



BRITISH GAS ASA NATIONAL CHAMPIONSHIPS (YOUTH, OPEN & MC) (50M) 2013



**SHEFFIELD
30TH JULY – 4TH AUGUST 2013**

Results Day 5 Heats 3 August 2013

EVENT 521 Mens 1500m Freestyle H.D.W.

15/16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	FINA Pt				
1.	Archie Mitchell	16	Dulwich Dolp	15:59.10	+ 0.71	749				
				200m 2:03.22	250m 2:35.03	300m 3:06.51	350m 3:38.90	400m 4:10.81		
				500m 5:16.55	600m 6:20.05	700m 7:24.72	750m 7:56.85	800m 8:29.31		
				900m 9:33.90	1000m 10:38.81	1100m 11:43.40	1150m 12:15.92	1200m 12:48.39		
				1250m 13:20.98	1300m 13:53.48	1350m 14:25.93	1400m 14:57.80	1450m 15:29.71	1500m 15:59.10	
2.	Tom Derbyshire	15	Royal Wolv	16:02.47	+ 0.72	741				
				200m 2:03.84	250m 2:35.66	300m 3:07.87	350m 3:39.90	400m 4:12.04		
				500m 5:16.55	600m 6:20.89	700m 7:25.17	750m 7:57.47	800m 8:29.70		
				900m 9:34.10	1000m 10:38.90	1100m 11:44.05	1150m 12:16.62	1200m 12:49.14		
				1250m 13:21.68	1300m 13:54.10	1350m 14:26.63	1400m 14:59.12	1450m 15:30.61	1500m 16:02.47	
3.	Bradley Slavinec	16	Hatfield	16:08.67	+ 0.82	727				
				200m 2:04.72	250m 2:37.67	300m 3:09.28	350m 3:41.85	400m 4:14.42		
				500m 5:19.90	600m 6:25.00	700m 7:31.10	750m 8:04.73	800m 8:36.27		
				900m 9:42.64	1000m 10:48.93	1100m 11:54.59	1150m 12:27.49	1200m 12:59.86		
				1250m 13:32.29	1300m 14:04.54	1350m 14:36.80	1400m 15:09.11	1450m 15:39.52	1500m 16:08.67	
4.	Jack Baister	16	Middlesboro	16:12.95	+ 0.70	717				
				200m 2:04.52	250m 2:36.59	300m 3:08.97	350m 3:41.35	400m 4:14.07		
				500m 5:19.51	600m 6:24.70	700m 7:30.28	750m 8:02.96	800m 8:35.77		
				900m 9:41.26	1000m 10:46.63	1100m 11:52.17	1150m 12:25.09	1200m 12:58.01		
				1250m 13:30.86	1300m 14:03.40	1350m 14:36.07	1400m 15:09.21	1450m 15:41.74	1500m 16:12.95	
5.	Kyle Chisholm	15	Bo Kirklees	16:13.69	+ 0.66	715				
				200m 2:05.79	250m 2:38.63	300m 3:11.72	350m 3:44.51	400m 4:17.66		
				500m 5:23.27	600m 6:29.09	700m 7:34.46	750m 8:07.26	800m 8:40.25		
				900m 9:45.57	1000m 10:51.00	1100m 11:56.16	1150m 12:28.57	1200m 13:01.06		
				1250m 13:33.64	1300m 14:06.22	1350m 14:38.95	1400m 15:11.42	1450m 15:43.21	1500m 16:13.69	
6.	Thomas Howley	16	Co Newcastle	16:15.09	+ 0.85	712				
				200m 2:04.85	250m 2:37.20	300m 3:09.03	350m 3:41.61	400m 4:13.96		
				500m 5:18.48	600m 6:23.60	700m 7:28.83	750m 8:01.61	800m 8:34.17		
				900m 9:39.76	1000m 10:45.56	1100m 11:51.64	1150m 12:25.07	1200m 12:58.08		
				1250m 13:31.11	1300m 14:04.43	1350m 14:37.69	1400m 15:10.83	1450m 15:43.94	1500m 16:15.09	
7.	Daniel Wheeler	16	Co Newcastle	16:15.35	+ 0.77	712				
				200m 2:05.27	250m 2:37.62	300m 3:10.17	350m 3:42.75	400m 4:15.78		
				500m 5:21.51	600m 6:27.29	700m 7:33.40	750m 8:06.02	800m 8:38.88		
				900m 9:44.39	1000m 10:50.18	1100m 11:55.48	1150m 12:28.09	1200m 13:00.84		
				1250m 13:33.67	1300m 14:06.37	1350m 14:38.89	1400m 15:11.80	1450m 15:44.18	1500m 16:15.35	
8.	Euan Murgatroyd	15	Dumfries	16:15.49	+ 0.70	711				
				200m 2:05.60	250m 2:38.04	300m 3:10.33	350m 3:42.78	400m 4:15.34		
				500m 5:20.64	600m 6:25.87	700m 7:31.49	750m 8:04.33	800m 8:37.41		
				900m 9:43.01	1000m 10:48.81	1100m 11:54.27	1150m 12:27.35	1200m 13:00.13		
				1250m 13:33.30	1300m 14:06.18	1350m 14:39.22	1400m 15:12.35	1450m 15:44.49	1500m 16:15.49	
9.	Eoghan Grady	16	Connacht IRL	16:19.98	+ 0.66	702				
				200m 2:08.20	250m 2:41.39	300m 3:14.83	350m 3:47.86	400m 4:21.45		
				500m 5:28.08	600m 6:35.08	700m 7:41.78	750m 8:14.85	800m 8:47.84		
				900m 9:53.63	1000m 10:58.90	1100m 12:02.37	1150m 12:34.86	1200m 13:07.65		
				1250m 13:40.06	1300m 14:12.89	1350m 14:45.49	1400m 15:18.44	1450m 15:49.60	1500m 16:19.98	
10.	Alex Fry	15	Southport	16:23.69	+ 0.72	694				
				200m 2:07.91	250m 2:41.60	300m 3:14.70	350m 3:48.33	400m 4:21.94		
				500m 5:29.06	600m 6:34.93	700m 7:41.54	750m 8:14.47	800m 8:47.36		
				900m 9:53.51	1000m 10:58.64	1100m 12:04.57	1150m 12:37.46	1200m 13:09.99		
				1250m 13:42.51	1300m 14:15.54	1350m 14:48.42	1400m 15:21.69	1450m 15:53.86	1500m 16:23.69	
11.	Mark Ovington	15	Chester Le S	16:26.17	+ 0.83	689				
				200m 2:05.06	250m 2:37.96	300m 3:10.47	350m 3:43.55	400m 4:15.91		
				500m 5:22.40	600m 6:28.92	700m 7:35.46	750m 8:09.01	800m 8:42.45		
				900m 9:49.24	1000m 10:55.45	1100m 12:02.02	1150m 12:35.63	1200m 13:09.13		
				1250m 13:42.34	1300m 14:15.73	1350m 14:48.84	1400m 15:22.04	1450m 15:54.71	1500m 16:26.17	
12.	Ashley Hogg	15	Winsford	16:28.21	+ 0.81	684				
				200m 2:09.93	250m 2:43.55	300m 3:17.22	350m 3:50.55	400m 4:24.00		
				500m 5:30.98	600m 6:37.96	700m 7:44.59	750m 8:17.64	800m 8:50.70		
				900m 9:56.50	1000m 11:02.09	1100m 12:07.92	1150m 12:40.96	1200m 13:14.08		
				1250m 13:47.28	1300m 14:20.18	1350m 14:53.12	1400m 15:25.50	1450m 15:57.62	1500m 16:28.21	
13.	Joseph Clark	16	Guildford Ct	16:30.41	+ 0.67	680				
				200m 2:04.88	250m 2:38.45	300m 3:11.14	350m 3:44.49	400m 4:17.62		
				500m 5:24.32	600m 6:31.23	700m 7:38.18	750m 8:12.04	800m 8:45.50		
				900m 9:52.45	1000m 10:59.64	1100m 12:06.76	1150m 12:40.52	1200m 13:14.19		
				1250m 13:47.80	1300m 14:21.43	1350m 14:54.72	1400m 15:27.83	1450m 16:00.31	1500m 16:30.41	
14.	James Black	16	Warrender Ba	16:36.01	+ 0.70	668				
				200m 2:05.38	250m 2:37.50	300m 3:10.29	350m 3:42.89	400m 4:16.12		
				500m 5:22.61	600m 6:29.94	700m 7:37.94	750m 8:12.02	800m 8:45.77		
				900m 9:53.43	1000m 11:01.97	1100m 12:10.63	1150m 12:44.92	1200m 13:19.14		
				1250m 13:52.00	1300m 14:24.78	1350m 14:58.38	1400m 15:31.68	1450m 16:04.78	1500m 16:36.01	
15.	Thomas Millburn	15	Cockermouth	16:37.58	+ 0.83	665				
				200m 2:07.11	250m 2:40.70	300m 3:14.16	350m 3:47.81	400m 4:21.55		
				500m 5:28.71	600m 6:35.81	700m 7:42.81	750m 8:16.47	800m 8:50.16		
				900m 9:57.74	1000m 11:05.04	1100m 12:12.35	1150m 12:45.90	1200m 13:19.57		
				1250m 13:53.18	1300m 14:26.61	1350m 14:59.82	1400m 15:33.49	1450m 16:06.34	1500m 16:37.58	

