	100m 1:01.30	150m 1:37.79	200m 2:14.01		38.93	38.95	31.10	30.14
	28.43	32.87	36.49	36.22					
22.	Daniel Jackson	(06)	Bo Kirklees	4:33.39	JF 697	2:50.28	3:29.31	4:02.02	4:33.39
	50m 28.45	100m 1:01.40	150m 1:37.16	200m 2:11.70		38.58	39.03	32.71	31.37
	28.45	32.95	35.76	34.54					
23.	Isaac Dodds	(04)	Bath Univ	4:34.29	691	2:51.33	3:31.42	4:03.46	4:34.29
	50m 28.52	100m 1:01.37	150m 1:36.70	200m 2:11.82		39.51	40.09	32.04	30.83
	28.52	32.85	35.33	35.12					
24.	Kourosh Khodakhah	(07)	Co Leeds	4:34.76	JF 687	2:53.80	3:32.83	4:04.16	4:34.76
	50m 28.18	100m 1:00.93	150m 1:38.17	200m 2:14.43		39.37	39.03	31.33	30.60
	28.18	32.75	37.24	36.26					
25.	Sam Williamson	(04)	Bath Univ	4:35.09	685	2:52.75	3:31.16	4:03.48	4:35.09
	50m 27.93	100m 1:00.33	150m 1:38.37	200m 2:15.29		37.46	38.41	32.32	31.61
	27.93	32.40	38.04	36.92					

