

Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 101 Men's/Women's 1500m Freestyle

Men's 18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	JONES, Adam	19	Trafford Met	16:55.95				
	50m 29.38	100m 1:01.27	150m 1:34.06	200m 2:06.89	250m 2:39.98	300m 3:13.48	350m 3:46.76	400m 4:20.15
		31.89	32.79	32.83	33.09	33.50	33.28	33.39
	450m 4:53.38	500m 5:26.90	550m 6:00.86	600m 6:34.91	650m 7:09.06	700m 7:43.80	750m 8:18.45	800m 8:52.99
	33.23	33.52	33.96	34.05	34.15	34.74	34.65	34.54
	850m 9:27.45	900m 10:02.30	950m 10:37.28	1000m 11:12.07	1050m 11:47.07	1100m 12:21.57	1150m 12:56.10	1200m 13:31.02
	34.46	34.85	34.98	34.79	35.00	34.50	34.53	34.92
	1250m 14:05.63	1300m 14:40.10	1350m 15:14.41	1400m 15:49.27	1450m 16:23.15	1500m 16:55.95		
	34.61	34.47	34.31	34.86	33.88	32.80		
2	CHAPMAN, Timon	20	Co Norwich	18:10.04				
	50m 30.03	100m 1:02.93	150m 1:37.00	200m 2:11.95	250m 2:47.45	300m 3:23.19	350m 3:58.93	400m 4:35.39
		32.90	34.07	34.95	35.50	35.74	35.74	36.46
	450m 5:12.04	500m 5:48.97	550m 6:25.55	600m 7:02.79	650m 7:39.84	700m 8:17.74	750m 8:55.56	800m 9:32.90
	36.65	36.93	36.58	37.24	37.05	37.90	37.82	37.34
	850m 10:09.89	900m 10:48.12	950m 11:25.82	1000m 12:02.95	1050m 12:39.99	1100m 13:17.53	1150m 13:55.05	1200m 14:32.29
	36.99	38.23	37.70	37.13	37.04	37.54	37.52	37.24
	1250m 15:09.63	1300m 15:46.32	1350m 16:22.97	1400m 16:59.88	1450m 17:36.28	1500m 18:10.04		
	37.34	36.69	36.65	36.91	36.40	33.76		
3	LECKONBY, Angus	20	Cleethorpes	19:04.91				
	50m 31.68	100m 1:07.70	150m 1:44.82	200m 2:22.27	250m 2:59.53	300m 3:37.67	350m 4:15.11	400m 4:53.02
		36.02	37.12	37.45	37.26	38.14	37.44	37.91
	450m 5:31.02	500m 6:09.36	550m 6:47.49	600m 7:26.25	650m 8:04.64	700m 8:42.80	750m 9:21.67	800m 10:00.26
	38.00	38.34	38.13	38.76	38.39	38.16	38.87	38.59
	850m 10:39.39	900m 11:18.61	950m 11:57.88	1000m 12:37.53	1050m 13:16.87	1100m 13:56.14	1150m 14:36.16	1200m 15:15.24
	39.13	39.22	39.27	39.65	39.34	39.27	40.02	39.08
	1250m 15:54.17	1300m 16:33.75	1350m 17:12.72	1400m 17:51.26	1450m 18:29.84	1500m 19:04.91		
	38.93	39.58	38.97	38.54	38.58	35.07		
4	NEVETT, Ethan	20	Stretford	19:59.49				
	50m 34.19	100m 1:13.12	150m 1:52.57	200m 2:32.71	250m 3:12.53	300m 3:52.74	350m 4:33.23	400m 5:13.50
		38.93	39.45	40.14	39.82	40.21	40.49	40.27
	450m 5:53.71	500m 6:33.91	550m 7:14.38	600m 7:53.98	650m 8:33.92	700m 9:14.38	750m 9:54.84	800m 10:35.13
	40.21	40.20	40.47	39.60	39.94	40.46	40.46	40.29
	850m 11:15.06	900m 11:55.59	950m 12:36.05	1000m 13:16.26	1050m 13:56.84	1100m 14:37.75	1150m 15:18.40	1200m 15:58.89
	39.93	40.53	40.46	40.21	40.58	40.91	40.65	40.49
	1250m 16:39.57	1300m 17:19.90	1350m 18:00.19	1400m 18:40.43	1450m 19:20.74	1500m 19:59.49		
	40.68	40.33	40.29	40.24	40.31	38.75		



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Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 101 Men's/Women's 1500m Freestyle

