EVENT 503 Women 400m Freestyle

Open Age Group - Full Results

Place	Name	YoB	Club	Time		FINA Pt	
1.	Freya Colbert	(04)	L'borogh PC	4:15.38	QA	793	
50m 29.40	100m 1:01.47	150m 1:34.34	200m 2:07.19	250m 2:39.81	300m 3:12.45	350m 3:44.37	400m 4:15.38
29.40	32.07	32.87	32.85	32.62	32.64	31.92	31.01
2.	Shannon Stott	(00)	Hatfield	4:15.39	QA	793	
50m 29.95	100m 1:02.46	150m 1:35.16	200m 2:08.09	250m 2:40.39	300m 3:12.57	350m 3:44.36	400m 4:15.39
29.95	32.51	32.70	32.93	32.30	32.18	31.79	31.03
3.	Leah Crisp	(01)	Bath PC	4:15.71	QA	790	
50m 29.78	100m 1:01.61	150m 1:33.97	200m 2:06.54	250m 2:39.08	300m 3:11.66	350m 3:44.02	400m 4:15.71
29.78	31.83	32.36	32.57	32.54	32.58	32.36	31.69
4.	Michaella Glenister	(02)	UniOfStirl	4:16.10	QA	786	
50m 29.81	100m 1:01.77	150m 1:33.97	200m 2:06.56	250m 2:39.20	300m 3:12.01	350m 3:44.47	400m 4:16.10
29.81	31.96	32.20	32.59	32.64	32.81	32.46	31.63
5.	Amelie Blocksidge	(09)	Co Salford	4:16.87	QA	779	
50m 30.43	100m 1:03.05	150m 1:35.57	200m 2:08.37	250m 2:41.20	300m 3:13.65	350m 3:45.81	400m 4:16.87
30.43	32.62	32.52	32.80	32.83	32.45	32.16	31.06
6.	Mia Slevin	(03)	Lboro Uni	4:17.03	QA	778	
50m 30.06	100m 1:02.46	150m 1:35.52	200m 2:08.41	250m 2:40.83	300m 3:13.38	350m 3:45.74	400m 4:17.03
30.06	32.40	33.06	32.89	32.42	32.55	32.36	31.29
7.	Jessica Podger	(01)	Lboro Uni	4:17.65	QA	772	
50m 30.13	100m 1:02.87	150m 1:35.81	200m 2:09.33	250m 2:41.97	300m 3:14.83	350m 3:46.71	400m 4:17.65
30.13	32.74	32.94	33.52	32.64	32.86	31.88	30.94
8.	Fleur Lewis	(03)	Lboro Uni	4:18.19	QA	767	
50m 30.15	100m 1:02.47	150m 1:35.37	200m 2:08.09	250m 2:40.90	300m 3:13.71	350m 3:46.37	400m 4:18.19
30.15	32.32	32.90	32.72	32.81	32.81	32.66	31.82
9.	Beatrice Varley	(03)	Plymouth Lea	4:19.27	QB	758	
50m 30.46	100m 1:03.38	150m 1:36.83	200m 2:10.58	250m 2:42.44	300m 3:14.63	350m 3:47.07	400m 4:19.27
30.46	32.92	33.45	33.75	31.86	32.19	32.44	32.20
10.	Ashleigh Baillie	(06)	Co Sheffield	4:20.33	QB	748	
50m 29.83	100m 1:01.92	150m 1:34.86	200m 2:07.95	250m 2:41.13	300m 3:14.07	350m 3:47.38	400m 4:20.33
29.83	32.09	32.94	33.09	33.18	32.94	33.31	32.95
11.	Jemima Hall	(01)	Bath Univ	4:21.03	QB	742	
50m 30.53	100m 1:03.52	150m 1:36.52	200m 2:09.84	250m 2:43.10	300m 3:16.26	350m 3:49.49	400m 4:21.03
30.53	32.99	33.00	33.32	33.26	33.16	33.23	31.54
12.	Hollie Wilson	(08)	Co Leeds	4:22.35	QB	731	
50m 30.59	100m 1:03.29	150m 1:36.51	200m 2:09.79	250m 2:43.43	300m 3:16.66	350m 3:50.69	400m 4:22.35
30.59	32.70	33.22	33.28	33.64	33.23	34.03	31.66
