

Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 304 Women's 400m Individual Medley

18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	ANDERSON, Rachel	20	Loughboro Un	4:45.47				
	50m 30.05	100m 1:04.42	150m 1:38.62	200m 2:12.49	250m 2:56.59	300m 3:39.50	350m 4:12.75	400m 4:45.47
		34.37	34.20	33.87	44.10	42.91	33.25	32.72
2	BIRD, Elinor	23	Kenilworth M	5:18.43				
	50m 34.12	100m 1:13.47	150m 1:53.53	200m 2:34.31	250m 3:16.64	300m 4:02.27	350m 4:40.86	400m 5:18.43
		39.35	40.06	40.78	42.33	45.63	38.59	37.57

25/29 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	JAMES, Molly	26	Winsford	5:28.35	481			
	50m 34.50	100m 1:13.91	150m 1:56.52	200m 2:39.37	250m 3:24.87	300m 4:11.46	350m 4:50.21	400m 5:28.35
		39.41	42.61	42.85	45.50	46.59	38.75	38.14
2	OUGHTON, Holly	29	Calv Bing	5:34.90	454			
	50m 34.80	100m 1:15.59	150m 1:57.87	200m 2:39.83	250m 3:28.19	300m 4:17.27	350m 4:56.46	400m 5:34.90
		40.79	42.28	41.96	48.36	49.08	39.19	38.44
3	BALLAAM, Laura	28	Co Sheffield	5:54.83	378			
	50m 33.49	100m 1:13.46	150m 2:02.50	200m 2:50.60	250m 3:41.47	300m 4:33.37	350m 5:15.20	400m 5:54.83
		39.97	49.04	48.10	50.87	51.90	41.83	39.63

30/34 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	OBRIEN, Rebecca	33	East Leeds	5:16.45	574			
	50m 33.12	100m 1:11.01	150m 1:52.58	200m 2:32.50	250m 3:18.31	300m 4:05.27	350m 4:41.32	400m 5:16.45
		37.89	41.57	39.92	45.81	46.96	36.05	35.13
2	MCINTOSH, Kelly	33	Silver City	5:31.84	498			
	50m 35.46	100m 1:18.53	150m 1:59.50	200m 2:39.24	250m 3:29.55	300m 4:18.57	350m 4:55.96	400m 5:31.84
		43.07	40.97	39.74	50.31	49.02	37.39	35.88
3	CANNON, Gemma	30	Felixstowe	6:10.77	338			
	50m 40.68	100m 1:30.75	150m 2:18.05	200m 3:04.97	250m 3:57.32	300m 4:50.97	350m 5:31.75	400m 6:10.77
		50.07	47.30	46.92	52.35	53.65	40.78	39.02

35/39 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	WILLCOX, Lauren	36	Saxon Crown	5:22.37	573			
	50m 33.72	100m 1:13.23	150m 1:53.93	200m 2:33.32	250m 3:21.56	300m 4:09.90	350m 4:47.13	400m 5:22.37
		39.51	40.70	39.39	48.24	48.34	37.23	35.24
2	KEARNS, Laure	39	Teddington	5:31.66	548			
	50m 35.77	100m 1:16.94	150m 1:59.25	200m 2:40.53	250m 3:28.94	300m 4:18.51	350m 4:56.28	400m 5:31.66
		41.17	42.31	41.28	48.41	49.57	37.77	35.38
3	POOLE, Victoria	37	Bo Newham	5:41.57	489			
	50m 34.98	100m 1:16.06	150m 2:00.56	200m 2:44.53	250m 3:32.42	300m 4:20.85	350m 5:01.54	400m 5:41.57
		41.08	44.50	43.97	47.89	48.43	40.69	40.03
4	THOMAS, Natalie	35	S Bournem'th	5:52.13	432			
	50m 36.89	100m 1:20.98	150m 2:07.70	200m 2:53.04	250m 3:42.95	300m 4:32.75	350m 5:13.73	400m 5:52.13
		44.09	46.72	45.34	49.91	49.80	40.98	38.40
	ARUNDELL, Kerys	35	Deepings	DNF				



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EVENT 304 Women's 400m Individual Medley