Men's 25/29 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts	
1	ARCHER, Lewis	25	Halstead	17:50.69								489	
	50m 29.97	100m 1:03.79	150m 1:38.29	200m 2:13.47	250m 2:48.78	300m 3:24.36	350m 4:00.02	400m 4:36.00					
		33.82	34.50	35.18	35.31	35.58	35.66	35.98					
	450m 5:12.55	500m 5:48.61	550m 6:24.66	600m 7:00.84	650m 7:37.24	700m 8:13.42	750m 8:49.33	800m 9:25.49					
	36.55	36.06	36.05	36.18	36.40	36.18	35.91	36.16					
	850m 10:01.69	900m 10:37.87	950m 11:13.96	1000m 11:50.36	1050m 12:26.51	1100m 13:03.11	1150m 13:39.55	1200m 14:16.32					
	36.20	36.18	36.09	36.40	36.15	36.60	36.44	36.77					
	1250m 14:52.51	1300m 15:28.65	1350m 16:04.64	1400m 16:40.51	1450m 17:15.49	1500m 17:50.69							
	36.19	36.14	35.99	35.87	34.98	35.20							
2	BARRATT, Sam	29	Manch Tri	17:59.32								509	
	50m 31.99	100m 1:06.97	150m 1:42.72	200m 2:18.61	250m 2:54.59	300m 3:30.71	350m 4:06.91	400m 4:43.08					
		34.98	35.75	35.89	35.98	36.12	36.20	36.17					
	450m 5:19.36	500m 5:55.43	550m 6:31.77	600m 7:08.23	650m 7:44.42	700m 8:20.70	750m 8:57.22	800m 9:33.54					
	36.28	36.07	36.34	36.46	36.19	36.28	36.52	36.32					
	850m 10:10.04	900m 10:46.21	950m 11:22.42	1000m 11:58.87	1050m 12:35.13	1100m 13:11.54	1150m 13:47.82	1200m 14:24.21					
	36.50	36.17	36.21	36.45	36.26	36.41	36.28	36.39					
	1250m 15:00.76	1300m 15:37.01	1350m 16:13.21	1400m 16:49.47	1450m 17:25.19	1500m 17:59.32							
	36.55	36.25	36.20	36.26	35.72	34.13							
3	ALLEN, Thomas	26	Flitwick	18:47.63								430	
	50m 33.00	100m 1:09.36	150m 1:46.60	200m 2:24.40	250m 3:02.37	300m 3:40.24	350m 4:18.44	400m 4:56.42					
		36.36	37.24	37.80	37.97	37.87	38.20	37.98					
	450m 5:34.68	500m 6:11.85	550m 6:49.93	600m 7:28.04	650m 8:05.83	700m 8:43.71	750m 9:21.62	800m 9:59.97					
	38.26	37.17	38.08	38.11	37.79	37.88	37.91	38.35					
	850m 10:38.07	900m 11:16.25	950m 11:54.27	1000m 12:31.46	1050m 13:09.62	1100m 13:47.67	1150m 14:25.63	1200m 15:03.95					
	38.10	38.18	38.02	37.19	38.16	38.05	37.96	38.32					
	1250m 15:42.08	1300m 16:20.00	1350m 16:57.91	1400m 17:35.89	1450m 18:13.48	1500m 18:47.63							
	38.13	37.92	37.91	37.98	37.59	34.15							
4	ABBOTT, James	29	Deepings	21:24.21								302	
	50m 35.24	100m 1:15.03	150m 1:56.49	200m 2:38.25	250m 3:20.61	300m 4:03.15	350m 4:45.67	400m 5:28.26					
		39.79	41.46	41.76	42.36	42.54	42.52	42.59					
	450m 6:11.32	500m -	550m 7:37.17	600m 8:20.33	650m 9:04.32	700m 9:47.21	750m 10:31.03	800m 11:14.44					
	43.06	-	-	43.16	43.99	42.89	43.82	43.41					
	850m 11:58.12	900m 12:41.42	950m 13:26.05	1000m 14:09.55	1050m 14:54.01	1100m 15:37.88	1150m 16:21.77	1200m 17:05.27					
	43.68	43.30	44.63	43.50	44.46	43.87	43.89	43.50					
	1250m 17:48.98	1300m 18:31.74	1350m 19:15.34	1400m 19:59.15	1450m 20:42.78	1500m 21:24.21							
	43.71	42.76	43.60	43.81	43.63	41.43							



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Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 101 Men's/Women's 1500m Freestyle

Men's 30/34 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	KNIGHT, Christopher	31	Trafford Met	16:10.04	703			
	50m 29.05	100m 1:00.86	150m 1:33.26	200m 2:05.81	250m 2:38.53	300m 3:11.33	350m 3:44.05	400m 4:16.88
		31.81	32.40	32.55	32.72	32.80	32.72	32.83
	450m 4:49.63	500m 5:22.46	550m 5:55.34	600m 6:28.15	650m 7:01.01	700m 7:33.83	750m 8:06.54	800m 8:39.29
	32.75	32.83	32.88	32.81	32.86	32.82	32.71	32.75
	850m 9:11.75	900m 9:44.25	950m 10:16.94	1000m 10:49.53	1050m 11:21.87	1100m 11:54.07	1150m 12:26.50	1200m 12:58.99
	32.46	32.50	32.69	32.59	32.34	32.20	32.43	32.49
	1250m 13:31.43	1300m 14:03.81	1350m 14:36.11	1400m 15:08.37	1450m 15:40.38	1500m 16:10.04		
	32.44	32.38	32.30	32.26	32.01	29.66		
2	MILLS, Daniel	31	Trafford Met	16:29.49	662			
	50m 28.95	100m 1:00.69	150m 1:33.07	200m 2:05.69	250m 2:38.39	300m 3:11.15	350m 3:43.77	400m 4:16.43
		31.74	32.38	32.62	32.70	32.76	32.62	32.66
	450m 4:49.18	500m 5:21.66	550m 5:54.11	600m 6:26.68	650m 6:59.20	700m 7:31.76	750m 8:04.16	800m 8:36.71
	32.75	32.48	32.45	32.57	32.52	32.56	32.40	32.55
	850m 9:09.41	900m 9:42.29	950m 10:15.85	1000m 10:49.58	1050m 11:22.37	1100m 11:56.25	1150m 12:31.19	1200m 13:06.15
	32.70	32.88	33.56	33.73	32.79	33.88	34.94	34.96
	1250m 13:39.86	1300m 14:13.09	1350m 14:46.93	1400m 15:21.62	1450m 15:56.10	1500m 16:29.49		
	33.71	33.23	33.84	34.69	34.48	33.39		
3	TANSINI, Michael	31	Co Cambridge	17:50.47	523			
	50m 30.74	100m 1:04.38	150m 1:39.10	200m 2:13.93	250m 2:49.35	300m 3:24.69	350m 4:00.23	400m 4:35.71
		33.64	34.72	34.83	35.42	35.34	35.54	35.48
	450m 5:11.48	500m 5:47.11	550m 6:23.15	600m 6:59.17	650m 7:35.34	700m 8:11.41	750m 8:47.35	800m 9:23.50
	35.77	35.63	36.04	36.02	36.17	36.07	35.94	36.15
	850m 9:59.64	900m 10:35.80	950m 11:11.76	1000m 11:47.72	1050m 12:24.07	1100m 13:00.28	1150m 13:36.71	1200m 14:13.45
	36.14	36.16	35.96	35.96	36.35	36.21	36.43	36.74
	1250m 14:50.09	1300m 15:26.65	1350m 16:03.29	1400m 16:39.96	1450m 17:16.07	1500m 17:50.47		
	36.64	36.56	36.64	36.67	36.11	34.40		
4	LEES, Matthew	33	Oldham Aqua	20:16.59	354			
	50m 33.34	100m 1:11.27	150m 1:50.37	200m 2:30.58	250m 3:10.72	300m 3:51.66	350m 4:32.96	400m 5:13.90
		37.93	39.10	40.21	40.14	40.94	41.30	40.94
	450m 5:54.52	500m 6:35.68	550m 7:16.86	600m 7:58.20	650m 8:39.30	700m 9:20.59	750m 10:01.91	800m 10:43.21
	40.62	41.16	41.18	41.34	41.10	41.29	41.32	41.30
	850m 11:24.56	900m 12:06.30	950m 12:47.81	1000m 13:29.49	1050m 14:10.72	1100m 14:52.37	1150m 15:33.03	1200m 16:14.28
	41.35	41.74	41.51	41.68	41.23	41.65	40.66	41.25
	1250m 16:55.28	1300m 17:36.48	1350m 18:17.51	1400m 18:58.09	1450m 19:38.26	1500m 20:16.59		
	41.00	41.20	41.03	40.58	40.17	38.33		
5	PEARSON, Daniel	34	Boston	24:05.14	211			
	50m 39.52	100m 1:23.51	150m 2:08.64	200m 2:55.90	250m 3:44.13	300m 4:33.13	350m 5:21.00	400m 6:09.91
		43.99	45.13	47.26	48.23	49.00	47.87	48.91
	450m 6:58.44	500m 7:46.46	550m 8:35.29	600m 9:23.93	650m 10:12.37	700m 11:01.00	750m 11:50.68	800m 12:40.41
	48.53	48.02	48.83	48.64	48.44	48.63	49.68	49.73
	850m 13:30.19	900m 14:19.56	950m 15:08.44	1000m 15:58.50	1050m 16:47.79	1100m 17:37.34	1150m 18:26.70	1200m 19:16.04
	49.78	49.37	48.88	50.06	49.29	49.55	49.36	49.34
	1250m 20:04.68	1300m 20:53.53	1350m 21:44.08	1400m 22:33.83	1450m 23:22.22	1500m 24:05.14		
	48.64	48.85	50.55	49.75	48.39	42.92		



