



**BRITISH GAS ASA
NATIONAL CHAMPIONSHIPS
(YOUTH, OPEN & MC) (50M) 2013
SHEFFIELD
30TH JULY - 4TH AUGUST 2013**



Results Day 2 Heats 31 July 2013

EVENT 221 Womens 800m Freestyle H.D.W.

15/16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	FINA Pt					
1.	Grace Dennis	16	KingstonHull	8:50.16	+ 0.91	809					
	50m 29.23	100m 1:00.91	150m 1:33.92	200m 2:07.12	250m 2:41.17	300m 3:14.81	350m 3:48.92	400m 4:22.85			
	29.23	31.68	33.01	33.20	34.05	33.64	34.11	33.93			
	450m 4:56.54	500m 5:30.12	550m 6:04.09	600m 6:37.88	650m 7:11.44	700m 7:44.76	750m 8:18.10	800m 8:50.16			
	33.69	33.58	33.97	33.79	33.56	33.32	33.34	32.06			
2.	Ellena Jones	16	Swim Swansea	8:52.98	+ 0.70	796					
	50m 30.54	100m 1:03.83	150m 1:36.97	200m 2:10.24	250m 2:43.10	300m 3:16.89	350m 3:50.17	400m 4:24.15			
	30.54	33.29	33.14	33.27	32.86	33.79	33.28	33.98			
	450m 4:57.28	500m 5:31.41	550m 6:04.75	600m 6:39.05	650m 7:12.51	700m 7:46.87	750m 8:19.70	800m 8:52.98			
	33.13	34.13	33.34	34.30	33.46	34.36	32.83	33.28			
3.	Philippa Shuttleworth	16	Hatfield	8:59.12	+ 0.74	769					
	50m 30.81	100m 1:03.94	150m 1:37.72	200m 2:11.49	250m 2:45.34	300m 3:19.32	350m 3:53.65	400m 4:27.55			
	30.81	33.13	33.78	33.77	33.85	33.98	34.33	33.90			
	450m 5:01.54	500m 5:35.44	550m 6:09.69	600m 6:43.72	650m 7:17.71	700m 7:51.74	750m 8:25.79	800m 8:59.12			
	33.99	33.90	34.25	34.03	33.99	34.03	34.05	33.33			
4.	Meg Fannon	15	SLanarkshire	9:00.56	+ 0.74	763					
	50m 30.67	100m 1:04.21	150m 1:38.63	200m 2:13.02	250m 2:47.45	300m 3:21.78	350m 3:56.08	400m 4:30.04			
	30.67	33.54	34.42	34.39	34.43	34.33	34.30	33.96			
	450m 5:03.90	500m 5:37.82	550m 6:11.99	600m 6:46.00	650m 7:20.07	700m 7:54.53	750m 8:28.26	800m 9:00.56			
	33.86	33.92	34.17	34.01	34.07	34.46	33.73	32.30			
5.	Linda Shaw	16	Co Leeds	9:01.13	+ 0.64	761					
	50m 30.07	100m 1:03.21	150m 1:36.61	200m 2:10.36	250m 2:44.53	300m 3:18.25	350m 3:52.75	400m 4:27.33			
	30.07	33.14	33.40	33.75	34.17	33.72	34.50	34.58			
	450m 5:01.95	500m 5:36.28	550m 6:10.83	600m 6:45.15	650m 7:20.02	700m 7:54.59	750m 8:28.82	800m 9:01.13			
	34.62	34.33	34.55	34.32	34.87	34.57	34.23	32.31			
6.	Alice Dearing	16	Royal Wolv	9:01.71	+ 0.79	758					
	50m 30.68	100m 1:03.16	150m 1:36.59	200m 2:10.46	250m 2:44.42	300m 3:18.49	350m 3:53.01	400m 4:27.32			
	30.68	32.48	33.43	33.87	33.96	34.07	34.52	34.31			
	450m 5:01.57	500m 5:35.83	550m 6:10.55	600m 6:45.31	650m 7:19.88	700m 7:54.72	750m 8:29.15	800m 9:01.71			
	34.25	34.26	34.72	34.76	34.57	34.84	34.43	32.56			
7.	Dervla Curran	15	KingstonHull	9:01.80	+ 0.78	758					
	50m 30.60	100m 1:04.15	150m 1:38.07	200m 2:11.63	250m 2:45.43	300m 3:19.45	350m 3:53.60	400m 4:28.04			
	30.60	33.55	33.92	33.56	33.80	34.02	34.15	34.44			
	450m 5:02.48	500m 5:36.78	550m 6:11.19	600m 6:45.90	650m 7:20.13	700m 7:55.00	750m 8:29.33	800m 9:01.80			
	34.44	34.30	34.41	34.71	34.23	34.87	34.33	32.47			
8.	Amber Keegan	16	Nova Cent'n	9:02.94	+ 0.79	753					