Principal Partner 	Broadcast Partner 	Funding Partner 	Official Partner 	Official Supplier 	Endorsed Product 	Host City & Venue
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Results Day 5 Heats 3 August 2013

EVENT 521 Mens 1500m Freestyle H.D.W.

16. Thomas Slater	15 E l eXcel	16:39.02	+ 0.82	662				
50m 30.04	100m 1:03.08	150m 1:36.02	200m 2:08.72	250m 2:41.98	300m 3:14.80	350m 3:47.89	400m 4:20.71	
450m 4:53.93	500m 5:26.95	550m 6:00.44	600m 6:33.95	650m 7:07.85	700m 7:41.18	750m 8:14.98	800m 8:48.38	
850m 9:21.98	900m 9:55.64	950m 10:29.74	1000m 11:03.40	1050m 11:36.90	1100m 12:10.69	1150m 12:44.71	1200m 13:18.89	
1250m 13:52.79	1300m 14:26.50	1350m 15:00.03	1400m 15:33.66	1450m 16:07.03	1500m 16:39.02			
17. Albert Karavis	15 Windsor	16:39.03	+ 0.76	662				
50m 29.41	100m 1:01.43	150m 1:33.81	200m 2:06.85	250m 2:40.28	300m 3:13.42	350m 3:46.65	400m 4:20.30	
450m 4:54.11	500m 5:27.88	550m 6:01.99	600m 6:36.02	650m 7:09.77	700m 7:43.59	750m 8:17.32	800m 8:51.08	
850m 9:24.61	900m 9:58.34	950m 10:32.43	1000m 11:06.16	1050m 11:40.07	1100m 12:13.77	1150m 12:47.51	1200m 13:21.58	
1250m 13:55.00	1300m 14:28.37	1350m 15:01.83	1400m 15:35.26	1450m 16:08.32	1500m 16:39.03			
18. Toby Robinson	16 Wolv'hampton	16:46.00	+ 0.79	649				
50m 29.08	100m 1:01.90	150m 1:34.59	200m 2:07.59	250m 2:40.84	300m 3:13.40	350m 3:46.24	400m 4:19.27	
450m 4:52.55	500m 5:25.79	550m 5:59.33	600m 6:32.31	650m 7:05.69	700m 7:39.33	750m 8:12.77	800m 8:46.27	
850m 9:19.53	900m 9:53.53	950m 10:27.61	1000m 11:01.79	1050m 11:36.39	1100m 12:10.74	1150m 12:45.15	1200m 13:20.04	
1250m 13:54.71	1300m 14:29.30	1350m 15:03.94	1400m 15:38.10	1450m 16:12.44	1500m 16:46.00			
19. Alfie Bones	16 Maxwell	16:47.65	+ 0.77	645				
50m 29.19	100m 1:01.58	150m 1:34.67	200m 2:07.55	250m 2:41.09	300m 3:14.38	350m 3:47.48	400m 4:21.12	
450m 4:54.60	500m 5:28.56	550m 6:02.62	600m 6:37.00	650m 7:11.38	700m 7:45.76	750m 8:19.82	800m 8:52.97	
850m 9:28.30	900m 10:02.37	950m 10:36.55	1000m 11:10.56	1050m 11:45.14	1100m 12:19.03	1150m 12:52.69	1200m 13:26.95	
1250m 14:01.15	1300m 14:35.21	1350m 15:08.79	1400m 15:42.94	1450m 16:15.78	1500m 16:47.65			
20. Ben Roberts	16 Wolv'hampton	16:48.65	+ 0.81	643				
50m 29.93	100m 1:03.41	150m 1:37.25	200m 2:11.32	250m 2:44.68	300m 3:18.58	350m 3:52.32	400m 4:26.39	
450m 5:00.14	500m 5:34.43	550m 6:08.04	600m 6:41.90	650m 7:15.70	700m 7:49.43	750m 8:23.30	800m 8:57.20	
850m 9:31.07	900m 10:05.04	950m 10:38.89	1000m 11:12.50	1050m 11:46.28	1100m 12:19.99	1150m 12:53.68	1200m 13:27.43	
1250m 14:01.19	1300m 14:34.90	1350m 15:08.56	1400m 15:42.76	1450m 16:16.41	1500m 16:48.65			
21. Elliot Bertram	15 Enfield Sq	16:48.70	+ 0.78	643				
50m 29.88	100m 1:02.00	150m 1:35.29	200m 2:08.60	250m 2:42.18	300m 3:15.59	350m 3:49.29	400m 4:23.02	
450m 4:56.67	500m 5:30.28	550m 6:04.02	600m 6:37.90	650m 7:11.94	700m 7:45.96	750m 8:19.88	800m 8:53.87	
850m 9:28.04	900m 10:01.98	950m 10:36.19	1000m 11:10.23	1050m 11:44.55	1100m 12:18.41	1150m 12:52.95	1200m 13:26.81	
1250m 14:00.85	1300m 14:34.79	1350m 15:09.14	1400m 15:42.86	1450m 16:16.79	1500m 16:48.70			
22. James Burns	16 Co Sund'land	16:49.78	+ 0.79	641				
50m 28.94	100m 1:01.35	150m 1:34.16	200m 2:07.06	250m 2:40.29	300m 3:13.87	350m 3:47.32	400m 4:20.98	
450m 4:54.54	500m 5:28.28	550m 6:02.08	600m 6:35.90	650m 7:09.72	700m 7:43.93	750m 8:17.69	800m 8:52.12	
850m 9:25.62	900m 9:59.59	950m 10:33.74	1000m 11:08.03	1050m 11:42.05	1100m 12:16.38	1150m 12:50.58	1200m 13:25.21	