Marketing Sheffield



Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 101 Men's/Women's 1500m Freestyle

Men's 35/39 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	GUICCIARDI, Gianluca	39	Enfield Sq	19:20.07	409			
	50m 34.10	100m 1:10.41	150m 1:47.33	200m 2:24.60	250m 3:02.71	300m 3:40.14	350m 4:18.00	400m 4:55.90
		36.31	36.92	37.27	38.11	37.43	37.86	37.90
	450m 5:34.08	500m 6:13.04	550m 6:51.31	600m 7:29.46	650m 8:08.17	700m 8:46.58	750m 9:25.11	800m 10:04.07
	38.18	38.96	38.27	38.15	38.71	38.41	38.53	38.96
	850m 10:43.39	900m 11:22.45	950m 12:01.30	1000m 12:40.81	1050m 13:21.17	1100m 14:00.68	1150m 14:40.71	1200m 15:20.85
	39.32	39.06	38.85	39.51	40.36	39.51	40.03	40.14
	1250m 16:00.54	1300m 16:41.09	1350m 17:22.03	1400m 18:02.62	1450m 18:42.42	1500m 19:20.07		
	39.69	40.55	40.94	40.59	39.80	37.65		
2	GRICE, Adam	36	East Leeds	20:16.97	352			
	50m 35.35	100m 1:14.55	150m 1:54.94	200m 2:35.56	250m 3:16.29	300m 3:57.38	350m 4:38.58	400m 5:20.07
		39.20	40.39	40.62	40.73	41.09	41.20	41.49
	450m 6:01.39	500m 6:42.37	550m 7:23.41	600m 8:04.89	650m 8:45.99	700m 9:27.04	750m 10:08.06	800m 10:48.89
	41.32	40.98	41.04	41.48	41.10	41.05	41.02	40.83
	850m 11:29.71	900m 12:11.06	950m 12:52.01	1000m 13:32.87	1050m 14:13.50	1100m 14:54.03	1150m 15:34.23	1200m 16:14.64
	40.82	41.35	40.95	40.86	40.63	40.53	40.20	40.41
	1250m 16:55.52	1300m 17:36.53	1350m 18:16.89	1400m 18:57.28	1450m 19:37.77	1500m 20:16.97		
	40.88	41.01	40.36	40.39	40.49	39.20		
3	WOODWARD, Pete	39	Beacon	24:12.10	208			
	50m 38.42	100m 1:22.99	150m 2:10.85	200m 2:59.65	250m 3:48.39	300m 4:38.42	350m 5:28.79	400m 6:18.52
		44.57	47.86	48.80	48.74	50.03	50.37	49.73
	450m 7:08.06	500m 7:57.13	550m 8:45.66	600m 9:34.67	650m 10:23.28	700m 11:11.89	750m 12:00.11	800m 12:48.35
	49.54	49.07	48.53	49.01	48.61	48.61	48.22	48.24
	850m 13:37.06	900m 14:26.91	950m 15:15.92	1000m 16:04.75	1050m 16:53.80	1100m 17:43.34	1150m 18:32.42	1200m 19:21.61
	48.71	49.85	49.01	48.83	49.05	49.54	49.08	49.19
	1250m 20:10.35	1300m 20:59.53	1350m 21:49.17	1400m 22:38.61	1450m 23:27.42	1500m 24:12.10		
	48.74	49.18	49.64	49.44	48.81	44.68		