	50m 29.47	100m 1:02.27	150m 1:35.95	200m 2:09.78	250m 2:44.04	300m 3:18.61	350m 3:53.29	400m 4:27.74			
	29.47	32.80	33.68	33.83	34.26	34.57	34.68	34.45			
	450m 5:01.93	500m 5:36.03	550m 6:10.49	600m 6:44.92	650m 7:19.83	700m 7:54.20	750m 8:29.09	800m 9:02.94			
	34.19	34.10	34.46	34.43	34.91	34.37	34.89	33.85			
9.	Lucy Ellis	16	Co Sund'land	9:03.27	+ 0.72	752					
	50m 29.72	100m 1:02.36	150m 1:36.02	200m 2:09.81	250m 2:43.69	300m 3:17.51	350m 3:52.04	400m 4:26.62			
	29.72	32.64	33.66	33.79	33.88	33.82	34.53	34.58			
	450m 5:01.28	500m 5:35.96	550m 6:10.52	600m 6:45.30	650m 7:20.48	700m 7:55.11	750m 8:29.72	800m 9:03.27			
	34.66	34.68	34.56	34.78	35.18	34.63	34.61	33.55			
10.	Rebecca Smith	16	Highland	9:06.58	+ 0.78	738					
	50m 30.42	100m 1:03.79	150m 1:37.86	200m 2:12.30	250m 2:46.55	300m 3:21.03	350m 3:55.56	400m 4:29.86			
	30.42	33.37	34.07	34.44	34.25	34.48	34.53	34.30			
	450m 5:04.39	500m 5:38.74	550m 6:13.70	600m 6:48.56	650m 7:23.43	700m 7:58.06	750m 8:32.78	800m 9:06.58			
	34.53	34.35	34.96	34.86	34.87	34.63	34.72	33.80			
11.	Givenchy Sneekes	16	Co Birm'ham	9:07.05	+ 0.69	736					
	50m 30.67	100m 1:04.59	150m 1:38.80	200m 2:13.24	250m 2:47.77	300m 3:22.31	350m 3:56.84	400m 4:31.70			
	30.67	33.92	34.21	34.44	34.53	34.54	34.53	34.86			
	450m 5:06.27	500m 5:41.04	550m 6:15.66	600m 6:50.67	650m 7:25.39	700m 8:00.29	750m 8:34.90	800m 9:07.05			
	34.57	34.77	34.62	35.01	34.72	34.90	34.61	32.15			
12.	Jessie Westnidge	15	Chesterfield	9:08.08	+ 0.76	732					
	50m 30.68	100m 1:04.93	150m 1:39.30	200m 2:13.89	250m 2:47.87	300m 3:22.37	350m 3:56.90	400m 4:31.83			
	30.68	34.25	34.37	34.59	33.98	34.50	34.53	34.93			
	450m 5:05.99	500m 5:40.64	550m 6:15.43	600m 6:50.39	650m 7:24.84	700m 8:00.02	750m 8:34.38	800m 9:08.08			
	34.16	34.65	34.79	34.96	34.45	35.18	34.36	33.70			
13.	Katie Rennolds	15	Burnley BOBC	9:10.52	+ 0.69	722					
	50m 30.51	100m 1:04.36	150m 1:38.51	200m 2:12.98	250m 2:47.49	300m 3:22.13	350m 3:56.88	400m 4:31.93			
	30.51	33.85	34.15	34.47	34.51	34.64	34.75	35.05			
	450m 5:07.26	500m 5:42.51	550m 6:17.62	600m 6:52.71	650m 7:28.25	700m 8:03.24	750m 8:38.67	800m 9:10.52			
	35.33	35.25	35.11	35.09	35.54	34.99	35.43	31.85			
14.	Charlotte Hill	16	Plymouth Lea	9:11.10	+ 0.71	720					
	50m 30.66	100m 1:04.32	150m 1:38.69	200m 2:13.05	250m 2:47.54	300m 3:22.40	350m 3:57.13	400m 4:31.84			
	30.66	33.66	34.37	34.36	34.49	34.86	34.73	34.71			
	450m 5:06.71	500m 5:41.75	550m 6:16.68	600m 6:52.08	650m 7:27.25	700m 8:02.75	750m 8:37.36	800m 9:11.10			
	34.87	35.04	34.93	35.40	35.17	35.50	34.61	33.74			
15.	Mary Kate Mc Dowell	16	IRL-Ulster	9:12.39	+ 0.69	715					
	50m 30.85	100m 1:04.29	150m 1:38.77	200m 2:13.14	250m 2:47.68	300m 3:22.68	350m 3:57.74	400m 4:32.84			
	30.85	33.44	34.48	34.37	34.54	35.00	35.06	35.10			
	450m 5:08.10	500m 5:43.51	550m 6:18.72	600m 6:53.91	650m 7:29.34	700m 8:04.54	750m 8:38.63	800m 9:12.39			
	35.26	35.41	35.21	35.19	35.43	35.20	34.09	33.76			