1250m 13:59.16	1300m 14:34.18	1350m 15:08.30	1400m 15:42.76	1450m 16:16.58	1500m 16:49.78			
23. Joshua Duggan	16 Harpenden	16:54.11	+ 0.71	633				
50m 28.92	100m 1:01.05	150m 1:34.51	200m 2:07.96	250m 2:42.31	300m 3:16.35	350m 3:50.66	400m 4:24.07	
450m 4:58.60	500m 5:32.20	550m 6:06.87	600m 6:40.41	650m 7:15.45	700m 7:48.79	750m 8:23.69	800m 8:58.48	
850m 9:30.94	900m 10:06.55	950m 10:40.82	1000m 11:14.42	1050m 11:49.37	1100m 12:23.92	1150m 12:57.92	1200m 13:32.27	
1250m 14:06.78	1300m 14:41.13	1350m 15:15.52	1400m 15:49.00	1450m 16:22.58	1500m 16:54.11			
24. Timothy Shuttleworth	16 Hatfield	16:55.40	+ 0.82	631				
50m 29.74	100m 1:02.56	150m 1:35.48	200m 2:08.81	250m 2:42.32	300m 3:15.60	350m 3:49.26	400m 4:22.93	
450m 4:56.80	500m 5:30.90	550m 6:04.50	600m 6:38.58	650m 7:12.78	700m 7:46.99	750m 8:21.41	800m 8:55.69	
850m 9:30.22	900m 10:04.56	950m 10:38.99	1000m 11:13.40	1050m 11:47.67	1100m 12:22.11	1150m 12:56.28	1200m 13:30.69	
1250m 14:05.11	1300m 14:39.45	1350m 15:13.82	1400m 15:48.24	1450m 16:22.61	1500m 16:55.40			
25. Joseph Kinsell	16 Chase	16:56.16	+ 0.75	629				
50m 28.75	100m 1:00.56	150m 1:32.98	200m 2:05.27	250m 2:38.39	300m 3:11.44	350m 3:45.03	400m 4:18.78	
450m 4:52.63	500m 5:26.67	550m 6:00.45	600m 6:34.84	650m 7:09.18	700m 7:43.50	750m 8:17.76	800m 8:52.49	
850m 9:27.54	900m 10:02.84	950m 10:38.20	1000m 11:12.61	1050m 11:47.62	1100m 12:22.35	1150m 12:57.25	1200m 13:31.15	
1250m 14:07.16	1300m 14:42.11	1350m 15:16.79	1400m 15:51.95	1450m 16:24.46	1500m 16:56.16			
26. Tudor Puszet	16 Camden Swiss	16:57.96	+ 0.72	626				
50m 28.97	100m 1:00.50	150m 1:33.39	200m 2:05.75	250m 2:38.68	300m 3:11.51	350m 3:44.76	400m 4:17.80	
450m 4:51.38	500m 5:25.30	550m 5:59.37	600m 6:33.25	650m 7:07.68	700m 7:42.20	750m 8:17.32	800m 8:51.46	
850m 9:26.72	900m 10:01.86	950m 10:37.12	1000m 11:11.42	1050m 11:46.82	1100m 12:21.83	1150m 12:55.87	1200m 13:30.38	
1250m 14:06.36	1300m 14:41.02	1350m 15:16.53	1400m 15:51.60	1450m 16:25.28	1500m 16:57.96			
27. Jamie Ingram	15 Derventio	16:59.60	+ 0.72	623				
50m 30.16	100m 1:02.80	150m 1:36.84	200m 2:10.61	250m 2:44.50	300m 3:18.50	350m 3:52.40	400m 4:26.30	
450m 5:00.30	500m 5:34.30	550m 6:08.52	600m 6:43.04	650m 7:17.28	700m 7:51.73	750m 8:25.79	800m 8:59.76	
850m 9:34.04	900m 10:08.48	950m 10:42.72	1000m 11:17.36	1050m 11:51.95	1100m 12:26.59	1150m 13:01.13	1200m 13:35.54	
1250m 14:10.02	1300m 14:44.60	1350m 15:19.11	1400m 15:53.14	1450m 16:26.90	1500m 16:59.60			
28. Harry Hathaway	16 Leic Peng	17:01.63	+ 0.77	619				
50m 28.90	100m 1:00.87	150m 1:34.20	200m 2:07.76	250m 2:41.87	300m 3:15.58	350m 3:49.77	400m 4:23.21	
450m 4:57.07	500m 5:31.09	550m 6:05.74	600m 6:40.00	650m 7:14.65	700m 7:49.04	750m 8:23.90	800m 8:58.52	
850m 9:33.33	900m 10:07.62	950m 10:42.37	1000m 11:16.82	1050m 11:51.57	1100m 12:26.28	1150m 13:01.08	1200m 13:35.73	
1250m 14:10.21	1300m 14:44.66	1350m 15:19.13	1400m 15:53.59	1450m 16:28.29	1500m 17:01.63			
29. Thomas Diaper-Fox	16 Co South'ton	17:06.56	+ 0.82	610				
50m 29.25	100m 1:01.33	150m 1:34.40	200m 2:07.96	250m 2:41.14	300m 3:14.73	350m 3:48.26	400m 4:22.25	
450m 4:56.27	500m 5:30.49	550m 6:04.69	600m 6:39.32	650m 7:13.78	700m 7:48.86	750m 8:23.31	800m 8:58.05	
850m 9:32.57	900m 10:07.90	950m 10:42.92	1000m 11:18.15	1050m 11:52.87	1100m 12:27.97	1150m 13:02.73	1200m 13:38.09	
1250m 14:13.37	1300m 14:48.50	1350m 15:23.30	1400m 15:58.07	1450m 16:32.44	1500m 17:06.56			





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EVENT 521 Mens 1500m Freestyle H.D.W.