Men's 40/44 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	VALENTINE, Nick	41	Gates & Whick	17:19.54	576			
	50m 30.55	100m 1:03.80	150m 1:37.59	200m 2:12.05	250m 2:46.73	300m 3:21.52	350m 3:56.35	400m 4:31.22
		33.25	33.79	34.46	34.68	34.79	34.83	34.87
	450m 5:06.12	500m 5:40.90	550m 6:15.86	600m 6:50.81	650m 7:25.80	700m 8:00.66	750m 8:35.76	800m 9:10.86
	34.90	34.78	34.96	34.95	34.99	34.86	35.10	35.10
	850m 9:45.96	900m 10:20.99	950m 10:56.01	1000m 11:31.25	1050m 12:06.20	1100m 12:41.50	1150m 13:16.77	1200m 13:51.81
	35.10	35.03	35.02	35.24	34.95	35.30	35.27	35.04
	1250m 14:27.19	1300m 15:02.31	1350m 15:37.42	1400m 16:11.96	1450m 16:46.77	1500m 17:19.54		
	35.38	35.12	35.11	34.54	34.81	32.77		



Marketing Sheffield



Swim England Masters National Championships (25m) 2022 Results

28-30 October | Ponds Forge, Sheffield



EVENT 101 Men's/Women's 1500m Freestyle

Men's 40/44 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
2	ELLIS, William	42	Lancing Col	18:19.09	493			
	50m 31.47	100m 1:05.68	150m 1:41.20	200m 2:17.40	250m 2:53.91	300m 3:30.76	350m 4:07.71	400m 4:44.94
		34.21	35.52	36.20	36.51	36.85	36.95	37.23
	450m 5:21.77	500m 5:58.91	550m 6:35.88	600m 7:12.89	650m 7:50.14	700m 8:27.23	750m 9:04.24	800m 9:41.67
	36.83	37.14	36.97	37.01	37.25	37.09	37.01	37.43
	850m 10:18.98	900m 10:55.90	950m 11:33.08	1000m 12:10.07	1050m 12:46.92	1100m 13:23.96	1150m 14:00.99	1200m 14:38.28
	37.31	36.92	37.18	36.99	36.85	37.04	37.03	37.29
	1250m 15:15.41	1300m 15:52.58	1350m 16:29.52	1400m 17:06.36	1450m 17:43.51	1500m 18:19.09		
	37.13	37.17	36.94	36.84	37.15	35.58		
3	BENNETT, Pip	41	Otter	18:26.24	478			
	50m 32.38	100m 1:07.44	150m 1:43.56	200m 2:19.85	250m 2:56.43	300m 3:33.32	350m 4:10.10	400m 4:46.87
		35.06	36.12	36.29	36.58	36.89	36.78	36.77
	450m 5:24.22	500m 6:01.29	550m 6:38.50	600m 7:15.84	650m 7:53.03	700m 8:30.29	750m 9:07.60	800m 9:45.09
	37.35	37.07	37.21	37.34	37.19	37.26	37.31	37.49
	850m 10:22.41	900m 10:59.59	950m 11:36.82	1000m 12:14.18	1050m 12:51.95	1100m 13:29.66	1150m 14:07.09	1200m 14:44.02
	37.32	37.18	37.23	37.36	37.77	37.71	37.43	36.93
	1250m 15:21.39	1300m 15:58.61	1350m 16:35.94	1400m 17:13.77	1450m 17:50.35	1500m 18:26.24		
	37.37	37.22	37.33	37.83	36.58	35.89		
4	JOYCE, Simon	44	Kidlington	19:11.31	440			
	50m 33.65	100m 1:11.10	150m 1:49.09	200m 2:27.59	250m 3:06.12	300m 3:44.72	350m 4:23.00	400m 5:01.07
		37.45	37.99	38.50	38.53	38.60	38.28	38.07
	450m 5:39.85	500m 6:18.56	550m 6:56.90	600m 7:35.21	650m 8:13.72	700m 8:52.28	750m 9:31.08	800m 10:10.11
	38.78	38.71	38.34	38.31	38.51	38.56	38.80	39.03
	850m 10:48.76	900m 11:27.98	950m 12:07.06	1000m 12:45.82	1050m 13:24.64	1100m 14:03.78	1150m 14:42.72	1200m 15:21.91
	38.65	39.22	39.08	38.76	38.82	39.14	38.94	39.19
	1250m 16:00.89	1300m 16:40.31	1350m 17:19.16	1400m 17:57.90	1450m 18:35.73	1500m 19:11.31		
	38.98	39.42	38.85	38.74	37.83	35.58		
5	WOOD, David	40	Wycombe Dist	20:50.93	328			
	50m 37.25	100m 1:16.57	150m 1:57.07	200m 2:38.23	250m 3:20.10	300m 4:01.99	350m 4:43.53	400m 5:25.30
		39.32	40.50	41.16	41.87	41.89	41.54	41.77
	450m 6:07.45	500m 6:49.02	550m 7:30.52	600m 8:12.15	650m 8:53.73	700m 9:35.50	750m 10:17.85	800m 11:00.14
	42.15	41.57	41.50	41.63	41.58	41.77	42.35	42.29
	850m 11:42.42	900m 12:24.84	950m 13:07.31	1000m 13:50.04	1050m 14:32.66	1100m 15:15.15	1150m 15:57.63	1200m 16:40.09
	42.28	42.42	42.47	42.73	42.62	42.49	42.48	42.46
	1250m 17:22.63	1300m 18:05.96	1350m 18:48.25	1400m 19:30.75	1450m 20:11.76	1500m 20:50.93		
	42.54	43.33	42.29	42.50	41.01	39.17		
6	ROSE, Adam	43	NottmLeander	21:59.07	288			
	50m 37.26	100m 1:17.94	150m -	200m 2:42.24	250m 3:25.47	300m 4:09.25	350m 4:53.64	400m 5:40.26
		40.68	-	-	43.23	43.78	44.39	46.62
	450m 6:24.36	500m 7:09.64	550m 7:55.31	600m 8:39.34	650m 9:25.22	700m 10:10.29	750m 10:55.47	800m 11:40.16
	44.10	45.28	45.67	44.03	45.88	45.07	45.18	44.69
	850m 12:24.96	900m 13:09.85	950m 13:55.12	1000m 14:39.56	1050m 15:24.17	1100m 16:07.98	1150m 16:52.23	1200m 17:36.83
	44.80	44.89	45.27	44.44	44.61	43.81	44.25	44.60
	1250m 18:20.82	1300m 19:04.97	1350m 19:48.19	1400m 20:31.96	1450m 21:14.82	1500m 21:59.07		
	43.99	44.15	43.22	43.77	42.86	44.25		
	WINN-SMITH, Matthew	43	Woking	DNS				