Principal Partner BRITISH SWIMMING	Principal Partner British Gas	Broadcast Partner BBC SPORT	Funding Partner UK SPORT LOTTERY FUNDED	Official Partners Kellogg's speedo	Official Suppliers Lumie Myrthe Pools Marking	Endorsed Product SPORT S	Host City & Venue Sheffield Hallam University Sheffield Sheffield
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16. Chloe Hannam	16 Co Peterboro	9:12.41	--	715					
50m 30.83	100m 1:04.38	150m 1:38.48	200m 2:13.16	250m 2:47.68	300m 3:22.51	350m 3:57.22	400m 4:32.00		
30.83	33.55	34.10	34.68	34.52	34.83	34.71	34.78		
450m 5:07.00	500m 5:42.01	550m 6:17.32	600m 6:52.70	650m 7:27.86	700m 8:02.91	750m 8:37.88	800m 9:12.41		
35.00	35.01	35.31	35.38	35.16	35.05	34.97	34.53		
17. Elizabeth Oliver	16 Co Oxford	9:12.59	--	714					
50m 32.03	100m 1:06.35	150m 1:41.18	200m 2:15.50	250m 2:50.16	300m 3:24.63	350m 3:59.48	400m 4:34.24		
32.03	34.32	34.83	34.32	34.66	34.47	34.85	34.76		
450m 5:09.31	500m 5:44.05	550m 6:18.76	600m 6:53.49	650m 7:28.48	700m 8:03.60	750m 8:38.52	800m 9:12.59		
35.07	34.74	34.71	34.73	34.99	35.12	34.92	34.07		
18. Jennifer King	15 N Ayrshire	9:12.84	+ 0.67	713					
50m 31.20	100m 1:05.48	150m 1:40.18	200m 2:14.88	250m 2:49.62	300m 3:24.73	350m 3:59.49	400m 4:34.49		
31.20	34.28	34.70	34.70	34.74	35.11	34.76	35.00		
450m 5:09.17	500m 5:44.03	550m 6:18.88	600m 6:54.04	650m 7:29.02	700m 8:04.11	750m 8:38.85	800m 9:12.84		
34.68	34.86	34.85	35.16	34.98	35.09	34.74	33.99		
19. Rebecca Duffield	16 Windsor	9:14.17	+ 0.73	708					
50m 30.65	100m 1:04.14	150m 1:38.58	200m 2:12.97	250m 2:47.59	300m 3:22.17	350m 3:57.22	400m 4:32.12		
30.65	33.49	34.44	34.39	34.62	34.58	35.05	34.90		
450m 5:07.42	500m 5:42.60	550m 6:18.24	600m 6:53.20	650m 7:28.65	700m 8:04.32	750m 8:39.66	800m 9:14.17		
35.30	35.18	35.64	34.96	35.45	35.67	35.34	34.51		
20. Chloe Finch	15 Co Birm'ham	9:14.61	+ 0.79	707					
50m 29.87	100m 1:02.22	150m 1:35.72	200m 2:09.82	250m 2:44.39	300m 3:19.41	350m 3:54.44	400m 4:29.61		
29.87	32.35	33.50	34.10	34.57	35.02	35.03	35.17		
450m 5:04.67	500m 5:40.12	550m 6:15.76	600m 6:51.91	650m 7:27.23	700m 8:03.71	750m 8:39.66	800m 9:14.61		
35.06	35.45	35.64	36.15	35.32	36.48	35.95	34.95		
21. Carys Thomas	15 Nofio Sir Ga	9:15.15	+ 0.65	705					
50m 31.35	100m 1:05.15	150m 1:40.08	200m 2:14.99	250m 2:50.75	300m 3:25.72	350m 4:01.10	400m 4:36.00		
31.35	33.80	34.93	34.91	35.76	34.97	35.38	34.90		
450m 5:11.38	500m 5:46.48	550m 6:21.82	600m 6:57.10	650m 7:32.30	700m 8:07.68	750m 8:42.05	800m 9:15.15		
35.38	35.10	35.34	35.28	35.20	35.38	34.37	33.10		
22. Lucy Walton	15 Co Sund'land	9:15.64	+ 0.85	703					
50m 30.36	100m 1:03.83	150m 1:37.86	200m 2:11.87	250m 2:46.33	300m 3:20.80	350m 3:55.71	400m 4:30.96		
30.36	33.47	34.03	34.01	34.46	34.47	34.91	35.25		
450m 5:06.32	500m 5:42.14	550m 6:17.74	600m 6:53.61	650m 7:28.90	700m 8:04.86	750m 8:40.53	800m 9:15.64		
35.36	35.82	35.60	35.87	35.29	35.96	35.67	35.11		
23. Maya Westlake	16 Lincoln Vulc	9:15.90	+ 0.80	702					
50m 30.55	100m 1:04.03	150m 1:38.95	200m 2:14.30	250m 2:49.47	300m 3:25.14	350m 4:00.77	400m 4:36.43		
30.55	33.48	34.92	35.35	35.17	35.67	35.63	35.66		