17/18 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.FINA Pt
1.	Nicholas Grainger	18	Co Sheffield	15:26.97	+ 0.75 829
	50m 27.47	100m 58.31	150m 1:29.44	200m 2:00.62	250m 2:31.92
	450m 4:36.83	500m 5:08.22	550m 5:38.96	600m 6:09.65	650m 6:40.59
	850m 8:43.72	900m 9:15.00	950m 9:46.34	1000m 10:17.47	1050m 10:48.70
	1250m 12:53.03	1300m 13:24.23	1350m 13:55.64	1400m 14:26.68	1450m 14:57.11
					1500m 15:26.97
2.	Caleb Hughes	17	Hatfield	15:34.12	+ 0.68 810
	50m 27.86	100m 58.52	150m 1:29.57	200m 2:00.66	250m 2:32.01
	450m 4:36.96	500m 5:08.26	550m 5:39.41	600m 6:10.31	650m 6:41.13
	850m 8:46.41	900m 9:17.73	950m 9:48.99	1000m 10:20.25	1050m 10:51.36
	1250m 12:57.97	1300m 13:29.64	1350m 14:01.37	1400m 14:32.85	1450m 15:04.05
					1500m 15:34.12
3.	Joel Knight	18	Millfield	15:41.70	+ 0.80 791
	50m 28.57	100m 59.61	150m 1:31.55	200m 2:03.07	250m 2:34.97
	450m 4:41.57	500m 5:13.19	550m 5:44.93	600m 6:16.55	650m 6:48.09
	850m 8:53.66	900m 9:24.94	950m 9:56.27	1000m 10:27.56	1050m 10:59.19
	1250m 13:05.02	1300m 13:36.46	1350m 14:08.10	1400m 14:39.73	1450m 15:11.40
					1500m 15:41.70
4.	Daniel Jervis	17	Swim Swansea	15:45.19	+ 0.70 782
	50m 27.94	100m 58.83	150m 1:30.87	200m 2:02.45	250m 2:34.51
	450m 4:42.39	500m 5:14.30	550m 5:45.92	600m 6:17.61	650m 6:49.58
	850m 8:55.69	900m 9:27.23	950m 9:59.22	1000m 10:30.69	1050m 11:01.72
	1250m 13:08.45	1300m 13:40.43	1350m 14:12.24	1400m 14:43.71	1450m 15:14.97
					1500m 15:45.19
5.	Joseph Faulkner	18	Co Sheffield	15:51.33	+ 0.78 767
	50m 28.18	100m 59.51	150m 1:31.43	200m 2:03.53	250m 2:35.35
	450m 4:43.72	500m 5:15.68	550m 5:47.48	600m 6:19.42	650m 6:51.20
	850m 8:58.45	900m 9:30.43	950m 10:01.96	1000m 10:33.55	1050m 11:05.34
	1250m 13:13.86	1300m 13:45.77	1350m 14:18.03	1400m 14:50.15	1450m 15:21.57
					1500m 15:51.33
6.	Chris Lowther	18	Dumfries	15:51.73	+ 0.80 766
	50m 29.36	100m 1:00.71	150m 1:32.24	200m 2:04.06	250m 2:36.15
	450m 4:44.59	500m 5:16.70	550m 5:48.77	600m 6:20.64	650m 6:52.48
	850m 8:59.48	900m 9:31.34	950m 10:03.63	1000m 10:35.41	1050m 11:07.14
	1250m 13:14.70	1300m 13:46.62	1350m 14:18.50	1400m 14:50.09	1450m 15:21.97
					1500m 15:51.73
7.	Alex Dunk	18	Prescot	15:57.46	+ 0.76 752
	50m 27.35	100m 57.83	150m 1:29.24	200m 2:00.87	250m 2:32.68
	450m 4:38.90	500m 5:10.36	550m 5:42.25	600m 6:14.19	650m 6:46.37
	850m 8:54.67	900m 9:26.47	950m 9:59.32	1000m 10:31.44	1050m 11:04.16
	1250m 13:16.95	1300m 13:48.60	1350m 14:20.94	1400m 14:53.44	1450m 15:26.31
					1500m 15:57.46
8.	Brendan Gibbons	18	Connacht IRL	15:59.62	+ 0.65 747
	50m 28.73	100m 1:00.26	150m 1:31.81	200m 2:03.49	250m 2:35.34
	450m 4:43.18	500m 5:15.42	550m 5:47.57	600m 6:19.98	650m 6:52.18
	850m 9:01.72	900m 9:34.29	950m 10:06.54	1000m 10:38.64	1050m 11:11.36
	1250m 13:21.29	1300m 13:54.07	1350m 14:26.35	1400m 14:58.79	1450m 15:29.98
					1500m 15:59.62
9.	Thomas Nelson	17	Wirral Metro	16:06.71	+ 0.97 731
	50m 29.14	100m 1:00.54	150m 1:32.60	200m 2:04.48	250m 2:36.47
	450m 4:44.69	500m 5:16.94	550m 5:49.23	600m 6:21.45	650m 6:53.86
	850m 9:03.72	900m 9:36.06	950m 10:08.78	1000m 10:41.19	1050m 11:13.88
	1250m 13:24.65	1300m 13:57.49	1350m 14:30.09	1400m 15:02.87	1450m 15:35.52
					1500m 16:06.71
10.	Matthew Hinchliffe	18	Bo Kirklees	16:06.89	+ 0.73 731
	50m 29.05	100m 1:00.29	150m 1:32.10	200m 2:04.06	250m 2:36.02
	450m 4:44.91	500m 5:17.15	550m 5:49.24	600m 6:21.57	650m 6:54.58
	850m 9:05.69	900m 9:38.39	950m 10:11.33	1000m 10:44.01	1050m 11:17.08
	1250m 13:28.02	1300m 14:00.81	1350m 14:33.42	1400m 15:05.46	1450m 15:37.61
					1500m 16:06.89
11.	Joseph Sadio	18	Co Coventry	16:11.56	+ 0.72 720
	50m 29.16	100m 1:01.12	150m 1:32.92	200m 2:04.87	250m 2:36.97
	450m 4:46.59	500m 5:19.35	550m 5:52.11	600m 6:24.59	650m 6:57.40
	850m 9:08.17	900m 9:40.92	950m 10:13.81	1000m 10:46.35	1050m 11:19.48
	1250m 13:30.08	1300m 14:02.80	1350m 14:35.39	1400m 15:08.37	1450m 15:40.70
					1500m 16:11.56
12.	J Stephenson-Ganner	17	Nova Cent'n	16:12.80	+ 0.78 717
	50m 28.50	100m 59.56	150m 1:31.81	200m 2:04.10	250m 2:36.62
	450m 4:45.80	500m 5:18.17	550m 5:50.85	600m 6:23.34	650m 6:55.85
	850m 9:06.81	900m 9:39.75	950m 10:12.41	1000m 10:45.27	1050m 11:18.45
	1250m 13:31.28	1300m 14:04.42	1350m 14:37.31	1400m 15:10.41	1450m 15:43.14
					1500m 16:12.80
13.	Geoffrey Butler	17	Plymouth Lea	16:13.12	+ 0.81 717
	50m 29.41	100m 1:01.36	150m 1:33.80	200m 2:06.35	250m 2:38.94
	450m 4:48.86	500m 5:21.83	550m 5:53.91	600m 6:26.37	650m 6:59.10
	850m 9:09.91	900m 9:42.90	950m 10:15.26	1000m 10:48.14	1050m 11:20.59
	1250m 13:31.85	1300m 14:04.92	1350m 14:37.67	1400m 15:10.85	1450m 15:43.39
					1500m 16:13.12
14.	Matthew Anderson	17	Warrender Ba	16:19.40	+ 0.70 703
	50m 29.07	100m 1:00.81	150m 1:33.11	200m 2:05.86	250m 2:38.48
	450m 4:49.36	500m 5:22.28	550m 5:54.34	600m 6:26.98	650m 6:59.31
	850m 9:10.18	900m 9:43.26	950m 10:16.37	1000m 10:49.73	1050m 11:22.82
	1250m 13:35.34	1300m 14:08.39	1350m 14:41.69	1400m 15:15.11	1450m 15:48.15
					1500m 16:19.40
15.	Rhys Cole	17	TauntonDeane	16:20.09	+ 0.73 701
	50m 28.84	100m 1:00.31	150m 1:32.39	200m 2:04.53	250m 2:37.08
	450m 4:47.18	500m 5:19.67	550m 5:52.19	600m 6:25.14	650m 6:58.12
	850m 9:10.62	900m 9:43.65	950m 10:16.80	1000m 10:49.98	1050m 11:23.05
	1250m 13:35.01	1300m 14:08.14	1350m 14:41.13	1400m 15:14.15	1450m 15:47.89
					1500m 16:20.09