13.	Aimee Hood	(04)	Co Birm'ham	4:22.37	QB	731	
50m 29.80	100m 1:02.49	150m 1:35.61	200m 2:09.19	250m 2:42.40	300m 3:16.31	350m 3:49.75	400m 4:22.37
29.80	32.69	33.12	33.58	33.21	33.91	33.44	32.62
14.	Amber Keegan	(97)	Co Sheffield	4:22.61	QB	729	
50m 30.19	100m 1:02.59	150m 1:35.92	200m 2:08.59	250m 2:42.23	300m 3:15.76	350m 3:49.79	400m 4:22.61
30.19	32.40	33.33	32.67	33.64	33.53	34.03	32.82
15.	Megan Barnes	(03)	Mt Kelly	4:22.65	QB	729	
50m 30.11	100m 1:02.70	150m 1:36.14	200m 2:09.60	250m 2:43.21	300m 3:17.09	350m 3:50.67	400m 4:22.65
30.11	32.59	33.44	33.46	33.61	33.88	33.58	31.98
16.	Anya Preece	(03)	Nova Cent'n	4:23.15	QB	724	
50m 30.21	100m 1:02.93	150m 1:36.15	200m 2:09.83	250m 2:43.35	300m 3:17.08	350m 3:50.73	400m 4:23.15
30.21	32.72	33.22	33.68	33.52	33.73	33.65	32.42
17.	Katherine Bailey	(04)	Perth City	4:23.54	PP	721	
50m 30.11	100m 1:02.26	150m 1:34.91	200m 2:08.07	250m 2:41.71	300m 3:15.76	350m 3:49.74	400m 4:23.54
30.11	32.15	32.65	33.16	33.64	34.05	33.98	33.80
18.	Scarlett Orchard	(03)	Lboro Uni	4:23.82	PP	719	
50m 30.41	100m 1:03.18	150m 1:36.37	200m 2:09.90	250m 2:43.32	300m 3:16.92	350m 3:50.61	400m 4:23.82
30.41	32.77	33.19	33.53	33.42	33.60	33.69	33.21
19.	Lucy Fox	(06)	Wycombe Dist	4:23.91	PP	718	
50m 29.82	100m 1:02.63	150m 1:35.73	200m 2:09.27	250m 2:42.95	300m 3:16.99	350m 3:50.78	400m 4:23.91
29.82	32.81	33.10	33.54	33.68	34.04	33.79	33.13
20.	Phyllida Britton	(97)	Ealing	4:24.32		715	
50m 30.31	100m 1:03.38	150m 1:36.50	200m 2:10.21	250m 2:43.66	300m 3:17.36	350m 3:50.91	400m 4:24.32
30.31	33.07	33.12	33.71	33.45	33.70	33.55	33.41
21.	Henrietta D'Ammassa	(05)	Repton	4:24.67	PP	712	
50m 30.41	100m 1:03.57	150m 1:37.19	200m 2:11.13	250m 2:44.84	300m 3:18.46	350m 3:52.07	400m 4:24.67
30.41	33.16	33.62	33.94	33.71	33.62	33.61	32.60
22.	Emma Price	(08)	N & D PP SC	4:25.15	PP	708	
50m 29.80	100m 1:02.86	150m 1:36.36	200m 2:10.25	250m 2:44.08	300m 3:18.60	350m 3:52.27	400m 4:25.15
29.80	33.06	33.50	33.89	33.83	34.52	33.67	32.88
23.	Nicole Ryan	(98)	Guildford Ct	4:26.01		701	
50m 30.35	100m 1:03.50	150m 1:37.00	200m 2:10.55	250m 2:44.30	300m 3:18.53	350m 3:52.44	400m 4:26.01
30.35	33.15	33.50	33.55	33.75	34.23	33.91	33.57
24.	Laura Hodgson	(05)	Newcastle	4:26.35	PP	699	
50m 30.89	100m 1:03.79	150m 1:37.50	200m 2:11.48	250m 2:45.35	300m 3:19.46	350m 3:53.79	400m 4:26.35
30.89	32.90	33.71	33.98	33.87	34.11	34.33	32.56
24.	Alice Dearing	(97)	Lboro Uni	4:26.35		699	
