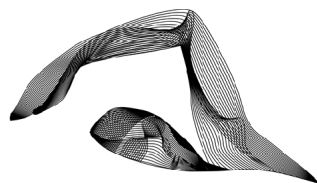


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EVENT 303 Men's 400m Individual Medley

18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	CASEY, Alex	18	Loughboro Un	4:23.02					
	50m 27.10	100m 58.95	150m 1:33.37	200m 2:06.91	250m 2:42.04	300m 3:19.51	350m 3:52.65	400m 4:23.02	
		31.85	34.42	33.54	35.13	37.47	33.14	30.37	
2	KERSHAW, Charles	20	Loughboro Un	4:30.14					
	50m 28.37	100m 1:00.79	150m 1:36.12	200m 2:10.91	250m 2:47.84	300m 3:25.34	350m 3:58.34	400m 4:30.14	
		32.42	35.33	34.79	36.93	37.50	33.00	31.80	
3	CHAPMAN, Timon	20	Co Norwich	5:11.63					
	50m 30.70	100m 1:07.56	150m 1:47.73	200m 2:28.27	250m 3:12.12	300m 3:58.84	350m 4:36.11	400m 5:11.63	
		36.86	40.17	40.54	43.85	46.72	37.27	35.52	

25/29 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	JAMES, Matthew	29	Birmingham M	4:43.60	562				
	50m 28.96	100m 1:02.83	150m 1:40.51	200m 2:17.26	250m 2:56.41	300m 3:36.20	350m 4:10.96	400m 4:43.60	
		33.87	37.68	36.75	39.15	39.79	34.76	32.64	
2	VEASEY, Augustus	26	Chelmsford	4:47.24	540				
	50m -	100m 1:02.45	150m 1:39.73	200m 2:16.81	250m 2:57.27	300m 3:39.37	350m 4:13.74	400m 4:47.24	
		-	37.28	37.08	40.46	42.10	34.37	33.50	
3	ARCHER, Lewis	25	Halstead	5:03.16	467				
	50m 32.00	100m 1:09.85	150m 1:48.28	200m 2:25.82	250m 3:08.27	300m 3:52.29	350m 4:29.12	400m 5:03.16	
		37.85	38.43	37.54	42.45	44.02	36.83	34.04	
4	RUSSELL, George	25	Rotherham Mo	5:04.70	460				
	50m 31.99	100m 1:08.35	150m 1:46.42	200m -	250m 3:11.16	300m 3:57.06	350m 4:30.81	400m 5:04.70	
		36.36	38.07	-	-	45.90	33.75	33.89	
5	BARRATT, Sam	29	Manch Tri	5:15.78	407				
	50m 33.06	100m 1:11.41	150m 1:50.84	200m 2:30.34	250m 3:17.13	300m 4:04.81	350m 4:41.05	400m 5:15.78	
		38.35	39.43	39.50	46.79	47.68	36.24	34.73	
6	ALLEN, Thomas	26	Flitwick	5:16.49	404				
	50m 33.79	100m 1:13.22	150m 1:53.63	200m 2:34.70	250m 3:18.66	300m 4:04.44	350m 4:41.41	400m 5:16.49	
		39.43	40.41	41.07	43.96	45.78	36.97	35.08	

30/34 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	AMARAL PINTO, Goncalo	34	Crawley	5:01.57	503				
	50m 31.98	100m 1:08.07	150m 1:47.79	200m 2:26.79	250m 3:09.99	300m 3:54.52	350m 4:29.29	400m 5:01.57	
		36.09	39.72	39.00	43.20	44.53	34.77	32.28	
2	MIKKELSEN, Soren	31	Bristol Pen	5:42.73	326				
	50m 36.43	100m 1:19.05	150m 2:05.46	200m 2:53.70	250m 3:39.51	300m 4:27.80	350m 5:04.79	400m 5:42.73	
		42.62	46.41	48.24	45.81	48.29	36.99	37.94	

35/39 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts
	DRUCKES, Peter	35	Bristol Hen	DNS	