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 45/49 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	GIBBS, Stuart	49	TigersharksW	19:31.27	459			
	50m 34.06	100m 1:11.69	150m 1:50.24	200m 2:28.83	250m 3:08.30	300m 3:47.32	350m 4:26.44	400m 5:05.84
		37.63	38.55	38.59	39.47	39.02	39.12	39.40
	450m 5:44.92	500m 6:24.38	550m 7:03.78	600m 7:43.12	650m 8:22.83	700m 9:02.93	750m 9:42.68	800m 10:21.93
	39.08	39.46	39.40	39.34	39.71	40.10	39.75	39.25
	850m 11:01.47	900m 11:41.15	950m 12:21.11	1000m 13:01.09	1050m 13:40.38	1100m 14:19.43	1150m 14:58.46	1200m 15:37.90
	39.54	39.68	39.96	39.98	39.29	39.05	39.03	39.44
	1250m 16:17.23	1300m 16:56.18	1350m 17:35.41	1400m 18:14.75	1450m 18:53.72	1500m 19:31.27		
	39.33	38.95	39.23	39.34	38.97	37.55		
2	GASKIN, Nigel	45	G B Police	19:52.53	402			
	50m 32.61	100m 1:09.57	150m 1:47.65	200m 2:27.26	250m 3:06.92	300m 3:46.45	350m 4:26.13	400m 5:06.06
		36.96	38.08	39.61	39.66	39.53	39.68	39.93
	450m 5:46.04	500m 6:25.98	550m 7:05.43	600m 7:44.61	650m 8:24.26	700m 9:04.49	750m 9:45.01	800m 10:25.60
	39.98	39.94	39.45	39.18	39.65	40.23	40.52	40.59
	850m 11:05.77	900m 11:46.26	950m 12:26.90	1000m 13:08.34	1050m 13:48.70	1100m 14:28.25	1150m 15:08.60	1200m 15:48.89
	40.17	40.49	40.64	41.44	40.36	39.55	40.35	40.29
	1250m 16:29.63	1300m 17:10.20	1350m 17:50.76	1400m 18:31.74	1450m 19:12.59	1500m 19:52.53		
	40.74	40.57	40.56	40.98	40.85	39.94		
3	BANHAM, Gregory	48	Co Chester	20:26.09	392			
	50m 35.62	100m 1:14.76	150m 1:54.94	200m 2:35.48	250m 3:16.29	300m 3:57.09	350m 4:37.83	400m 5:18.36
		39.14	40.18	40.54	40.81	40.80	40.74	40.53
	450m 5:59.36	500m 6:39.98	550m 7:20.80	600m 8:01.52	650m 8:42.57	700m 9:23.40	750m 10:04.73	800m 10:45.32
	41.00	40.62	40.82	40.72	41.05	40.83	41.33	40.59
	850m 11:26.34	900m 12:07.34	950m 12:49.04	1000m 13:30.75	1050m 14:12.56	1100m 14:54.14	1150m 15:35.94	1200m 16:17.66
	41.02	41.00	41.70	41.71	41.81	41.58	41.80	41.72
	1250m 16:59.99	1300m 17:42.19	1350m 18:24.20	1400m 19:06.27	1450m 19:47.45	1500m 20:26.09		
	42.33	42.20	42.01	42.07	41.18	38.64		
4	RUSZ, Nicholas	48	Farnham	21:15.82	348			
	50m 33.80	100m 1:12.12	150m 1:52.26	200m 2:33.56	250m 3:15.41	300m -	350m -	400m 5:21.42
		38.32	40.14	41.30	41.85	-	-	-
	450m 6:03.58	500m 6:46.41	550m 7:28.94	600m 8:11.72	650m 9:37.51	700m 10:21.05	750m 11:04.64	800m 11:48.07
	42.16	42.83	42.53	42.78	1:25.79	43.54	43.59	43.43
	850m 12:30.98	900m -	950m 13:14.28	1000m 13:57.80	1050m 14:41.75	1100m 15:25.38	1150m 16:09.63	1200m 16:53.56
	42.91	-	-	43.52	43.95	43.63	44.25	43.93
	1250m 17:37.83	1300m 18:21.85	1350m 19:06.15	1400m 19:50.33	1450m 20:34.25	1500m 21:15.82		
	44.27	44.02	44.30	44.18	43.92	41.57		
5	PELLEGRINI, Phil	47	Barnes SC	21:33.20	327			
	50m 37.33	100m 1:18.44	150m 2:01.73	200m 2:45.83	250m 3:29.91	300m 4:14.03	350m 4:58.05	400m 5:42.06
		41.11	43.29	44.10	44.08	44.12	44.02	44.01
	450m 6:26.77	500m 7:11.74	550m 7:55.14	600m 8:39.05	650m 9:22.91	700m 10:06.77	750m 10:51.33	800m 11:34.23
	44.71	44.97	43.40	43.91	43.86	43.86	44.56	42.90
	850m 12:17.27	900m 13:00.72	950m 13:44.02	1000m 14:27.21	1050m 15:10.54	1100m 15:53.53	1150m 16:37.05	1200m 17:20.21
	43.04	43.45	43.30	43.19	43.33	42.99	43.52	43.16
	1250m 18:03.37	1300m 18:46.48	1350m 19:28.29	1400m 20:10.88	1450m 20:53.03	1500m 21:33.20		
	43.16	43.11	41.81	42.59	42.15	40.17		