50m 30.84	100m 1:03.78	150m 1:37.63	200m 2:11.55	250m 2:45.54	300m 3:19.65	350m 3:53.78	400m 4:26.35
30.84	32.94	33.85	33.92	33.99	34.11	34.13	32.57

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26. Ruby Griffiths	(06) Mt Kelly		4:26.59	PP	697		
50m 30.70	100m 1:03.63	150m 1:37.26	200m 2:10.84	250m 2:45.13	300m 3:19.30	350m 3:53.75	400m 4:26.59
30.70	32.93	33.63	33.58	34.29	34.17	34.45	32.84
27. Isabelle Jopson	(03) Lboro Uni		4:26.92	PP	694		
50m 30.77	100m 1:03.92	150m 1:37.65	200m 2:11.30	250m 2:44.82	300m 3:18.72	350m 3:52.86	400m 4:26.92
30.77	33.15	33.73	33.65	33.52	33.90	34.14	34.06
28. Eleanor Kay	(06) Bolton Metro		4:27.14	QJ	692		
50m 29.87	100m 1:02.72	150m 1:36.56	200m 2:10.95	250m 2:44.93	300m 3:19.45	350m 3:53.46	400m 4:27.14
29.87	32.85	33.84	34.39	33.98	34.52	34.01	33.68
29. Tsala Bernholt	(06) Barnet Copt		4:27.18	QJ	692		
50m 31.26	100m 1:04.68	150m 1:38.64	200m 2:12.82	250m 2:46.63	300m 3:21.25	350m 3:55.15	400m 4:27.18
31.26	33.42	33.96	34.18	33.81	34.62	33.90	32.03
30. Aimee Monks	(05) Royal Wolv		4:27.19	QJ	692		
50m 30.04	100m 1:03.33	150m 1:37.20	200m 2:11.34	250m 2:45.02	300m 3:19.16	350m 3:53.44	400m 4:27.19
30.04	33.29	33.87	34.14	33.68	34.14	34.28	33.75
31. Mairi Craig	(04) Edinburgh Un		4:27.31		691		
50m 30.65	100m 1:04.01	150m 1:37.12	200m 2:10.75	250m 2:44.48	300m 3:18.72	350m 3:53.14	400m 4:27.31
30.65	33.36	33.11	33.63	33.73	34.24	34.42	34.17
32. Molly Baker	(07) Co Sheffield		4:27.51	QJ	690		
50m 31.26	100m 1:04.71	150m 1:38.54	200m 2:12.85	250m 2:45.81	300m 3:20.22	350m 3:54.62	400m 4:27.51
31.26	33.45	33.83	34.31	32.96	34.41	34.40	32.89
33. Alicia Dingle	(02) Lboro Uni		4:27.86		687		
50m 29.97	100m 1:02.01	150m 1:35.14	200m 2:09.34	250m 2:44.13	300m 3:19.09	350m 3:54.14	400m 4:27.86
29.97	32.04	33.13	34.20	34.79	34.96	35.05	33.72
34. Sophie Main	(04) Edinburgh Un		4:27.98		686		
50m 31.03	100m 1:04.37	150m 1:38.18	200m 2:12.22	250m 2:45.95	300m 3:19.97	350m 3:54.15	400m 4:27.98
31.03	33.34	33.81	34.04	33.73	34.02	34.18	33.83
35. Hannah Hodgkiss	(06) Repton		4:28.00	QJ	686		
50m 30.23	100m 1:03.14	150m 1:37.18	200m 2:11.52	250m 2:46.08	300m 3:20.68	350m 3:55.28	400m 4:28.00
30.23	32.91	34.04	34.34	34.56	34.60	34.60	32.72
36. Katie Lee	(08) Co Salford		4:28.17	QJ	685		
50m 30.44	100m 41.48	150m 1:37.32	200m -	250m 2:45.71	300m -	350m 3:54.70	400m 4:28.17
30.44	11.04	55.84	-	1:08.39	-	1:08.99	33.47
37. Jess Widdowson	(06) Co Leeds		4:28.19	QJ	684		