BRITISH GAS ASA
NATIONAL CHAMPIONSHIPS
(YOUTH, OPEN & MC) (50M) 2013



SHEFFIELD
30TH JULY - 4TH AUGUST 2013

Results Day 5 Heats 3 August 2013
EVENT 521 Mens 1500m Freestyle H.D.W.

16.	Laurence Stead	18	Northampton	16:21.23	+ 0.74	699			
	50m 28.67	100m 59.75	150m 1:31.63	200m 2:03.49	250m 2:35.96	300m 3:08.90	350m 3:41.63	400m 4:14.58	
	450m 4:47.69	500m 5:20.92	550m 5:54.31	600m 6:27.46	650m 7:00.98	700m 7:34.31	750m 8:07.86	800m 8:40.98	
	850m 9:14.25	900m 9:47.71	950m 10:21.50	1000m 10:54.77	1050m 11:27.79	1100m 12:00.34	1150m 12:32.97	1200m 13:05.92	
	1250m 13:38.96	1300m 14:12.16	1350m 14:45.08	1400m 15:17.90	1450m 15:50.23	1500m 16:21.23			
17.	Matthew Edwards	18	Tavistock	16:23.69	+ 0.85	694			
	50m 29.05	100m 1:01.00	150m 1:33.71	200m 2:06.65	250m 2:39.97	300m 3:13.26	350m 3:46.36	400m 4:19.79	
	450m 4:53.07	500m 5:26.48	550m 5:59.00	600m 6:32.00	650m 7:05.26	700m 7:38.47	750m 8:11.80	800m 8:45.08	
	850m 9:18.28	900m 9:51.37	950m 10:24.66	1000m 10:57.83	1050m 11:30.72	1100m 12:04.07	1150m 12:37.08	1200m 13:10.08	
	1250m 13:43.18	1300m 14:15.85	1350m 14:48.82	1400m 15:21.88	1450m 15:54.26	1500m 16:23.69			
18.	Cameron Donaldson	17	Tigers Jerse	16:28.89	+ 0.76	683			
	50m 28.86	100m 1:00.80	150m 1:33.80	200m 2:07.21	250m 2:40.82	300m 3:13.93	350m 3:47.16	400m 4:20.72	
	450m 4:54.22	500m 5:27.60	550m 6:00.99	600m 6:34.18	650m 7:07.86	700m 7:40.99	750m 8:14.54	800m 8:47.53	
	850m 9:21.14	900m 9:54.75	950m 10:27.88	1000m 11:01.06	1050m 11:34.42	1100m 12:07.50	1150m 12:39.94	1200m 13:12.70	
	1250m 13:45.97	1300m 14:18.85	1350m 14:52.02	1400m 15:24.67	1450m 15:57.48	1500m 16:28.89			
19.	Mark Deans	18	Co Glasgow	16:30.30	+ 0.88	680			
	50m 30.12	100m 1:02.75	150m 1:35.27	200m 2:08.09	250m 2:40.88	300m 3:13.51	350m 3:46.16	400m 4:19.23	
	450m 4:52.15	500m 5:25.29	550m 5:58.50	600m 6:31.69	650m 7:04.80	700m 7:38.10	750m 8:11.28	800m 8:44.60	
	850m 9:17.86	900m 9:51.01	950m 10:24.57	1000m 10:57.91	1050m 11:31.10	1100m 12:04.39	1150m 12:37.64	1200m 13:11.32	
	1250m 13:44.57	1300m 14:18.21	1350m 14:51.67	1400m 15:25.19	1450m 15:58.10	1500m 16:30.30			
20.	Jack Beddoes	18	Beckenham	16:30.49	+ 0.72	680			
	50m 29.03	100m 1:01.49	150m 1:34.64	200m 2:07.88	250m 2:41.09	300m 3:14.32	350m 3:47.10	400m 4:20.08	
	450m 4:53.40	500m 5:26.93	550m 6:00.42	600m 6:33.75	650m 7:06.86	700m 7:40.43	750m 8:14.03	800m 8:47.39	
	850m 9:20.88	900m 9:54.21	950m 10:27.28	1000m 11:00.50	1050m 11:33.59	1100m 12:06.96	1150m 12:40.36	1200m 13:14.19	
	1250m 13:47.40	1300m 14:20.88	1350m 14:54.52	1400m 15:27.72	1450m 16:00.26	1500m 16:30.49			
21.	Reece Worth	17	Plymouth Lea	16:30.65	+ 0.66	679			
	50m 28.41	100m 59.62	150m 1:32.14	200m 2:04.43	250m 2:36.91	300m 3:09.61	350m 3:42.55	400m 4:15.59	
	450m 4:48.67	500m 5:21.77	550m 5:54.73	600m 6:27.76	650m 7:01.09	700m 7:34.32	750m 8:07.72	800m 8:41.24	
	850m 9:14.80	900m 9:48.43	950m 10:22.21	1000m 10:55.65	1050m 11:29.48	1100m 12:03.53	1150m 12:37.40	1200m 13:10.96	
	1250m 13:44.90	1300m 14:18.71	1350m 14:51.93	1400m 15:25.20	1450m 15:58.62	1500m 16:30.65			
22.	Timothy Robinson	17	Wandsworth	16:32.03	+ 0.71	676			
	50m 28.56	100m 1:00.49	150m 1:33.05	200m 2:05.37	250m 2:37.92	300m 3:10.33	350m 3:43.05	400m 4:15.68	
	450m 4:48.48	500m 5:21.40	550m 5:54.40	600m 6:27.27	650m 7:00.62	700m 7:33.63	750m 8:06.63	800m 8:40.14	
	850m 9:13.53	900m 9:47.02	950m 10:20.81	1000m 10:54.72	1050m 11:28.34	1100m 12:02.42	1150m 12:36.12	1200m 13:10.01	
	1250m 13:44.15	1300m 14:17.89	1350m 14:52.06	1400m 15:25.71	1450m 15:59.33	1500m 16:32.03			
23.	John Britton	17	Wandsworth	16:37.21	+ 0.72	666			
	50m 29.97	100m 1:02.99	150m 1:36.67	200m 2:10.34	250m 2:44.15	300m 3:17.81	350m 3:51.50	400m 4:25.01	
	450m 4:58.49	500m 5:31.84	550m 6:05.13	600m 6:38.50	650m 7:11.76	700m 7:44.78	750m 8:17.83	800m 8:50.84	
	850m 9:23.93	900m 9:57.03	950m 10:30.05	1000m 11:03.36	1050m 11:37.08	1100m 12:10.88	1150m 12:44.68	1200m 13:18.28	