Lead Partner



Funding Partner



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Endorsed Product



Host Venue



26. Luke Poulton	(06) Wycombe Dist	4:35.58	JF	681				
50m 27.81	100m 1:00.29	150m 1:36.48	200m 2:11.27	250m 2:49.79	300m 3:29.74	350m 4:03.50	400m 4:35.58	
27.81	32.48	36.19	34.79	38.52	39.95	33.76	32.08	
27. Llewellyn Porter	(08) Camden Swiss	4:35.92	JF	678				
50m 27.82	100m 1:00.94	150m 1:38.04	200m 2:14.25	250m 2:54.21	300m 3:34.68	350m 4:05.67	400m 4:35.92	
27.82	33.12	37.10	36.21	39.96	40.47	30.99	30.25	
28. Patrick Braddock	(04) Swansea Uni	4:36.03		678				
50m 27.56	100m 59.25	150m 1:36.47	200m 2:13.04	250m 2:53.47	300m 3:34.18	350m 4:05.84	400m 4:36.03	
27.56	31.69	37.22	36.57	40.43	40.71	31.66	30.19	
29. Cameron Wrapson	(06) Co Birm'ham	4:36.06	JF	677				
50m 28.14	100m 1:00.53	150m 1:37.85	200m 2:14.12	250m 2:52.66	300m 3:32.16	350m 4:05.17	400m 4:36.06	
28.14	32.39	37.32	36.27	38.54	39.50	33.01	30.89	
30. Daniel Ransom	(08) Co Leeds	4:36.52	JF	674				
50m 28.53	100m 1:01.09	150m 1:34.88	200m 2:08.86	250m 2:48.61	300m 3:28.20	350m 4:04.13	400m 4:36.52	
28.53	32.56	33.79	33.98	39.75	39.59	35.93	32.39	
31. Oliver Jones	(05) Poole	4:37.16		669				
50m 28.41	100m 1:00.97	150m 1:38.16	200m 2:13.52	250m 2:51.80	300m 3:30.86	350m 4:04.54	400m 4:37.16	
28.41	32.56	37.19	35.36	38.28	39.06	33.68	32.62	
31. Rhydian Arch	(05) Co Cardiff	4:37.16		669				
50m 28.63	100m 1:01.09	150m 1:37.87	200m 2:13.42	250m 2:52.23	300m 3:32.40	350m 4:05.69	400m 4:37.16	
28.63	32.46	36.78	35.55	38.81	40.17	33.29	31.47	
33. Andrew Jones	(04) Royal Wolv	4:37.83		664				
50m 28.08	100m 1:01.33	150m 1:36.55	200m 2:11.35	250m 2:50.11	300m 3:29.79	350m 4:04.76	400m 4:37.83	
28.08	33.25	35.22	34.80	38.76	39.68	34.97	33.07	
34. Elijah Kendrick	(04) Swansea Uni	4:37.89		664				
50m 27.42	100m 1:00.31	150m 1:37.02	200m 2:13.52	250m 2:52.37	300m 3:32.53	350m 4:05.74	400m 4:37.89	
27.42	32.89	36.71	36.50	38.85	40.16	33.21	32.15	
35. Oscar Dodds	(06) Leic Sharks	4:37.95	JF	664				
50m 29.28	100m 1:03.30	150m 1:39.47	200m 2:14.07	250m 2:53.51	300m 3:33.23	350m 4:06.04	400m 4:37.95	
29.28	34.02	36.17	34.60	39.44	39.72	32.81	31.91	
36. Oliver Pope	(05) Thanet Swim	4:38.02		663				
50m 27.84	100m 1:00.38	150m 1:34.34	200m 2:08.13	250m 2:48.46	300m 3:31.01	350m 4:04.88	400m 4:38.02	
27.84	32.54	33.96	33.79	40.33	42.55	33.87	33.14	
37. Donald Bisset	(01) UniOfStirl	4:39.56		652				
50m 28.64	100m 1:01.80	150m 1:38.73	200m 2:15.23	250m 2:53.98	300m 3:33.82	350m 4:07.49	400m 4:39.56	
28.64	33.16	36.93	36.50	38.75	39.84	33.67	32.07	
38. Filip Nowacki	(07) TigersJersey	4:39.82	JR1	650				
50m 28.21	100m 1:00.97	150m 1:37.31	200m 2:13.52	250m 2:51.29	300m 3:30.42	350m 4:05.10	400m 4:39.82	
28.21	32.76	36.34	36.21	37.77	39.13	34.68	34.72	
38. Luke Clegg	(05) Swansea Uni	4:39.82		650				
50m 28.58	100m 1:02.29	150m 1:37.99	200m 2:13.80	250m 2:53.08	300m 3:32.71	350m 4:06.63	400m 4:39.82	
28.58	33.71	35.70	35.81	39.28	39.63	33.92	33.19	
40. Donatas Dragasius	(04) Co Manch Aq	4:40.34		647				
50m 28.82	100m 1:02.91	150m 1:38.99	200m 2:14.48	250m 2:54.13	300m 3:34.74	350m 4:08.43	400m 4:40.34	
28.82	34.09	36.08	35.49	39.65	40.61	33.69	31.91	
41. Joseph Buxton	(03) Reading	4:40.48		646				
50m 28.33	100m 1:02.53	150m 1:40.88	200m 2:17.44	250m 2:55.73	300m 3:34.55	350m 4:07.86	400m 4:40.48	
28.33	34.20	38.35	36.56	38.29	38.82	33.31	32.62	
42. Thomas Deffains	(04) Bath Univ	4:40.87		643				
50m 28.76	100m 1:02.60	150m 1:39.25	200m 2:15.48	250m 2:54.28	300m 3:34.47	350m 4:08.44	400m 4:40.87	
28.76	33.84	36.65	36.23	38.80	40.19	33.97	32.43	
43. Fergus Thomson	(07) Mt Kelly	4:42.41	JR2	633				
50m 29.09	100m 1:03.54	150m 1:37.24	200m 2:11.30	250m 2:52.69	300m 3:36.09	350m 4:09.83	400m 4:42.41	
29.09	34.45	33.70	34.06	41.39	43.40	33.74	32.58	
44. Myles Turner	(00) West Suffolk	4:44.31		620				
50m 28.36	100m 1:01.33	150m 1:38.00	200m 2:14.02	250m 2:54.08	300m 3:35.90	350m 4:10.14	400m 4:44.31	
28.36	32.97	36.67	36.02	40.06	41.82	34.24	34.17	
45. Adam Wilson	(03) Lboro Uni	4:44.79		617				
50m 28.66	100m 1:01.77	150m 1:38.16	200m 2:14.54	250m 2:55.21	300m 3:37.39	350m 4:11.69	400m 4:44.79	
28.66	33.11	36.39	36.38	40.67	42.18	34.30	33.10	
46. Joseph Ashley	(08) Co Liverpool	4:47.17		602				
50m 28.31	100m 1:00.74	150m 1:37.91	200m 2:15.14	250m 2:55.02	300m 3:36.63	350m 4:12.21	400m 4:47.17	
28.31	32.43	37.17	37.23	39.88	41.61	35.58	34.96	
47. Vadim Bosc	(05) Mt Kelly	4:49.82		585				
50m 28.24	100m 1:00.82	150m 1:38.92	200m 2:16.44	250m 2:58.45	300m 3:40.70	350m 4:16.13	400m 4:49.82	
28.24	32.58	38.10	37.52	42.01	42.25	35.43	33.69	
48. Toby Godsell	(07) Millfield	4:50.85		579				
50m 28.19	100m 1:02.29	150m 1:37.65	200m 2:13.46	250m 2:53.66	300m 3:36.90	350m 4:14.13	400m 4:50.85	
28.19	34.10	35.36	35.81	40.20	43.24	37.23	36.72	
Ewan Wilson	(02) Co Sheffield	DNC						
R Rowbotham-Keating	(05) Lboro Uni	DNC						