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 45/49 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
6	SHEPHERD, Neil	46	Deepings	23:40.94	242				
	50m 40.41	100m 1:25.30	150m 2:11.66	200m 2:59.16	250m 3:46.64	300m 4:33.95	350m 5:21.16	400m 6:07.71	
		44.89	46.36	47.50	47.48	47.31	47.21	46.55	
	450m 6:54.37	500m 7:41.90	550m 8:28.78	600m 9:16.20	650m 10:03.73	700m 10:51.46	750m 11:39.42	800m 12:27.02	
	46.66	47.53	46.88	47.42	47.53	47.73	47.96	47.60	
	850m 13:14.98	900m 14:03.24	950m 14:50.90	1000m 15:38.62	1050m 16:26.93	1100m 17:15.25	1150m 18:03.98	1200m 18:51.45	
	47.96	48.26	47.66	47.72	48.31	48.32	48.73	47.47	
	1250m 19:39.75	1300m 20:28.21	1350m 21:16.63	1400m 22:05.45	1450m 22:53.38	1500m 23:40.94			
	48.30	48.46	48.42	48.82	47.93	47.56			

Men's 50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	OVINGTON, Colin	53	Gates &Whick	17:42.60	675				
	50m 32.22	100m 1:06.73	150m 1:42.03	200m 2:17.64	250m 2:53.20	300m 3:28.93	350m 4:04.63	400m 4:40.70	
		34.51	35.30	35.61	35.56	35.73	35.70	36.07	
	450m 5:16.31	500m 5:52.03	550m 6:27.71	600m 7:03.65	650m 7:39.38	700m 8:14.95	750m 8:50.62	800m 9:26.28	
	35.61	35.72	35.68	35.94	35.73	35.57	35.67	35.66	
	850m 10:01.87	900m 10:37.51	950m 11:13.00	1000m 11:48.82	1050m 12:24.42	1100m 13:00.03	1150m 13:35.57	1200m 14:11.04	
	35.59	35.64	35.49	35.82	35.60	35.61	35.54	35.47	
	1250m 14:46.63	1300m 15:22.28	1350m 15:58.01	1400m 16:33.52	1450m 17:09.02	1500m 17:42.60			
	35.59	35.65	35.73	35.51	35.50	33.58			
2	WALLACE, Ian	52	Bo Newham	18:58.19	536				
	50m 33.87	100m 1:10.17	150m 1:47.39	200m 2:25.28	250m 3:02.91	300m 3:40.95	350m 4:18.88	400m 4:57.03	
		36.30	37.22	37.89	37.63	38.04	37.93	38.15	
	450m 5:35.17	500m 6:13.70	550m 6:51.83	600m 7:30.43	650m 8:08.96	700m 8:47.63	750m 9:26.27	800m 10:04.80	
	38.14	38.53	38.13	38.60	38.53	38.67	38.64	38.53	
	850m 10:43.59	900m 11:22.08	950m 12:00.53	1000m 12:39.06	1050m 13:17.15	1100m 13:55.25	1150m 14:33.30	1200m 15:11.76	
	38.79	38.49	38.45	38.53	38.09	38.10	38.05	38.46	
	1250m 15:50.39	1300m 16:28.39	1350m 17:06.66	1400m 17:44.85	1450m 18:22.71	1500m 18:58.19			
	38.63	38.00	38.27	38.19	37.86	35.48			
3	PALFREY, Justin	51	Loughborough	19:25.76	488				
	50m 34.00	100m 1:11.06	150m 1:48.96	200m 2:27.21	250m 3:05.98	300m 3:44.83	350m 4:23.35	400m 5:02.25	
		37.06	37.90	38.25	38.77	38.85	38.52	38.90	
	450m 5:41.33	500m 6:20.60	550m 6:59.82	600m 7:39.32	650m 8:18.57	700m 8:57.77	750m 9:37.14	800m 10:16.41	
	39.08	39.27	39.22	39.50	39.25	39.20	39.37	39.27	
	850m 10:55.74	900m 11:35.01	950m 12:14.66	1000m 12:54.07	1050m 13:33.53	1100m 14:12.95	1150m 14:52.60	1200m 15:32.15	
	39.33	39.27	39.65	39.41	39.46	39.42	39.65	39.55	
	1250m 16:11.44	1300m 16:51.04	1350m 17:30.30	1400m 18:09.72	1450m 18:48.58	1500m 19:25.76			
	39.29	39.60	39.26	39.42	38.86	37.18			

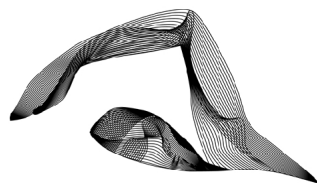


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Swim England Masters National Championships (25m) 2022 Results

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EVENT 101 Men's/Women's 1500m Freestyle