450m 5:11.65	500m 5:47.41	550m 6:22.70	600m 6:57.99	650m 7:32.70	700m 8:08.00	750m 8:42.13	800m 9:15.90		
35.22	35.76	35.29	35.29	34.71	35.30	34.13	33.77		
24. Zoe Mitchell	16 Carnegie	9:16.82	+ 0.68	698					
50m 30.40	100m 1:04.38	150m 1:39.17	200m 2:14.25	250m 2:49.05	300m 3:24.22	350m 3:59.59	400m 4:34.73		
30.40	33.98	34.79	35.08	34.80	35.17	35.37	35.14		
450m 5:09.94	500m 5:44.98	550m 6:20.39	600m 6:55.58	650m 7:30.95	700m 8:06.48	750m 8:42.12	800m 9:16.82		
35.21	35.04	35.41	35.19	35.37	35.53	35.64	34.70		
25. Caitlin Dixon	16 Donc Dartes	9:17.45	+ 0.87	696					
50m 31.12	100m 1:04.72	150m 1:39.25	200m 2:14.39	250m 2:49.03	300m 3:24.21	350m 3:59.68	400m 4:34.90		
31.12	33.60	34.53	35.14	34.64	35.18	35.47	35.22		
450m 5:10.66	500m 5:46.21	550m 6:21.81	600m 6:57.41	650m 7:33.12	700m 8:08.66	750m 8:43.93	800m 9:17.45		
35.76	35.55	35.60	35.60	35.71	35.54	35.27	33.52		
26. Gemma Hunter	15 Barnet Copt	9:18.94	+ 0.82	690					
50m 31.29	100m 1:04.99	150m 1:39.86	200m 2:14.82	250m 2:49.80	300m 3:25.08	350m 4:00.22	400m 4:35.74		
31.29	33.70	34.87	34.96	34.98	35.28	35.14	35.52		
450m 5:11.33	500m 5:47.27	550m 6:22.55	600m 6:58.28	650m 7:33.58	700m 8:09.28	750m 8:44.46	800m 9:18.94		
35.59	35.94	35.28	35.73	35.30	35.70	35.18	34.48		
27. Mollie Wright	15 Nova Cent'n	9:19.39	+ 0.88	689					
50m 31.10	100m 1:05.39	150m 1:40.41	200m 2:15.54	250m 2:50.78	300m 3:26.32	350m 4:01.40	400m 4:36.59		
31.10	34.29	35.02	35.13	35.24	35.54	35.08	35.19		
450m 5:11.64	500m 5:47.72	550m 6:23.03	600m 6:58.70	650m 7:34.13	700m 8:10.23	750m 8:45.55	800m 9:19.39		
35.05	36.08	35.31	35.67	35.43	36.10	35.32	33.84		
28. Mirandajane Willis	15 Barnet Copt	9:21.21	+ 0.86	682					
50m 30.37	100m 1:03.83	150m 1:38.61	200m 2:13.56	250m 2:48.61	300m 3:24.05	350m 3:59.79	400m 4:35.68		
30.37	33.46	34.78	34.95	35.05	35.44	35.74	35.89		
450m 5:11.74	500m 5:47.74	550m 6:23.70	600m 6:59.63	650m 7:35.47	700m 8:10.56	750m 8:46.80	800m 9:21.21		
36.06	36.00	35.96	35.93	35.84	35.09	36.24	34.41		
29. Lara Robinson	16 Nova Cent'n	9:21.80	+ 0.78	680					
50m 31.30	100m 1:05.51	150m 1:40.39	200m 2:15.18	250m 2:50.53	300m 3:25.84	350m 4:01.24	400m 4:36.65		
31.30	34.21	34.88	34.79	35.35	35.31	35.40	35.41		
450m 5:12.17	500m 5:48.04	550m 6:23.68	600m 6:59.22	650m 7:35.03	700m 8:10.22	750m 8:46.87	800m 9:21.80		
35.52	35.87	35.64	35.54	35.81	35.19	36.65	34.93		
30. Victoria Pritchard	16 Hatfield	9:22.10	+ 0.83	679					
50m 31.09	100m 1:05.21	150m 1:39.94	200m 2:15.04	250m 2:50.11	300m 3:25.43	350m 4:00.70	400m 4:36.26		
31.09	34.12	34.73	35.10	35.07	35.32	35.27	35.56		
450m 5:11.99	500m 5:47.90	550m 6:23.59	600m 6:59.33	650m 7:35.35	700m 8:11.26	750m 8:46.83	800m 9:22.10		
35.73	35.91	35.69	35.74	36.02	35.91	35.57	35.27		
31. Nicole Ryan	15 Windsor	9:23.03	+ 0.74	675					
50m 31.05	100m 1:05.27	150m 1:40.38	200m 2:16.01	250m 2:51.28	300m 3:26.69	350m 4:01.52	400m 4:37.16		
31.05	34.22	35.11	35.63	35.27	35.41	34.83	35.64		
450m 5:12.92	500m 5:48.87	550m 6:24.44	600m 7:00.30	650m 7:35.98	700m 8:11.98	750m 8:47.07	800m 9:23.03		
35.76	35.95	35.57	35.86	35.68	36.00	35.09	35.96		