50m 31.01	100m 1:04.83	150m 1:38.61	200m 2:12.84	250m 2:46.67	300m 3:21.23	350m 3:55.14	400m 4:28.19
31.01	33.82	33.78	34.23	33.83	34.56	33.91	33.05
38. Chloe Goodridge	(05) Northampton		4:28.35	QJ	683		
50m 30.80	100m 1:04.17	150m 1:38.44	200m 2:12.88	250m 2:47.18	300m 3:21.79	350m 3:55.77	400m 4:28.35
30.80	33.37	34.27	34.44	34.30	34.61	33.98	32.58
39. Evangeline Belt	(06) Plymouth Lea		4:29.25		676		
50m 30.53	100m 1:03.87	150m 1:38.27	200m 2:12.62	250m 2:47.14	300m 3:21.54	350m 3:55.96	400m 4:29.25
30.53	33.34	34.40	34.35	34.52	34.40	34.42	33.29
40. Charlotte Roome	(07) Derventio		4:29.43		675		
50m 30.21	100m 1:04.37	150m 1:38.96	200m 2:13.16	250m 2:47.53	300m 3:22.15	350m 3:56.31	400m 4:29.43
30.21	34.16	34.59	34.20	34.37	34.62	34.16	33.12
41. Eve Leleux	(03) Wrekin SC		4:29.44		675		
50m 30.03	100m 1:03.41	150m 1:37.33	200m 2:11.99	250m 2:46.27	300m 3:20.93	350m 3:55.39	400m 4:29.44
30.03	33.38	33.92	34.66	34.28	34.66	34.46	34.05
42. Rebecca Reid	(02) Aberdeen		4:29.72		673		
50m 30.62	100m 1:04.47	150m 1:38.46	200m 2:12.61	250m 2:46.57	300m 3:21.00	350m 3:55.63	400m 4:29.72
30.62	33.85	33.99	34.15	33.96	34.43	34.63	34.09
43. Natasha Simson	(05) Warrender Ba		4:29.83		672		
50m 30.88	100m 1:04.10	150m 1:38.15	200m 2:12.08	250m 2:46.32	300m 3:20.88	350m 3:55.78	400m 4:29.83
30.88	33.22	34.05	33.93	34.24	34.56	34.90	34.05
44. Annabel Pilgrim	(06) Guildford Ct		4:30.04		670		
50m 30.87	100m 1:03.77	150m 1:37.72	200m 2:11.82	250m 2:46.09	300m 3:21.01	350m 3:55.95	400m 4:30.04
30.87	32.90	33.95	34.10	34.27	34.92	34.94	34.09
45. Mollie Fisher	(05) Rotherham Mo		4:30.33		668		
50m 30.93	100m 1:04.46	150m 1:38.71	200m 2:13.17	250m 2:47.36	300m 3:22.09	350m 3:56.61	400m 4:30.33
30.93	33.53	34.25	34.46	34.19	34.73	34.52	33.72
46. Amelia Brian	(05) Beckenham		4:30.38		668		
50m 30.22	100m 1:03.88	150m 1:38.24	200m 2:12.64	250m 2:46.78	300m 3:21.23	350m 3:56.62	400m 4:30.38
30.22	33.66	34.36	34.40	34.14	34.45	35.39	33.76
47. Jessica Smelt	(07) Bo Kirklees		4:30.50		667		
50m 31.47	100m 1:05.28	150m 1:39.04	200m 2:13.57	250m 2:47.68	300m 3:22.82	350m 3:57.08	400m 4:30.50
31.47	33.81	33.76	34.53	34.11	35.14	34.26	33.42
48. Lauren Bradley-Holt	(04) UniOfStirl		4:30.76		665		
50m 30.99	100m 1:04.93	150m 1:39.71	200m 2:14.75	250m 2:49.34	300m 3:24.23	350m 3:59.21	400m 4:30.76
30.99	33.94	34.78	35.04	34.59	34.89	34.98	31.55
49. Rosie Richards	(06) Rushmoor Ryl		4:30.80		665		
50m 30.13	100m 1:04.07	150m 1:38.21	200m 2:12.62	250m 2:47.06	300m 3:22.01	350m 3:56.68	400m 4:30.80