Men's 50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
4	BERREY, Simon	51	Spencer	20:04.91	442			
	50m 35.85	100m 1:14.21	150m 1:53.57	200m 2:33.49	250m 3:13.51	300m 3:53.87	350m 4:34.17	400m 5:14.75
		38.36	39.36	39.92	40.02	40.36	40.30	40.58
	450m 5:55.58	500m 6:36.46	550m 7:16.64	600m 7:57.17	650m 8:37.96	700m 9:18.76	750m 9:59.63	800m 10:40.61
	40.83	40.88	40.18	40.53	40.79	40.80	40.87	40.98
	850m 11:21.43	900m 12:02.38	950m 12:43.05	1000m 13:24.11	1050m 14:04.77	1100m 14:45.44	1150m 15:26.33	1200m 16:06.54
	40.82	40.95	40.67	41.06	40.66	40.67	40.89	40.21
	1250m 16:46.73	1300m 17:26.43	1350m 18:06.49	1400m 18:46.82	1450m 19:26.85	1500m 20:04.91		
	40.19	39.70	40.06	40.33	40.03	38.06		
5	SKINNER, David	53	Haringey	20:33.41	432			
	50m 36.12	100m 1:15.41	150m 1:55.87	200m 2:36.72	250m 3:17.26	300m 3:58.05	350m 4:38.75	400m 5:19.60
		39.29	40.46	40.85	40.54	40.79	40.70	40.85
	450m 6:00.20	500m 6:41.37	550m 7:22.38	600m 8:02.88	650m 8:43.76	700m 9:24.87	750m 10:07.19	800m 10:49.45
	40.60	41.17	41.01	40.50	40.88	41.11	42.32	42.26
	850m 11:30.80	900m 12:12.80	950m 12:53.94	1000m 13:36.40	1050m 14:17.59	1100m 15:00.07	1150m 15:41.33	1200m 16:23.55
	41.35	42.00	41.14	42.46	41.19	42.48	41.26	42.22
	1250m 17:04.92	1300m 17:46.98	1350m 18:29.93	1400m 19:11.76	1450m 19:53.05	1500m 20:33.41		
	41.37	42.06	42.95	41.83	41.29	40.36		
6	HILLIAR, Darryl	54	Elmbridge	21:51.24	368			
	50m 36.07	100m 1:17.08	150m 2:00.97	200m 2:43.75	250m 3:27.27	300m 4:10.70	350m 4:53.75	400m 5:38.08
		41.01	43.89	42.78	43.52	43.43	43.05	44.33
	450m 6:22.39	500m 7:06.43	550m 7:50.70	600m 8:35.38	650m 9:20.05	700m 10:03.76	750m 10:49.15	800m 11:34.41
	44.31	44.04	44.27	44.68	44.67	43.71	45.39	45.26
	850m 12:18.17	900m 13:03.78	950m 13:47.89	1000m 14:32.40	1050m 15:17.06	1100m 16:00.94	1150m 16:46.28	1200m 17:30.64
	43.76	45.61	44.11	44.51	44.66	43.88	45.34	44.36
	1250m 18:15.09	1300m 18:59.51	1350m 19:43.63	1400m 20:27.39	1450m 21:10.46	1500m 21:51.24		
	44.45	44.42	44.12	43.76	43.07	40.78		
7	YATES, Neil	54	Cosacss	23:52.26	282			
	50m 38.90	100m 1:23.04	150m 2:08.76	200m -	250m 3:42.86	300m 4:29.63	350m 5:17.04	400m 6:05.08
		44.14	45.72	-	-	46.77	47.41	48.04
	450m 6:52.60	500m 7:43.49	550m 8:32.74	600m 9:20.55	650m 10:10.53	700m 10:58.95	750m 11:46.98	800m 12:36.59
	47.52	50.89	49.25	47.81	49.98	48.42	48.03	49.61
	850m 13:25.42	900m -	950m 15:04.69	1000m 15:53.64	1050m 16:40.60	1100m 17:27.93	1150m 18:15.09	1200m 19:04.74
	48.83	-	-	48.95	46.96	47.33	47.16	49.65
	1250m 19:53.20	1300m 20:42.37	1350m 21:32.12	1400m 22:21.52	1450m 23:08.59	1500m 23:52.26		
	48.46	49.17	49.75	49.40	47.07	43.67		



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	MASON, Paul	55	Chichester	18:43.35	600			
	50m 32.21	100m 1:08.12	150m 1:45.23	200m 2:22.56	250m 3:00.67	300m 3:38.26	350m 4:15.94	400m 4:53.57
		35.91	37.11	37.33	38.11	37.59	37.68	37.63
	450m 5:31.69	500m 6:09.53	550m 6:47.07	600m 7:25.39	650m 8:03.33	700m 8:40.83	750m 9:18.62	800m 9:56.35
	38.12	37.84	37.54	38.32	37.94	37.50	37.79	37.73
	850m 10:34.65	900m 11:12.22	950m 11:50.46	1000m 12:28.71	1050m 13:06.88	1100m 13:44.94	1150m 14:22.87	1200m 15:00.69
	38.30	37.57	38.24	38.25	38.17	38.06	37.93	37.82
	1250m 15:38.38	1300m 16:16.44	1350m 16:53.83	1400m 17:31.80	1450m 18:08.97	1500m 18:43.35		
	37.69	38.06	37.39	37.97	37.17	34.38		
2	CARR, Andrew	56	East Leeds	18:57.81	591			
	50m 32.35	100m 1:07.03	150m 1:42.64	200m 2:18.76	250m 2:55.24	300m 3:31.93	350m 4:08.62	400m 4:45.70
		34.68	35.61	36.12	36.48	36.69	36.69	37.08
	450m 5:22.45	500m 5:59.69	550m 6:37.01	600m 7:14.31	650m 7:52.19	700m 8:30.41	750m 9:09.49	800m 9:48.94
	36.75	37.24	37.32	37.30	37.88	38.22	39.08	39.45
	850m 10:28.65	900m 11:08.43	950m 11:48.12	1000m 12:27.21	1050m 13:05.82	1100m 13:45.15	1150m 14:24.16	1200m 15:02.78
	39.71	39.78	39.69	39.09	38.61	39.33	39.01	38.62
	1250m 15:42.15	1300m 16:21.47	1350m 17:01.14	1400m 17:40.96	1450m 18:19.82	1500m 18:57.81		
	39.37	39.32	39.67	39.82	38.86	37.99		
3	EVANS, Richard	55	G B Police	19:02.45	570			
	50m 32.93	100m 1:09.43	150m 1:46.56	200m 2:24.64	250m 3:02.81	300m 3:41.10	350m 4:19.59	400m 4:58.16
		36.50	37.13	38.08	38.17	38.29	38.49	38.57
	450m 5:36.75	500m 6:15.05	550m 6:53.63	600m 7:32.13	650m 8:10.86	700m 8:49.46	750m 9:28.14	800m 10:06.50
	38.59	38.30	38.58	38.50	38.73	38.60	38.68	38.36
	850m 10:44.71	900m 11:23.06	950m 12:01.34	1000m 12:39.52	1050m 13:17.52	1100m 13:56.02	1150m 14:34.45	1200m 15:13.03
	38.21	38.35	38.28	38.18	38.00	38.50	38.43	38.58
	1250m 15:51.53	1300m 16:29.77	1350m 17:08.51	1400m 17:47.04	1450m 18:25.74	1500m 19:02.45		
	38.50	38.24	38.74	38.53	38.70	36.71		
4	ROBERTS, Clive	57	Co Chester	19:09.11	588			
	50m 34.20	100m 1:11.15	150m 1:48.96	200m 2:26.84	250m 3:04.63	300m 3:42.79	350m 4:21.06	400m 4:59.14
		36.95	37.81	37.88	37.79	38.16	38.27	38.08
	450m 5:37.44	500m 6:16.01	550m 6:54.50	600m 7:32.95	650m 8:11.39	700m 8:50.25	750m 9:29.33	800m 10:08.37
	38.30	38.57	38.49	38.45	38.44	38.86	39.08	39.04
	850m 10:47.25	900m 11:25.89	950m 12:04.65	1000m 12:43.21	1050m 13:22.23	1100m 14:00.83	1150m 14:39.32	1200m 15:18.27
	38.88	38.64	38.76	38.56	39.02	38.60	38.49	38.95
	1250m 15:57.04	1300m 16:35.77	1350m 17:15.09	1400m 17:53.86	1450m 18:32.64	1500m 19:09.11		
	38.77	38.73	39.32	38.77	38.78	36.47		
5	KINSEY, Sean	58	Stroud Mast	19:36.56	561			
	50m 35.52	100m -	150m 1:52.31	200m 2:31.08	250m 3:09.48	300m 3:48.52	350m 4:27.19	400m 5:05.83
		-	-	38.77	38.40	39.04	38.67	38.64
	450m 5:44.80	500m 6:23.99	550m 7:03.44	600m 7:43.00	650m 8:22.79	700m 9:02.64	750m 9:42.05	800m 10:21.93
	38.97	39.19	39.45	39.56	39.79	39.85	39.41	39.88
	850m 11:01.73	900m 11:41.42	950m 12:21.35	1000m 13:01.19	1050m 13:40.77	1100m 14:20.82	1150m 15:00.35	1200m 15:40.19
	39.80	39.69	39.93	39.84	39.58	40.05	39.53	39.84
	1250m 16:19.52	1300m 16:58.95	1350m 17:38.83	1400m 18:18.65	1450m 18:58.30	1500m 19:36.56		
	39.33	39.43	39.88	39.82	39.65	38.26		