Principal Partner	Broadcast Partner	Funding Partner	Official Partners	Official Suppliers	Endorsed Product	Host City & Venue		



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32. Laura Gillingham	16 Derwentside	9:23.19	+ 0.73	675					
50m 30.53	100m 1:03.85	150m 1:38.25	200m 2:12.81	250m 2:47.59	300m 3:22.64	350m 3:57.79	400m 4:33.15		
30.53	33.32	34.40	34.56	34.78	35.05	35.15	35.36		
450m 5:09.20	500m 5:45.42	550m 6:22.33	600m 6:59.61	650m 7:35.70	700m 8:12.79	750m 8:48.60	800m 9:23.19		
36.05	36.22	36.91	37.28	36.09	37.09	35.81	34.59		
33. Alyshia McCracken	16 F.I.R.S.T.	9:25.95	+ 0.87	665					
50m 32.57	100m 1:07.98	150m 1:43.40	200m 2:18.02	250m 2:52.97	300m 3:27.08	350m 4:02.23	400m 4:37.18		
32.57	35.41	35.42	34.62	34.95	34.11	35.15	34.95		
450m 5:12.65	500m 5:48.16	550m 6:25.03	600m 7:01.56	650m 7:38.00	700m 8:14.34	750m 8:51.25	800m 9:25.95		
35.47	35.51	36.87	36.53	36.44	36.34	36.91	34.70		
34. Laura Ashton	15 Bridgend Cty	9:26.45	+ 0.77	663					
50m 31.42	100m 1:05.49	150m 1:40.35	200m 2:15.23	250m 2:50.25	300m 3:25.45	350m 4:01.11	400m 4:36.76		
31.42	34.07	34.86	34.88	35.02	35.20	35.66	35.65		
450m 5:12.23	500m 5:48.57	550m 6:24.91	600m 7:01.28	650m 7:37.86	700m 8:14.50	750m 8:50.82	800m 9:26.45		
35.47	36.34	36.34	36.37	36.58	36.64	36.32	35.63		
35. Sara Loft	15 Co Manch Aq	9:27.31	+ 0.74	660					
50m 29.76	100m 1:03.69	150m 1:38.71	200m 2:13.73	250m 2:49.29	300m 3:25.11	350m 4:01.53	400m 4:37.78		
29.76	33.93	35.02	35.02	35.56	35.82	36.42	36.25		
450m 5:14.17	500m 5:50.55	550m 6:26.89	600m 7:03.72	650m 7:39.13	700m 8:15.36	750m 8:51.95	800m 9:27.31		
36.39	36.38	36.34	36.83	35.41	36.23	36.59	35.36		
36. Louise McFadzen	16 Newbury	9:29.21	--	654					
50m 30.64	100m 1:03.88	150m 1:38.60	200m 2:13.76	250m 2:49.31	300m 3:25.04	350m 4:01.41	400m 4:37.41		
30.64	33.24	34.72	35.16	35.55	35.73	36.37	36.00		
450m 5:13.67	500m 5:50.23	550m 6:27.31	600m 7:04.24	650m 7:41.14	700m 8:17.61	750m 8:53.81	800m 9:29.21		
36.26	36.56	37.08	36.93	36.90	36.47	36.20	35.40		
37. Nicola Pasquire	15 Modernians	9:32.70	+ 0.83	642					
50m 30.80	100m 1:04.78	150m 1:40.26	200m 2:15.78	250m 2:52.01	300m 3:28.20	350m 4:04.71	400m 4:41.74		
30.80	33.98	35.48	35.52	36.23	36.19	36.51	37.03		
450m 5:17.90	500m 5:54.69	550m 6:31.81	600m 7:08.66	650m 7:45.60	700m 8:21.53	750m 8:57.77	800m 9:32.70		
36.16	36.79	37.12	36.85	36.94	35.93	36.24	34.93		
38. Charlotte Lomas	15 Nova Cent'n	9:35.30	+ 0.81	633					
50m 31.95	100m 1:06.56	150m 1:42.44	200m 2:18.50	250m 2:54.71	300m 3:31.19	350m 4:08.02	400m 4:44.32		
31.95	34.61	35.88	36.06	36.21	36.48	36.83	36.30		
450m 5:20.50	500m 5:57.00	550m 6:33.64	600m 7:10.43	650m 7:46.96	700m 8:23.52	750m 9:00.27	800m 9:35.30		
36.18	36.50	36.64	36.79	36.53	36.56	36.75	35.03		
39. Sarah Kelly	16 Connacht IRL	9:37.87	+ 0.80	625					
50m 32.64	100m 1:08.47	150m 1:45.58	200m 2:22.02	250m 2:58.37	300m 3:35.11	350m 4:12.14	400m 4:48.88		
32.64	35.83	37.11	36.44	36.35	36.74	37.03	36.74		
450m 5:25.77	500m 6:01.52	550m 6:38.00	600m 7:13.99	650m 7:50.30	700m 8:26.71	750m 9:02.83	800m 9:37.87		
36.89	35.75	36.48	35.99	36.31	36.41	36.12	35.04		
40. Antonia Heseltine	15 Co Sheffield	9:42.20	+ 0.70	611					
50m 31.78	100m 1:05.92	150m 1:41.57	200m 2:17.59	250m 2:54.61	300m 3:31.17	350m 4:08.66	400m 4:45.57		
31.78	34.14	35.65	36.02	37.02	36.56	37.49	36.91		
450m 5:22.93	500m 6:00.05	550m 6:37.84	600m 7:15.03	650m 7:52.51	700m 8:29.57	750m 9:06.61	800m 9:42.20		
37.36	37.12	37.79	37.19	37.48	37.06	37.04	35.59		
Amrita Robertson	15 Bo Waltham F	DNC							
Emily Knowles-Jones	16 Stockport Mo	DNC							
Erin Nabney	15 Ealing	DNC							
Rebecca Murray	16 F.I.R.S.T.	DNC							