30.13	33.94	34.14	34.41	34.44	34.95	34.67	34.12
49. Georgia Robertson	(05) Co Sheffield		4:30.80		665		
50m 31.30	100m 1:04.94	150m 1:38.63	200m 2:13.06	250m 2:47.52	300m 3:22.16	350m 3:56.75	400m 4:30.80
31.30	33.64	33.69	34.43	34.46	34.64	34.59	34.05
51. Abby Mitchell	(06) Co Leicester		4:31.23		662		
50m 30.63	100m 1:04.27	150m 1:38.76	200m 2:13.66	250m 2:48.11	300m 3:23.42	350m 3:57.80	400m 4:31.23
30.63	33.64	34.49	34.90	34.45	35.31	34.38	33.43
51. Gaia Alcaras	(02) UoAPS		4:31.23		662		
50m 30.45	100m 1:04.53	150m 1:38.46	200m 2:13.01	250m 2:46.57	300m 3:20.89	350m 3:55.72	400m 4:31.23
30.45	34.08	33.93	34.55	33.56	34.32	34.83	35.51
53. Isla Jones	(07) Co Sheffield		4:31.37		661		
50m 30.65	100m 1:04.09	150m 1:37.73	200m 2:12.63	250m 2:47.34	300m 3:22.44	350m 3:57.42	400m 4:31.37

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30.65	33.44	33.64	34.90	34.71	35.10	34.98	33.95
54. Harriet Oxley	(05) Repton		4:31.75	658			
50m 30.85	100m 1:04.66	150m 1:39.05	200m 2:13.92	250m 2:48.32	300m 3:23.37	350m 3:58.18	400m 4:31.75
30.85	33.81	34.39	34.87	34.40	35.05	34.81	33.57
55. Emily Johnson	(06) Severnside		4:31.78	658			
50m 29.94	100m 1:03.13	150m 1:37.21	200m 2:12.11	250m 2:47.36	300m 3:22.57	350m 3:57.86	400m 4:31.78
29.94	33.19	34.08	34.90	35.25	35.21	35.29	33.92
56. Ava Cook	(08) Co Sheffield		4:31.86	657			
50m 30.81	100m 1:04.45	150m 1:38.81	200m 2:13.48	250m 2:48.14	300m 3:23.24	350m 3:58.13	400m 4:31.86
30.81	33.64	34.36	34.67	34.66	35.10	34.89	33.73
57. Pearle Griffiths	(03) SurreyUni SC		4:31.98	656			
50m 30.60	100m 1:04.21	150m 1:38.46	200m 2:13.05	250m 2:47.95	300m 3:22.80	350m 3:58.00	400m 4:31.98
30.60	33.61	34.25	34.59	34.90	34.85	35.20	33.98
58. Amber Downham	(05) Plymouth Lea		4:32.22	654			
50m 30.58	100m 1:03.88	150m 1:37.99	200m 2:12.35	250m 2:47.08	300m 3:22.30	350m 3:57.89	400m 4:32.22
30.58	33.30	34.11	34.36	34.73	35.22	35.59	34.33
59. Ella Blocksidge	(06) Co Salford		4:32.31	654			
50m 31.27	100m -	150m 1:39.37	200m -	250m 2:48.61	300m -	350m 3:58.61	400m 4:32.31
31.27	-	1:08.10	-	1:09.24	-	1:10.00	33.70
60. Sophie Busby	(06) Royal Wolv		4:32.34	654			
50m 31.56	100m 1:05.13	150m 1:39.34	200m 2:13.65	250m 2:48.19	300m 3:23.05	350m 3:57.95	400m 4:32.34
31.56	33.57	34.21	34.31	34.54	34.86	34.90	34.39
61. Elinor Chadwick	(07) Barnet Copt		4:32.50	652			
50m 30.89	100m 1:04.71	150m 1:39.14	200m 2:14.00	250m 2:49.05	300m 3:24.07	350m 3:59.13	400m 4:32.50
30.89	33.82	34.43	34.86	35.05	35.02	35.06	33.37