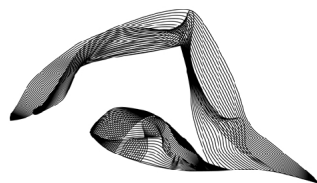


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EVENT 303 Men's 400m Individual Medley

40/44 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	THURSTON, Alex	41	NottmLeander	5:03.06	547			
	50m 30.75	100m 1:06.84	150m 1:46.83	200m 2:26.96	250m 3:10.62	300m 3:54.58	350m 4:29.46	400m 5:03.06
		36.09	39.99	40.13	43.66	43.96	34.88	33.60
2	BENNETT, Pip	41	Otter	5:22.16	455			
	50m 33.86	100m 1:14.03	150m 1:56.11	200m 2:38.22	250m 3:23.74	300m 4:11.12	350m 4:47.80	400m 5:22.16
		40.17	42.08	42.11	45.52	47.38	36.68	34.36
3	JOYCE, Simon	44	Kidlington	5:52.55	356			
	50m 37.90	100m 1:22.14	150m 2:05.56	200m 2:48.80	250m 3:37.23	300m 4:28.44	350m 5:11.23	400m 5:52.55
		44.24	43.42	43.24	48.43	51.21	42.79	41.32
	RILEY, Aaron	42	Co Chester	DNS				

45/49 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	JARDINE, David	46	Bicester	5:20.50	482			
	50m 32.78	100m 1:10.57	150m 1:50.98	200m 2:32.43	250m 3:17.33	300m 4:03.94	350m 4:42.20	400m 5:20.50
		37.79	40.41	41.45	44.90	46.61	38.26	38.30
2	SYMONS, Richard	48	Trafford Met	5:22.67	480			
	50m 33.33	100m 1:12.28	150m 1:55.34	200m 2:36.09	250m 3:22.84	300m 4:10.47	350m 4:48.58	400m 5:22.67
		38.95	43.06	40.75	46.75	47.63	38.11	34.09
3	LARI, Leonardo	47	York City	5:27.66	454			
	50m 34.76	100m 1:15.11	150m 2:00.61	200m 2:44.88	250m 3:27.31	300m 4:11.01	350m 4:50.73	400m 5:27.66
		40.35	45.50	44.27	42.43	43.70	39.72	36.93
4	RUSZ, Nicholas	48	Farnham	5:53.60	364			
	50m 32.82	100m 1:11.85	150m 1:59.81	200m 2:46.54	250m 3:38.39	300m 4:32.74	350m 5:14.21	400m 5:53.60
		39.03	47.96	46.73	51.85	54.35	41.47	39.39

50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	MORGAN, Christopher	50	Bo Newham	5:28.45	463			
	50m 35.50	100m 1:15.11	150m 2:01.03	200m 2:44.25	250m 3:30.33	300m 4:15.62	350m 4:53.32	400m 5:28.45
		39.61	45.92	43.22	46.08	45.29	37.70	35.13
2	HORNER, Steven	50	Eston	5:32.63	446			
	50m 31.83	100m 1:10.30	150m 1:54.06	200m 2:38.47	250m 3:24.11	300m 4:11.87	350m 4:52.67	400m 5:32.63
		38.47	43.76	44.41	45.64	47.76	40.80	39.96
3	WRIGHT, Gary	53	Worcester	5:34.65	456			
	50m 33.86	100m 1:14.69	150m 1:57.97	200m 2:41.88	250m 3:31.28	300m 4:21.83	350m 4:59.06	400m 5:34.65
		40.83	43.28	43.91	49.40	50.55	37.23	35.59
4	RANDS, Mark	51	Teddington	5:37.13	433			
	50m 34.80	100m 1:15.54	150m 2:01.32	200m 2:47.00	250m 3:35.28	300m 4:22.91	350m 5:01.17	400m 5:37.13
		40.74	45.78	45.68	48.28	47.63	38.26	35.96
5	DUNNETT, Keith	52	Silver City	5:51.68	387			
	50m 37.88	100m 1:24.00	150m 2:08.23	200m 2:51.71	250m 3:41.47	300m 4:30.28	350m 5:11.80	400m 5:51.68
		46.12	44.23	43.48	49.76	48.81	41.52	39.88
6	MILANA, Luca	50	Spencer	5:56.18	363			
	50m 38.36	100m 1:24.34	150m 2:08.35	200m 2:52.28	250m 3:40.67	300m 4:31.20	350m 5:14.88	400m 5:56.18
		45.98	44.01	43.93	48.39	50.53	43.68	41.30