**BRITISH GAS ASA
NATIONAL CHAMPIONSHIPS
(YOUTH, OPEN & MC) (50M) 2013
SHEFFIELD
30TH JULY - 4TH AUGUST 2013**



Results Day 2 Heats 31 July 2013

EVENT 221 Womens 800m Freestyle H.D.W.

17/18 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	FINA Pt						
1.	Rachael Williamson	18	KingstonHull	8:46.86	+ 0.84	824						
	50m 29.29	100m 1:01.38	150m 1:34.05	200m 2:06.80	250m 2:39.65	300m 3:12.71	350m 3:45.78	400m 4:19.09				
	29.29	32.09	32.67	32.75	32.85	33.06	33.07	33.31				
	450m 4:52.09	500m 5:25.18	550m 5:58.43	600m 6:32.09	650m 7:06.09	700m 7:39.98	750m 8:13.78	800m 8:46.86				
	33.00	33.09	33.25	33.66	34.00	33.89	33.80	33.08				
2.	Ellis Jackson	18	St Felix Sch	8:49.57	+ 0.82	812						
	50m 29.95	100m 1:02.15	150m 1:34.92	200m 2:07.89	250m 2:40.87	300m 3:14.06	350m 3:47.09	400m 4:20.28				
	29.95	32.20	32.77	32.97	32.98	33.19	33.03	33.19				
	450m 4:53.44	500m 5:27.20	550m 6:00.94	600m 6:34.84	650m 7:08.44	700m 7:42.37	750m 8:16.05	800m 8:49.57				
	33.16	33.76	33.74	33.90	33.60	33.93	33.68	33.52				
3.	Lauren Walton	18	Beckenham	8:50.20	+ 0.84	809						
	50m 30.64	100m 1:03.14	150m 1:36.54	200m 2:09.96	250m 2:43.48	300m 3:17.04	350m 3:50.73	400m 4:24.28				
	30.64	32.50	33.40	33.42	33.52	33.56	33.69	33.55				
	450m 4:58.06	500m 5:31.72	550m 6:05.36	600m 6:38.80	650m 7:12.21	700m 7:45.76	750m 8:19.01	800m 8:50.20				
	33.78	33.66	33.64	33.44	33.41	33.55	33.25	31.19				
4.	Lucinda Campbell	17	Windsor	8:50.84	+ 0.69	806						
	50m 29.67	100m 1:01.64	150m 1:34.36	200m 2:07.62	250m 2:41.53	300m 3:15.14	350m 3:49.02	400m 4:22.94				
	29.67	31.97	32.72	32.26	33.91	33.61	33.88	33.92				
	450m 4:56.87	500m 5:30.70	550m 6:04.39	600m 6:38.33	650m 7:12.03	700m 7:45.68	750m 8:19.37	800m 8:50.84				
	33.93	33.83	33.69	33.94	33.70	33.65	33.69	31.47				
5.	Emily Vose	18	Co Leeds	9:00.99	+ 0.77	761						
	50m 31.12	100m 1:04.79	150m 1:39.05	200m 2:13.24	250m 2:47.53	300m 3:21.99	350m 3:56.75	400m 4:31.55				
	31.12	33.67	34.26	34.19	34.29	34.46	34.76	34.80				
	450m 5:06.13	500m 5:40.24	550m 6:14.18	600m 6:47.93	650m 7:21.51	700m 7:55.13	750m 8:28.88	800m 9:00.99				
	34.58	34.11	33.94	33.75	33.58	33.62	33.75	32.11				
6.	Camilla Hattersley	18	Co Glasgow	9:03.20	+ 0.75	752						
	50m 30.41	100m 1:03.42	150m 1:37.04	200m 2:11.02	250m 2:45.01	300m 3:19.33	350m 3:53.28	400m 4:27.72				
	30.41	33.01	33.62	33.98	33.99	34.32	33.95	34.44				
	450m 5:01.85	500m 5:36.51	550m 6:11.03	600m 6:45.98	650m 7:20.36	700m 7:55.42	750m 8:30.10	800m 9:03.20				
	34.13	34.66	34.52	34.95	34.38	35.06	34.68	33.10				
7.	Abbie Houston	17	Dumfries	9:06.60	+ 0.80	738						
	50m 30.44	100m 1:04.35	150m 1:38.52	200m 2:12.87	250m 2:46.98	300m 3:21.73	350m 3:56.16	400m 4:31.01				
	30.44	33.91	34.17	34.35	34.11	34.75	34.43	34.85				
	450m 5:05.24	500m 5:40.00	550m 6:14.45	600m 6:49.30	650m 7:24.33	700m 7:59.18	750m 8:34.06	800m 9:06.60				
	34.23	34.76	34.45	34.85	35.03	34.85	34.88	32.54				
8.	Francesca Hay	17	Nova Cent'n	9:08.95	+ 0.76	729						
	50m 31.08	100m 1:04.65	150m 1:38.57	200m 2:12.63	250m 2:46.86	300m 3:21.30	350m 3:55.97	400m 4:30.54				