	1250m 13:52.07	1300m 14:25.79	1350m 14:59.62	1400m 15:33.01	1450m 16:06.12	1500m 16:37.21			
24.	Benjamin Goodall	17	Derventio	16:37.29	+ 0.82	666			
	50m 29.84	100m 1:01.85	150m 1:34.96	200m 2:07.56	250m 2:40.65	300m 3:13.56	350m 3:46.67	400m 4:19.78	
	450m 4:52.93	500m 5:26.27	550m 5:59.94	600m 6:33.16	650m 7:06.93	700m 7:40.60	750m 8:14.24	800m 8:47.82	
	850m 9:21.47	900m 9:55.16	950m 10:28.93	1000m 11:02.76	1050m 11:36.71	1100m 12:10.30	1150m 12:44.06	1200m 13:17.70	
	1250m 13:51.64	1300m 14:25.33	1350m 14:59.26	1400m 15:33.28	1450m 16:05.66	1500m 16:37.29			
25.	Alexander Hunter	17	Nova Cent'n	16:37.44	+ 0.84	665			
	50m 29.40	100m 1:00.93	150m 1:32.98	200m 2:05.28	250m 2:37.67	300m 3:10.40	350m 3:42.65	400m 4:15.27	
	450m 4:47.76	500m 5:20.52	550m 5:53.13	600m 6:25.85	650m 6:58.79	700m 7:32.27	750m 8:05.85	800m 8:39.16	
	850m 9:12.63	900m 9:46.19	950m 10:20.22	1000m 10:54.24	1050m 11:28.41	1100m 12:02.47	1150m 12:36.77	1200m 13:11.09	
	1250m 13:45.69	1300m 14:20.07	1350m 14:55.09	1400m 15:29.79	1450m 16:04.11	1500m 16:37.44			
26.	Jamie Richter	17	Barnet Copt	16:40.47	+ 0.74	659			
	50m 29.11	100m 1:00.95	150m 1:33.60	200m 2:06.63	250m 2:39.84	300m 3:13.07	350m 3:46.38	400m 4:19.77	
	450m 4:53.18	500m 5:26.63	550m 6:00.33	600m 6:34.04	650m 7:07.84	700m 7:41.89	750m 8:15.95	800m 8:50.20	
	850m 9:23.98	900m 9:57.81	950m 10:31.80	1000m 11:05.58	1050m 11:39.31	1100m 12:12.87	1150m 12:46.40	1200m 13:19.78	
	1250m 13:53.47	1300m 14:27.24	1350m 15:01.30	1400m 15:34.73	1450m 16:08.00	1500m 16:40.47			
27.	Matthew Stanbridge	17	Bo Kirklees	16:40.89	+ 0.77	659			
	50m 29.49	100m 1:01.48	150m 1:34.06	200m 2:06.00	250m 2:38.35	300m 3:11.09	350m 3:44.23	400m 4:17.20	
	450m 4:50.70	500m 5:24.67	550m 5:58.24	600m 6:32.01	650m 7:05.68	700m 7:39.48	750m 8:13.52	800m 8:47.37	
	850m 9:20.96	900m 9:54.75	950m 10:28.62	1000m 11:02.89	1050m 11:36.94	1100m 12:11.27	1150m 12:45.36	1200m 13:19.53	
	1250m 13:53.68	1300m 14:27.80	1350m 15:01.64	1400m 15:35.63	1450m 16:09.03	1500m 16:40.89			
28.	Charles Lonsbrough	17	Harrogate	16:44.53	+ 0.89	651			
	50m 29.41	100m 1:01.57	150m 1:34.70	200m 2:07.82	250m 2:41.22	300m 3:14.60	350m 3:48.26	400m 4:22.13	
	450m 4:55.40	500m 5:28.87	550m 6:02.33	600m 6:35.79	650m 7:09.39	700m 7:42.98	750m 8:16.96	800m 8:50.68	
	850m 9:24.65	900m 9:58.34	950m 10:32.27	1000m 11:06.01	1050m 11:40.09	1100m 12:13.70	1150m 12:48.07	1200m 13:22.27	
	1250m 13:56.49	1300m 14:30.14	1350m 15:04.26	1400m 15:38.25	1450m 16:12.00	1500m 16:44.53			
29.	Ian Yarwood	17	Northampton	16:45.63	+ 0.88	649			
	50m 28.57	100m 1:00.18	150m 1:33.08	200m 2:06.58	250m 2:40.02	300m 3:13.48	350m 3:46.83	400m 4:20.12	
	450m 4:53.62	500m 5:27.19	550m 6:00.88	600m 6:34.70	650m 7:09.03	700m 7:42.73	750m 8:16.73	800m 8:51.08	
	850m 9:25.13	900m 9:59.08	950m 10:33.70	1000m 11:08.00	1050m 11:42.61	1100m 12:16.55	1150m 12:51.04	1200m 13:24.71	
	1250m 13:59.03	1300m 14:32.28	1350m 15:06.51	1400m 15:40.58	1450m 16:13.74	1500m 16:45.63			
30.	George Foley	17	Romford Town	16:47.41	+ 0.64	646			
	50m 30.22	100m 1:02.45	150m 1:36.26	200m 2:09.23	250m 2:42.60	300m 3:16.32	350m 3:50.21	400m 4:23.74	
	450m 4:57.98	500m 5:31.72	550m 6:05.84	600m 6:39.68	650m 7:13.83	700m 7:47.89	750m 8:21.88	800m 8:55.67	
	850m 9:29.29	900m 10:03.15	950m 10:37.10	1000m 11:10.92	1050m 11:45.07	1100m 12:18.53	1150m 12:52.59	1200m 13:26.48	
	1250m 14:00.41	1300m 14:33.75	1350m 15:08.57	1400m 15:41.28	1450m 16:15.20	1500m 16:47.41			
31.	Anthony Ryan	18	Dumfries	16:49.78	+ 0.76	641			
	50m 29.44	100m 1:01.38	150m 1:34.17	200m 2:07.29	250m 2:40.85	300m 3:14.04	350m 3:46.92	400m 4:20.15	
	450m 4:53.79	500m 5:27.45	550m 6:00.50	600m 6:34.20	650m 7:07.94	700m 7:41.88	750m 8:15.77	800m 8:49.92	
	850m 9:24.18	900m 9:58.25	950m 10:32.40	1000m 11:06.72	1050m 11:40.93	1100m 12:15.52	1150m 12:49.78	1200m 13:24.63	
	1250m 13:59.11	1300m 14:33.27	1350m 15:07.83	1400m 15:42.21	1450m 16:16.61	1500m 16:49.78			