62. Emilia John	(07) Co Cardiff		4:32.58	652			
50m 30.97	100m 1:04.75	150m 1:39.18	200m 2:13.67	250m 2:48.44	300m 3:23.42	350m 3:58.74	400m 4:32.58
30.97	33.78	34.43	34.49	34.77	34.98	35.32	33.84
63. Lucy Parsons	(07) Co Liverpool		4:33.42	646			
50m 31.14	100m 1:05.41	150m 1:40.28	200m 2:15.08	250m 2:49.89	300m 3:24.84	350m 3:59.70	400m 4:33.42
31.14	34.27	34.87	34.80	34.81	34.95	34.86	33.72
64. Ella Homan	(07) Co Birm'ham		4:33.60	645			
50m 31.15	100m 1:05.55	150m 1:40.17	200m 2:15.17	250m 2:50.20	300m 3:25.32	350m 3:59.74	400m 4:33.60
31.15	34.40	34.62	35.00	35.03	35.12	34.42	33.86
65. Evangeline Stacey	(07) Co Leeds		4:33.79	643			
50m 31.79	100m 1:05.91	150m 1:40.43	200m 2:15.43	250m 2:50.23	300m 3:25.26	350m 3:59.82	400m 4:33.79
31.79	34.12	34.52	35.00	34.80	35.03	34.56	33.97
66. Abbie Roscoe	(09) Wirral Metro		4:35.03	635			
50m 31.25	100m 1:05.14	150m 1:40.07	200m 2:15.15	250m 2:50.45	300m 3:25.76	350m 4:00.88	400m 4:35.03
31.25	33.89	34.93	35.08	35.30	35.31	35.12	34.15
67. Kasia Titterton	(06) Bromley		4:35.08	634			
50m 30.28	100m 1:03.79	150m 1:38.06	200m 2:13.18	250m 2:48.02	300m 3:23.65	350m 3:59.49	400m 4:35.08
30.28	33.51	34.27	35.12	34.84	35.63	35.84	35.59
68. Alexandra Bulat	(06) Co Lincoln P		4:35.59	631			
50m 30.48	100m 1:04.53	150m 1:39.31	200m 2:14.18	250m 2:49.68	300m 3:25.67	350m 4:01.02	400m 4:35.59
30.48	34.05	34.78	34.87	35.50	35.99	35.35	34.57
69. Laura Sharp	(02) Swansea Uni		4:35.94	628			
50m 30.41	100m 1:03.58	150m 1:38.14	200m 2:13.73	250m 2:49.01	300m 3:25.04	350m 4:00.91	400m 4:35.94
30.41	33.17	34.56	35.59	35.28	36.03	35.87	35.03
70. Livia Kingsland	(05) Nova Cent'n		4:36.02	628			
50m 31.38	100m 1:04.88	150m 1:39.53	200m 2:14.33	250m 2:49.48	300m 3:24.58	350m 4:00.76	400m 4:36.02
31.38	33.50	34.65	34.80	35.15	35.10	36.18	35.26
71. Emily Forwood	(04) Mt Kelly		4:37.12	620			
50m 30.89	100m 1:04.54	150m 1:39.39	200m 2:14.51	250m 2:49.96	300m 3:26.10	350m 4:02.12	400m 4:37.12
30.89	33.65	34.85	35.12	35.45	36.14	36.02	35.00
72. Isla McIntosh	(06) Repton		4:40.06	601			
50m 30.71	100m 1:05.64	150m 1:41.20	200m 2:17.44	250m 2:52.89	300m 3:28.96	350m 4:04.81	400m 4:40.06
30.71	34.93	35.56	36.24	35.45	36.07	35.85	35.25
73. Amelia Moule	(03) Lboro Uni		4:40.55	598			
50m 29.97	100m 1:03.57	150m 1:38.79	200m 2:14.66	250m 2:50.68	300m 3:27.37	350m 4:04.44	400m 4:40.55
29.97	33.60	35.22	35.87	36.02	36.69	37.07	36.11
Louise Ashford	(05) Maidenhead		DNC				
Beth Hall	(05) Mt Kelly		DNC				