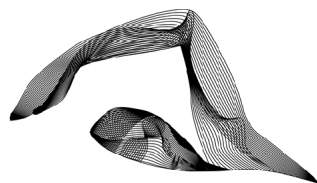


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EVENT 303 Men's 400m Individual Medley

50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
7	MITCHELL, Neil	52	Basingstoke	6:05.14	345			
	50m 37.59	100m 1:23.13	150m -	200m 3:01.11	250m 3:49.99	300m 4:40.02	350m 5:23.96	400m 6:05.14
		45.54	-	-	48.88	50.03	43.94	41.18
8	O'ROURKE, John	53	Team Luton	7:03.86	224			
	50m 48.74	100m 1:46.11	150m 2:42.23	200m 3:36.42	250m 4:36.73	300m 5:36.82	350m 6:22.12	400m 7:03.86
		57.37	56.12	54.19	1:00.31	1:00.09	45.30	41.74
	PETHERS, Dave	52	Basildon Ph	DNS				

55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	KINSEY, Sean	58	Stroud Mast	5:34.43	510			
	50m 35.13	100m 1:15.54	150m 2:00.12	200m 2:43.81	250m 3:31.69	300m 4:19.46	350m 4:58.42	400m 5:34.43
		40.41	44.58	43.69	47.88	47.77	38.96	36.01
2	GRANT, Matthew	58	Gates &Whick	5:49.68	446			
	50m 36.17	100m 1:17.51	150m 2:03.69	200m 2:48.97	250m 3:39.72	300m 4:31.25	350m 5:11.08	400m 5:49.68
		41.34	46.18	45.28	50.75	51.53	39.83	38.60
3	CLARKE, David	58	Wrekin SC	6:04.02	395			
	50m 35.95	100m 1:17.74	150m 2:03.89	200m 2:50.55	250m 3:43.18	300m 4:38.87	350m 5:21.95	400m 6:04.02
		41.79	46.15	46.66	52.63	55.69	43.08	42.07
4	GILBERTI, Caio	58	Barnes SC	6:26.66	330			
	50m 42.97	100m 1:33.68	150m 2:21.74	200m 3:12.16	250m 4:08.28	300m 5:04.02	350m 5:45.22	400m 6:26.66
		50.71	48.06	50.42	56.12	55.74	41.20	41.44

60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	TAINTY, Chris	62	Camphill Ed	5:49.36	514			
	50m 36.17	100m 1:16.54	150m 2:01.88	200m 2:47.11	250m 3:39.43	300m 4:32.62	350m 5:13.54	400m 5:49.36
		40.37	45.34	45.23	52.32	53.19	40.92	35.82
2	JONES, Mark	62	Warrington M	5:49.77	512			
	50m 39.03	100m 1:23.92	150m 2:11.63	200m 2:57.33	250m 3:47.03	300m 4:36.95	350m 5:14.68	400m 5:49.77
		44.89	47.71	45.70	49.70	49.92	37.73	35.09
3	ARNOLD, Rob	62	Trafford Met	6:02.95	458			
	50m 40.71	100m 1:24.20	150m 2:13.35	200m 3:02.86	250m 3:54.97	300m 4:48.52	350m 5:26.39	400m 6:02.95
		43.49	49.15	49.51	52.11	53.55	37.87	36.56
4	BARKER, Dale	60	Team Anglia	6:04.09	421			
	50m 37.33	100m 1:22.05	150m 2:10.43	200m 2:57.93	250m 3:52.09	300m 4:45.60	350m 5:26.04	400m 6:04.09
		44.72	48.38	47.50	54.16	53.51	40.44	38.05
5	LELEAN, Adam	60	East Anglian	6:19.12	373			
	50m 42.28	100m 1:31.28	150m 2:20.42	200m 3:10.70	250m 4:04.03	300m 4:59.36	350m 5:39.52	400m 6:19.12
		49.00	49.14	50.28	53.33	55.33	40.16	39.60
6	PROCTER, Neil	62	Barnet Copt	6:25.33	383			
	50m 39.87	100m 1:29.56	150m 2:21.53	200m 3:10.35	250m 4:02.08	300m 4:54.86	350m 5:41.84	400m 6:25.33
		49.69	51.97	48.82	51.73	52.78	46.98	43.49
7	ORCHARD, Chris	63	S Bournem'th	7:15.94	276			
	50m 56.76	100m 1:59.75	150m -	200m 4:00.07	250m 4:55.12	300m 5:49.67	350m 6:33.72	400m 7:15.94
		1:02.99	-	-	55.05	54.55	44.05	42.22