Principal Partner		Broadcast Partner		Running Partner	Official Sponsors		Endorsed Product	Host City & Venue



**BRITISH GAS ASA
NATIONAL CHAMPIONSHIPS
(YOUTH, OPEN & MC) (50M) 2013
SHEFFIELD
30TH JULY - 4TH AUGUST 2013**



Results Day 5 Heats 3 August 2013

EVENT 521 Mens 1500m Freestyle H.D.W.

32. Simon McCormick	17	Derwentside	16:50.63	+ 0.72	640			
50m 29.44	100m 1:01.33	150m 1:34.62	200m 2:08.38	250m 2:42.23	300m 3:16.10	350m 3:50.35	400m 4:24.46	
450m 4:58.48	500m 5:32.60	550m 6:06.55	600m 6:40.79	650m 7:15.36	700m 7:49.83	750m 8:23.92	800m 8:57.72	
850m 9:31.66	900m 10:05.89	950m 10:39.68	1000m 11:13.34	1050m 11:47.03	1100m 12:20.62	1150m 12:54.35	1200m 13:28.63	
1250m 14:03.09	1300m 14:36.99	1350m 15:10.70	1400m 15:44.39	1450m 16:18.05	1500m 16:50.63			
33. Joe Steel	17	South Aberde	16:55.79	+ 0.76	630			
50m 29.48	100m 1:01.77	150m 1:34.58	200m 2:07.72	250m 2:40.37	300m 3:13.55	350m 3:47.07	400m 4:20.65	
450m 4:54.34	500m 5:28.03	550m 6:02.10	600m 6:36.45	650m 7:10.34	700m 7:44.59	750m 8:18.71	800m 8:53.26	
850m 9:27.17	900m 10:01.53	950m 10:35.77	1000m 11:10.45	1050m 11:44.83	1100m 12:19.60	1150m 12:53.61	1200m 13:28.82	
1250m 14:03.50	1300m 14:38.70	1350m 15:13.13	1400m 15:48.99	1450m 16:22.90	1500m 16:55.79			
34. Ewan Miller	17	Co Manch Aq	16:59.69	+ 0.74	623			
50m 30.09	100m 1:03.22	150m 1:37.32	200m 2:11.24	250m 2:44.81	300m 3:18.64	350m 3:52.58	400m 4:26.61	
450m 5:00.61	500m 5:34.42	550m 6:08.47	600m 6:43.12	650m 7:17.43	700m 7:51.84	750m 8:26.72	800m 9:01.60	
850m 9:36.02	900m 10:10.87	950m 10:45.58	1000m 11:20.31	1050m 11:54.95	1100m 12:29.20	1150m 13:03.39	1200m 13:38.09	
1250m 14:12.83	1300m 14:46.62	1350m 15:20.48	1400m 15:54.30	1450m 16:27.56	1500m 16:59.69			
35. Matthew Price	17	Torfaen Dolp	17:01.70	+ 0.68	619			
50m 29.73	100m 1:02.90	150m 1:37.16	200m 2:11.37	250m 2:45.38	300m 3:19.40	350m 3:53.56	400m 4:27.45	
450m 5:01.88	500m 5:35.60	550m 6:09.74	600m 6:44.00	650m 7:18.34	700m 7:52.50	750m 8:26.87	800m 9:01.02	
850m 9:35.88	900m 10:10.30	950m 10:45.26	1000m 11:19.64	1050m 11:54.17	1100m 12:28.36	1150m 13:03.29	1200m 13:37.75	
1250m 14:12.92	1300m 14:46.91	1350m 15:21.47	1400m 15:55.49	1450m 16:29.16	1500m 17:01.70			
36. Philip Hanley	17	IRL	17:15.24	+ 0.65	595			
50m 30.80	100m 1:03.65	150m 1:36.92	200m 2:10.60	250m 2:44.34	300m 3:18.20	350m 3:52.06	400m 4:26.16	
450m 5:00.88	500m 5:35.32	550m 6:09.71	600m 6:44.24	650m 7:19.09	700m 7:53.75	750m 8:28.61	800m 9:03.30	
850m 9:38.23	900m 10:13.13	950m 10:48.09	1000m 11:23.21	1050m 11:58.42	1100m 12:33.93	1150m 13:09.16	1200m 13:44.34	
1250m 14:19.43	1300m 14:54.76	1350m 15:30.10	1400m 16:05.32	1450m 16:40.66	1500m 17:15.24			
37. Matthew Rudolph	17	Harrogate	17:19.67	+ 0.75	588			
50m 29.72	100m 1:02.79	150m 1:35.99	200m 2:09.63	250m 2:43.95	300m 3:17.95	350m 3:52.19	400m 4:26.26	
450m 5:00.67	500m 5:34.95	550m 6:09.89	600m 6:44.35	650m 7:19.49	700m 7:54.28	750m 8:29.24	800m 9:04.19	
850m 9:39.29	900m 10:14.60	950m 10:50.09	1000m 11:25.40	1050m 12:00.72	1100m 12:36.40	1150m 13:11.66	1200m 13:47.15	
1250m 14:22.91	1300m 14:58.46	1350m 15:34.12	1400m 16:09.62	1450m 16:45.47	1500m 17:19.67			
38. Finn Branney	17	St Austell A	17:25.60	+ 0.79	578			
50m 30.60	100m 1:03.40	150m 1:37.28	200m 2:11.54	250m 2:45.59	300m 3:19.63	350m 3:53.94	400m 4:28.44	
450m 5:02.95	500m 5:37.81	550m 6:12.70	600m 6:48.13	650m 7:23.16	700m 7:57.82	750m 8:33.24	800m 9:08.83	
850m 9:44.33	900m 10:19.58	950m 10:55.01	1000m 11:30.00	1050m 12:05.93	1100m 12:41.07	1150m 13:16.53	1200m 13:52.14	
1250m 14:27.85	1300m 15:02.92	1350m 15:38.57	1400m 16:13.85	1450m 16:50.23	1500m 17:25.60			
Jorge Phenix-Coyne	18	Arnold	DNC					
Conor Turner	18	IRL	DNF					