	31.08	33.57	33.92	34.06	34.23	34.44	34.67	34.57				
	450m 5:05.17	500m 5:40.13	550m 6:14.98	600m 6:50.09	650m 7:24.73	700m 8:00.16	750m 8:34.97	800m 9:08.95				
	34.63	34.96	34.85	35.11	34.64	35.43	34.81	33.98				
9.	Jennifer Tatters	18	Co Sund'land	9:10.47	+ 0.84	723						
	50m 29.71	100m 1:02.66	150m 1:36.16	200m 2:10.01	250m 2:44.67	300m 3:19.45	350m 3:54.52	400m 4:29.67				
	29.71	32.95	33.50	33.85	34.66	34.78	35.07	35.15				
	450m 5:04.89	500m 5:39.90	550m 6:15.56	600m 6:51.05	650m 7:26.67	700m 8:01.60	750m 8:36.42	800m 9:10.47				
	35.22	35.01	35.66	35.49	35.62	34.93	34.82	34.05				
10.	Danielle Hall-Jackson	18	Co Leeds	9:11.31	+ 0.74	719						
	50m 29.96	100m 1:02.73	150m 1:36.26	200m 2:09.98	250m 2:43.88	300m 3:18.11	350m 3:52.73	400m 4:27.58				
	29.96	32.77	33.53	33.72	33.90	34.23	34.62	34.85				
	450m 5:02.20	500m 5:37.54	550m 6:12.67	600m 6:48.35	650m 7:24.09	700m 7:59.90	750m 8:36.25	800m 9:11.31				
	34.62	35.34	35.13	35.68	35.74	35.81	36.35	35.06				
11.	Rebecca Walton	18	Beckenham	9:11.51	+ 0.83	719						
	50m 30.95	100m 1:04.51	150m 1:38.80	200m 2:13.22	250m 2:47.89	300m 3:22.41	350m 3:57.29	400m 4:32.01				
	30.95	33.56	34.29	34.42	34.67	34.52	34.88	34.72				
	450m 5:07.31	500m 5:42.06	550m 6:17.50	600m 6:52.23	650m 7:27.23	700m 8:02.12	750m 8:37.41	800m 9:11.51				
	35.30	34.75	35.44	34.73	35.00	34.89	35.29	34.10				
12.	Emily Bashforth	17	Tigers Jerse	9:11.86	+ 0.86	717						
	50m 30.17	100m 1:03.29	150m 1:37.63	200m 2:12.01	250m 2:46.71	300m 3:21.67	350m 3:56.84	400m 4:32.34				
	30.17	33.12	34.34	34.38	34.70	34.96	35.17	35.50				
	450m 5:07.55	500m 5:42.99	550m 6:18.38	600m 6:53.84	650m 7:28.93	700m 8:04.21	750m 8:38.61	800m 9:11.86				
	35.21	35.44	35.39	35.46	35.09	35.28	34.40	33.25				
13.	Kate Alexander	17	Guildford Ct	9:17.08	+ 0.83	697						
	50m 31.55	100m 1:05.73	150m 1:41.07	200m 2:16.05	250m 2:51.31	300m 3:26.82	350m 4:01.32	400m 4:36.31				
	31.55	34.18	35.34	34.98	35.26	35.51	34.50	34.99				
	450m 5:11.09	500m 5:46.22	550m 6:21.60	600m 6:57.44	650m 7:32.63	700m 8:08.32	750m 8:43.02	800m 9:17.08				
	34.78	35.13	35.38	35.84	35.19	35.69	34.70	34.06				
14.	Lauren Toms	18	Co Manch Aq	9:18.09	+ 0.68	693						
	50m 30.49	100m 1:03.96	150m 1:38.78	200m 2:14.01	250m 2:49.32	300m 3:24.67	350m 4:00.01	400m 4:35.60				
	30.49	33.47	34.82	35.23	35.31	35.35	35.34	35.59				
	450m 5:10.66	500m 5:46.16	550m 6:21.65	600m 6:57.40	650m 7:32.98	700m 8:08.64	750m 8:43.99	800m 9:18.09				
	35.06	35.50	35.49	35.75	35.58	35.66	35.35	34.10				
15.	Jenna Hussey	18	Co Cardiff	9:19.93	+ 0.79	687						
	50m 30.92	100m 1:04.98	150m 1:39.92	200m 2:15.03	250m 2:50.51	300m 3:25.92	350m 4:01.61	400m 4:37.32				
	30.92	34.06	34.94	35.11	35.48	35.41	35.69	35.71				
	450m 5:12.65	500m 5:48.70	550m 6:23.98	600m 7:00.28	650m 7:35.15	700m 8:10.78	750m 8:45.48	800m 9:19.93				
	35.33	36.05	35.28	36.30	34.87	35.63	34.70	34.45				





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Results Day 2 Heats 31 July 2013

EVENT 221 Womens 800m Freestyle H.D.W.