40/44 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	WILLS, Emma	43	York City	5:19.59								633	
	50m 34.01	100m 1:13.46	150m 1:53.12	200m 2:32.74	250m 3:20.37	300m 4:07.58	350m 4:44.76	400m 5:19.59					
		39.45	39.66	39.62	47.63	47.21	37.18	34.83					
2	WILLIAMS, Victoria	40	Bath Dolphin	5:51.48								465	
	50m 35.24	100m 1:17.10	150m 2:03.54	200m 2:48.19	250m 3:40.30	300m 4:33.40	350m 5:12.75	400m 5:51.48					
		41.86	46.44	44.65	52.11	53.10	39.35	38.73					
3	HARRIS, Laini	40	Barnes SC	5:51.55								464	
	50m 37.00	100m 1:19.50	150m 2:06.90	200m 2:52.21	250m 3:45.09	300m 4:38.21	350m 5:16.58	400m 5:51.55					
		42.50	47.40	45.31	52.88	53.12	38.37	34.97					
4	EVANS, Susan	44	Biggleswade	5:53.34								471	
	50m 37.14	100m 1:20.77	150m 2:06.38	200m 2:52.45	250m 3:43.48	300m 4:35.82	350m 5:16.03	400m 5:53.34					
		43.63	45.61	46.07	51.03	52.34	40.21	37.31					
5	HAMILTON, Nicole	43	Teddington	6:11.24								404	
	50m 38.84	100m 1:24.68	150m 2:16.16	200m 3:06.93	250m 3:57.00	300m 4:48.92	350m 5:31.14	400m 6:11.24					
		45.84	51.48	50.77	50.07	51.92	42.22	40.10					
6	ELRID, Hoda	41	Spencer	6:38.35								322	
	50m 41.78	100m 1:33.33	150m 2:24.65	200m 3:14.69	250m 4:11.62	300m 5:07.91	350m 5:53.91	400m 6:38.35					
		51.55	51.32	50.04	56.93	56.29	46.00	44.44					
7	MACLUCAS, Amy	40	Farnham	6:52.05								288	
	50m 45.84	100m 1:38.91	150m 2:30.85	200m 3:21.91	250m 4:18.74	300m 5:17.26	350m 6:05.88	400m 6:52.05					
		53.07	51.94	51.06	56.83	58.52	48.62	46.17					

45/49 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	MCLEAN, Janet	49	Carnegie	5:36.67								566	
	50m 35.88	100m 1:16.33	150m 2:00.74	200m 2:44.76	250m 3:31.67	300m 4:19.42	350m 4:59.37	400m 5:36.67					
		40.45	44.41	44.02	46.91	47.75	39.95	37.30					
2	PARTRIDGE, Jessica	47	Gloucester M	5:38.70								546	
	50m 36.68	100m 1:17.88	150m 2:01.52	200m 2:46.13	250m 3:34.92	300m 4:24.50	350m 5:01.80	400m 5:38.70					
		41.20	43.64	44.61	48.79	49.58	37.30	36.90					
3	SAYED, Melanie	48	Co Liverpool	6:07.72								430	
	50m 37.63	100m 1:22.08	150m 2:11.58	200m 2:59.88	250m 3:50.53	300m 4:43.23	350m 5:26.18	400m 6:07.72					
		44.45	49.50	48.30	50.65	52.70	42.95	41.54					
4	KISS, Erzsebet	46	Co Sheffield	6:26.82								364	
	50m 36.78	100m 1:23.96	150m 2:13.54	200m 3:02.31	250m 3:59.56	300m 4:56.61	350m 5:41.58	400m 6:26.82					
		47.18	49.58	48.77	57.25	57.05	44.97	45.24					
5	COWIE, Alison	49	Basildon Ph	7:39.56								222	
	50m 49.98	100m 1:48.05	150m 2:47.65	200m 3:47.81	250m 4:50.59	300m 5:54.62	350m 6:47.83	400m 7:39.56					
		58.07	59.60	1:00.16	1:02.78	1:04.03	53.21	51.73					

50/54 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	LATTY, Nicola	51	Holywell	5:25.49								642	
	50m 35.99	100m 1:14.29	150m 1:56.90	200m 2:39.73	250m 3:26.13	300m 4:13.44	350m 4:49.95	400m 5:25.49					
		38.30	42.61	42.83	46.40	47.31	36.51	35.54					



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EVENT 304 Women's 400m Individual Medley

50/54 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
2	PERRY, Sharon	50	Team Anglia	6:08.43								437	
	50m 37.50	100m 1:23.38	150m 2:11.59	200m 2:59.84	250m 3:51.59	300m 4:44.65	350m 5:26.75	400m 6:08.43					
		45.88	48.21	48.25	51.75	53.06	42.10	41.68					
3	PRIOR, Judy	52	Enfield Sq	6:22.69								401	
	50m 45.05	100m 1:33.41	150m 2:22.32	200m 3:09.90	250m 4:04.72	300m 5:00.26	350m 5:41.50	400m 6:22.69					
		48.36	48.91	47.58	54.82	55.54	41.24	41.19					
4	WILKES, Bryony	52	Loughborough	6:42.48								345	
	50m 39.85	100m 1:33.36	150m 2:26.00	200m 3:19.11	250m 4:16.04	300m 5:13.93	350m 5:58.73	400m 6:42.48					
		53.51	52.64	53.11	56.93	57.89	44.80	43.75					
5	BOURNE, Beverley	54	Barnet Copt	6:59.27								318	
	50m 42.80	100m 1:36.36	150m 2:31.25	200m 3:26.69	250m 4:26.75	300m 5:28.04	350m 6:14.87	400m 6:59.27					
		53.56	54.89	55.44	1:00.06	1:01.29	46.83	44.40					
6	CREASY, Deryn	51	Aylesbury	6:59.38								300	
	50m 48.70	100m 1:45.03	150m 2:40.13	200m 3:35.61	250m 4:29.03	300m 5:23.99	350m 6:14.02	400m 6:59.38					
		56.33	55.10	55.48	53.42	54.96	50.03	45.36					