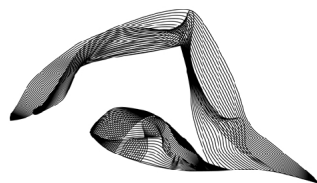


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EVENT 303 Men's 400m Individual Medley

60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts
	HAM, Stephen	60	Rochford	DSQ	
	7.6				

65/69 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	CLARK, Trevor	68	Birmingham M	6:20.57	532				
	50m 40.11	100m 1:30.10	150m 2:20.93	200m 3:10.45	250m 4:02.18	300m 4:56.09	350m 5:38.93	400m 6:20.57	
		49.99	50.83	49.52	51.73	53.91	42.84	41.64	
2	PIRRIE, David	65	Hemel Hemp	6:37.39	399				
	50m 41.16	100m 1:28.56	150m 2:25.04	200m 3:21.79	250m 4:12.02	300m 5:04.16	350m 5:51.55	400m 6:37.39	
		47.40	56.48	56.75	50.23	52.14	47.39	45.84	
3	PARKIN, Keith	68	Barnet Copt	7:01.31	392				
	50m 40.00	100m 1:33.55	150m 2:25.91	200m 3:23.69	250m 4:21.59	300m 5:21.81	350m 6:12.12	400m 7:01.31	
		53.55	52.36	57.78	57.90	1:00.22	50.31	49.19	
4	MAYES, Colin	67	Team Luton	7:06.10	359				
	50m 45.94	100m 1:42.49	150m 2:35.86	200m 3:28.73	250m 4:26.19	300m 5:27.26	350m 6:17.89	400m 7:06.10	
		56.55	53.37	52.87	57.46	1:01.07	50.63	48.21	
5	BARTON, Malcolm	67	Team Luton	7:30.79	303				
	50m 47.35	100m 1:43.24	150m 2:49.39	200m 3:55.81	250m 4:50.49	300m 5:46.73	350m 6:38.58	400m 7:30.79	
		55.89	1:06.15	1:06.42	54.68	56.24	51.85	52.21	

70/74 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	MCLELLAN, Stuart	73	Hadleigh	7:34.27	420				
	50m 48.88	100m 1:49.26	150m 2:46.42	200m 3:42.85	250m 4:49.09	300m 5:54.25	350m 6:45.53	400m 7:34.27	
		1:00.38	57.16	56.43	1:06.24	1:05.16	51.28	48.74	
2	MILLINGTON, Paul	70	Camphill Ed	8:03.23	291				
	50m 52.73	100m 1:51.72	150m 2:54.01	200m 3:58.30	250m 5:11.57	300m 6:23.22	350m 7:13.88	400m 8:03.23	
		58.99	1:02.29	1:04.29	1:13.27	1:11.65	50.66	49.35	

80/84 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	READ, Michael	81	Brighton	10:01.92	299				
	50m 2:46.39	100m -	150m 3:56.53	200m 5:13.53	250m 6:39.93	300m 8:08.86	350m 9:05.40	400m 10:01.92	
		-	-	1:17.00	1:26.40	1:28.93	56.54	56.52	



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