16. Lauren Freeman	18 Lincoln Vulc	9:20.85	+ 0.74	683					
50m 30.35	100m 1:03.69	150m 1:38.03	200m 2:12.50	250m 2:47.19	300m 3:22.00	350m 3:57.39	400m 4:32.93		
30.35	33.34	34.34	34.47	34.69	34.81	35.39	35.54		
450m 5:08.56	500m 5:44.77	550m 6:21.05	600m 6:57.64	650m 7:33.97	700m 8:10.27	750m 8:46.15	800m 9:20.85		
35.63	36.21	36.28	36.59	36.33	36.30	35.88	34.70		
17. Jessica Christie	17 South Aberde	9:32.38	+ 0.82	643					
50m 31.92	100m 1:07.27	150m 1:43.36	200m 2:19.22	250m 2:54.92	300m 3:30.77	350m 4:06.91	400m 4:42.92		
31.92	35.35	36.09	35.86	35.70	35.85	36.14	36.01		
450m 5:19.37	500m 5:55.76	550m 6:32.41	600m 7:08.63	650m 7:44.98	700m 8:21.05	750m 8:56.99	800m 9:32.38		
36.45	36.39	36.65	36.22	36.35	36.07	35.94	35.39		
18. Grace Conlon	18 Royal Wolv	9:36.97	+ 0.82	628					
50m 32.42	100m 1:07.20	150m 1:42.52	200m 2:18.52	250m 2:54.28	300m 3:30.60	350m 4:06.81	400m 4:43.47		
32.42	34.78	35.32	36.00	35.76	36.32	36.21	36.66		
450m 5:19.86	500m 5:56.82	550m 6:33.38	600m 7:10.39	650m 7:47.17	700m 8:24.33	750m 9:01.14	800m 9:36.97		
36.39	36.96	36.56	37.01	36.78	37.16	36.81	35.83		

19 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	FINA Pt			
1.	Rachel Williams	19	Bath Univ	8:42.75	+ 0.78	844			
	50m 30.40	100m 1:03.03	150m 1:35.99	200m 2:09.22	250m 2:42.44	300m 3:15.67	350m 3:48.50	400m 4:21.27	
	30.40	32.63	32.96	33.23	33.22	33.23	32.83	32.77	
	450m 4:54.17	500m 5:26.92	550m 5:59.59	600m 6:32.38	650m 7:05.61	700m 7:38.67	750m 8:11.27	800m 8:42.75	
	32.90	32.75	32.67	32.79	33.23	33.06	32.60	31.48	
2.	Helen McRoberts	22	Warrender Ba	9:06.20	+ 0.62	740			
	50m 31.40	100m 1:04.73	150m 1:38.79	200m 2:12.71	250m 2:46.92	300m 3:21.22	350m 3:55.56	400m 4:29.90	
	31.40	33.33	34.06	33.92	34.21	34.30	34.34	34.34	
	450m 5:04.22	500m 5:38.95	550m 6:13.74	600m 6:48.52	650m 7:23.52	700m 7:58.44	750m 8:33.32	800m 9:06.20	
	34.32	34.73	34.79	34.78	35.00	34.92	34.88	32.88	
3.	Abbey Cunningham	19	Co Newcastle	9:09.05	+ 0.73	728			
	50m 31.31	100m 1:05.01	150m 1:39.83	200m 2:14.19	250m 2:48.97	300m 3:23.74	350m 3:58.63	400m 4:33.33	
	31.31	33.70	34.82	34.36	34.78	34.77	34.89	34.70	
	450m 5:07.87	500m 5:42.50	550m 6:17.17	600m 6:51.95	650m 7:26.61	700m 8:01.72	750m 8:35.73	800m 9:09.05	
	34.54	34.63	34.67	34.78	34.66	35.11	34.01	33.32	
4.	Nichola Lamb	20	Fife Perform	9:09.42	+ 0.71	727			
	50m 30.20	100m 1:03.29	150m 1:36.96	200m 2:11.90	250m 2:46.37	300m 3:21.24	350m 3:55.95	400m 4:31.39	
	30.20	33.09	33.67	34.94	34.47	34.87	34.71	35.44	
	450m 5:06.36	500m 5:41.48	550m 6:16.46	600m 6:51.76	650m 7:26.70	700m 8:01.46	750m 8:36.00	800m 9:09.42	
	34.97	35.12	34.98	35.30	34.94	34.76	34.54	33.42	