55/59 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	BROWN, Judy	58	Trafford Met	5:44.73								645	
	50m 36.38	100m 1:18.53	150m 2:00.24	200m 2:41.35	250m 3:32.78	300m 4:24.71	350m 5:05.07	400m 5:44.73					
		42.15	41.71	41.11	51.43	51.93	40.36	39.66					
2	VEALE, Katherine	56	Totnes	6:05.30								507	
	50m 37.23	100m 1:21.54	150m 2:08.06	200m 2:55.25	250m 3:47.91	300m 4:43.18	350m 5:24.58	400m 6:05.30					
		44.31	46.52	47.19	52.66	55.27	41.40	40.72					
3	PARHAM, Adele	55	Exe Masters	6:19.07								441	
	50m 39.34	100m 1:25.85	150m 2:16.07	200m 3:05.10	250m 3:57.47	300m 4:51.71	350m 5:35.87	400m 6:19.07					
		46.51	50.22	49.03	52.37	54.24	44.16	43.20					
4	TREFGARNE, Bridget	56	Barnes SC	6:25.57								431	
	50m 43.71	100m 1:35.79	150m 2:23.81	200m 3:08.89	250m 4:04.17	300m 4:58.89	350m 5:43.04	400m 6:25.57					
		52.08	48.02	45.08	55.28	54.72	44.15	42.53					
5	FIGURES, Wendy	57	Co Sheffield	7:16.57								307	
	50m 46.75	100m 1:49.88	150m 2:44.51	200m 3:39.53	250m 4:36.76	300m 5:33.71	350m 6:24.97	400m 7:16.57					
		1:03.13	54.63	55.02	57.23	56.95	51.26	51.60					
6	WALKER, Blanaid	59	Witney	7:16.76								329	
	50m 51.23	100m 1:47.64	150m 2:41.11	200m 3:33.93	250m 4:36.16	300m 5:38.15	350m 6:28.51	400m 7:16.76					
		56.41	53.47	52.82	1:02.23	1:01.99	50.36	48.25					

60/64 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	ISEPPI, Esther	64	Spencer	6:33.98								568	
	50m 43.45	100m 1:32.92	150m 2:23.11	200m 3:13.97	250m 4:06.82	300m 5:02.88	350m 5:48.83	400m 6:33.98					
		49.47	50.19	50.86	52.85	56.06	45.95	45.15					
2	BAKER, Frances	62	Spencer	7:05.21								408	
	50m 49.65	100m 1:49.15	150m 2:40.36	200m 3:31.94	250m 4:33.53	300m 5:36.08	350m 6:19.80	400m 7:05.21					
		59.50	51.21	51.58	1:01.59	1:02.55	43.72	45.41					



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EVENT 304 Women's 400m Individual Medley

60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
3	TURNER, Helen	61	Co Sheffield	7:48.22	291			
	50m 52.17	100m 1:51.92	150m 2:49.08	200m 3:48.03	250m 4:56.72	300m 6:04.72	350m 6:57.37	400m 7:48.22
		59.75	57.16	58.95	1:08.69	1:08.00	52.65	50.85
4	PATEL, Jacqueline	62	Kings Corm	8:27.51	240			
	50m 54.45	100m 1:58.28	150m 3:13.73	200m 4:27.08	250m 5:30.64	300m 6:34.67	350m 7:31.74	400m 8:27.51
		1:03.83	1:15.45	1:13.35	1:03.56	1:04.03	57.07	55.77

65/69 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	HEATH, Amanda	65	Spencer	6:21.67	660			
	50m 41.28	100m 1:31.90	150m 2:22.40	200m 3:14.18	250m 4:02.92	300m 4:55.29	350m 5:39.10	400m 6:21.67
		50.62	50.50	51.78	48.74	52.37	43.81	42.57
2	PROCTER, Susan	66	Barnet Copt	8:05.65	338			
	50m 47.25	100m 1:45.45	150m 2:57.60	200m 4:06.66	250m 5:11.10	300m 6:18.94	350m 7:13.44	400m 8:05.65
		58.20	1:12.15	1:09.06	1:04.44	1:07.84	54.50	52.21

75/79 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	JACKSON, Patricia	75	East Anglian	8:41.40	442			
	50m 56.67	100m 2:03.05	150m 3:11.81	200m 4:20.76	250m 5:29.32	300m 6:41.63	350m 7:41.21	400m 8:41.40
		1:06.38	1:08.76	1:08.95	1:08.56	1:12.31	59.58	1:00.19



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