19 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.FINA Pt			
1.	Stephen Milne	19	Perth City	15:23.40	+ 0.79	839		
	50m 27.69	100m 58.21	150m 1:28.91	200m 1:59.75	250m 2:30.51	300m 3:01.32	350m 3:32.20	400m 4:03.20
	450m 4:34.28	500m 5:05.36	550m 5:36.46	600m 6:07.58	650m 6:38.50	700m 7:09.57	750m 7:40.68	800m 8:11.94
	850m 8:43.06	900m 9:14.17	950m 9:45.30	1000m 10:16.60	1050m 10:47.73	1100m 11:19.02	1150m 11:49.92	1200m 12:20.87
	1250m 12:51.79	1300m 13:22.94	1350m 13:53.71	1400m 14:25.07	1450m 14:54.77	1500m 15:23.40		
2.	Gareth Mills	20	Co Sheffield	15:35.04	+ 0.76	808		
	50m 27.73	100m 58.53	150m 1:29.70	200m 2:00.90	250m 2:32.11	300m 3:03.50	350m 3:34.75	400m 4:06.20
	450m 4:37.15	500m 5:08.67	550m 5:39.45	600m 6:11.31	650m 6:42.81	700m 7:14.60	750m 7:45.97	800m 8:17.74
	850m 8:49.17	900m 9:20.43	950m 9:51.82	1000m 10:23.06	1050m 10:54.59	1100m 11:26.01	1150m 11:57.39	1200m 12:28.70
	1250m 13:00.26	1300m 13:31.66	1350m 14:03.21	1400m 14:34.33	1450m 15:05.36	1500m 15:35.04		
3.	Thomas Sunter	21	Co Sheffield	15:36.38	+ 0.80	804		
	50m 28.12	100m 58.88	150m 1:29.75	200m 2:00.58	250m 2:31.88	300m 3:02.89	350m 3:34.27	400m 4:05.33
	450m 4:36.80	500m 5:08.10	550m 5:39.67	600m 6:10.91	650m 6:42.14	700m 7:13.47	750m 7:44.94	800m 8:16.29
	850m 8:47.74	900m 9:19.13	950m 9:50.71	1000m 10:22.04	1050m 10:53.60	1100m 11:25.13	1150m 11:56.72	1200m 12:28.29
	1250m 12:59.85	1300m 13:31.52	1350m 14:03.22	1400m 14:34.90	1450m 15:06.23	1500m 15:36.38		
4.	James Gibson	22	Stockport Mo	16:01.29	+ 0.73	743		
	50m 28.54	100m 59.92	150m 1:31.73	200m 2:03.46	250m 2:35.21	300m 3:07.00	350m 3:38.84	400m 4:10.93
	450m 4:42.93	500m 5:15.09	550m 5:47.17	600m 6:19.25	650m 6:51.33	700m 7:23.42	750m 7:55.38	800m 8:27.55
	850m 8:59.72	900m 9:31.92	950m 10:04.45	1000m 10:36.99	1050m 11:09.50	1100m 11:41.87	1150m 12:14.32	1200m 12:46.90
	1250m 13:19.53	1300m 13:52.21	1350m 14:25.09	1400m 14:57.90	1450m 15:30.03	1500m 16:01.29		
5.	Daniel Crosby	19	Stockport Mo	16:03.01	+ 0.72	739		
	50m 28.87	100m 1:00.65	150m 1:32.70	200m 2:04.53	250m 2:36.56	300m 3:08.64	350m 3:40.76	400m 4:12.63
	450m 4:44.37	500m 5:16.29	550m 5:48.00	600m 6:19.99	650m 6:52.00	700m 7:23.93	750m 7:56.01	800m 8:28.11
	850m 8:59.69	900m 9:31.86	950m 10:03.99	1000m 10:36.31	1050m 11:08.86	1100m 11:41.44	1150m 12:14.18	1200m 12:46.83
	1250m 13:19.63	1300m 13:52.54	1350m 14:25.61	1400m 14:58.78	1450m 15:31.41	1500m 16:03.01		
6.	Matthew Breckon	22	Loughboro Un	16:12.41	+ 0.72	718		
	50m 29.07	100m 1:00.58	150m 1:32.72	200m 2:04.97	250m 2:37.16	300m 3:09.38	350m 3:41.79	400m 4:13.76
	450m 4:46.06	500m 5:18.05	550m 5:50.29	600m 6:22.58	650m 6:54.96	700m 7:27.52	750m 7:59.94	800m 8:32.72
	850m 9:05.25	900m 9:38.15	950m 10:10.33	1000m 10:43.39	1050m 11:15.89	1100m 11:49.18	1150m 12:22.56	1200m 12:55.76
	1250m 13:28.83	1300m 14:02.41	1350m 14:35.86	1400m 15:09.18	1450m 15:40.75	1500m 16:12.41		
7.	Joshua Sullivan	19	Northampton	16:12.81	+ 0.85	717		
	50m 27.91	100m 58.91	150m 1:30.56	200m 2:03.08	250m 2:34.89	300m 3:07.25	350m 3:39.38	400m 4:11.86
	450m 4:44.41	500m 5:16.88	550m 5:49.13	600m 6:21.86	650m 6:54.33	700m 7:27.07	750m 7:59.76	800m 8:32.54
	850m 9:05.44	900m 9:38.37	950m 10:11.35	1000m 10:44.12	1050m 11:16.93	1100m 11:50.22	1150m 12:23.13	1200m 12:56.60
	1250m 13:29.31	1300m 14:02.50	1350m 14:35.52	1400m 15:08.35	1450m 15:41.25	1500m 16:12.81		





BRITISH GAS ASA
 NATIONAL CHAMPIONSHIPS
 (YOUTH, OPEN & MC) (50M) 2013
 SHEFFIELD
 30TH JULY – 4TH AUGUST 2013



Results Day 5 Heats 3 August 2013

EVENT 521 Mens 1500m Freestyle H.D.W.

8.	Thomas Paine	19	Co Manch Aq	16:13.07	+ 0.74	717					
	50m 29.28	100m 1:01.01	150m 1:33.59	200m 2:05.99	250m 2:38.06	300m 3:10.27	350m 3:42.63	400m 4:15.39			
	450m 4:47.87	500m 5:20.44	550m 5:52.67	600m 6:25.34	650m 6:57.65	700m 7:30.16	750m 8:02.79	800m 8:35.32			
	850m 9:07.85	900m 9:40.49	950m 10:12.79	1000m 10:45.50	1050m 11:18.28	1100m 11:51.18	1150m 12:23.89	1200m 12:56.79			
	1250m 13:29.54	1300m 14:02.62	1350m 14:35.30	1400m 15:08.47	1450m 15:40.96	1500m 16:13.07					
	Chris Suggitt	20	Swim Swansea	DNF							