Marketing Sheffield



Swim England Masters National Championships (25m) 2022 Results

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Swim England
Masters

EVENT 101 Men's/Women's 1500m Freestyle

Men's 55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
6	GRANT, Matthew	58	Gates &Whick	20:19.75	503				
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m 6:37.09	550m -	600m 7:58.97	650m 8:39.69	700m 9:20.81	750m 10:01.92	800m -	
					40.72	41.12	41.11		
	850m 11:23.96	900m 12:05.42	950m 12:47.08	1000m 13:28.32	1050m 14:09.80	1100m 14:51.18	1150m 15:32.62	1200m 16:14.11	
		41.46	41.66	41.24	41.48	41.38	41.44	41.49	
	1250m 16:55.48	1300m 17:37.34	1350m 18:18.75	1400m 19:00.40	1450m 19:41.26	1500m 20:19.75			
	41.37	41.86	41.41	41.65	40.86	38.49			
7	TAYLOR, Matthew	55	Spencer	20:20.66	467				
	50m 33.50	100m 1:11.29	150m 1:51.07	200m 2:31.76	250m 3:12.07	300m 3:53.16	350m 4:33.71	400m 5:14.89	
		37.79	39.78	40.69	40.31	41.09	40.55	41.18	
	450m 5:55.88	500m 6:37.20	550m 7:18.02	600m 7:59.17	650m 8:40.80	700m 9:22.31	750m 10:03.43	800m 10:45.22	
	40.99	41.32	40.82	41.15	41.63	41.51	41.12	41.79	
	850m 11:26.21	900m 12:08.25	950m 12:50.25	1000m 13:32.40	1050m 14:13.70	1100m 14:55.45	1150m 15:36.56	1200m 16:17.98	
	40.99	42.04	42.00	42.15	41.30	41.75	41.11	41.42	
	1250m 16:59.33	1300m 17:41.00	1350m 18:22.26	1400m 19:03.76	1450m 19:43.85	1500m 20:20.66			
	41.35	41.67	41.26	41.50	40.09	36.81			
8	GRISTWOOD, Andrew	58	Cleethorpes	20:42.47	476				
	50m 37.73	100m 1:17.97	150m 1:59.68	200m 2:41.31	250m 3:22.14	300m 4:03.14	350m 4:44.10	400m 5:25.26	
		40.24	41.71	41.63	40.83	41.00	40.96	41.16	
	450m 6:06.90	500m 6:47.66	550m 7:28.94	600m 8:09.81	650m 8:51.42	700m 9:32.41	750m 10:13.98	800m 10:55.91	
	41.64	40.76	41.28	40.87	41.61	40.99	41.57	41.93	
	850m 11:37.58	900m 12:19.80	950m 13:01.49	1000m 13:43.41	1050m 14:25.01	1100m 15:07.10	1150m 15:49.06	1200m 16:31.33	
	41.67	42.22	41.69	41.92	41.60	42.09	41.96	42.27	
	1250m 17:13.43	1300m 17:55.65	1350m 18:37.75	1400m 19:20.68	1450m 20:02.18	1500m 20:42.47			
	42.10	42.22	42.10	42.93	41.50	40.29			
9	HOOPER, Andrew	59	Teddington	21:13.48	452				
	50m 36.85	100m 1:16.92	150m 1:58.03	200m 2:40.03	250m 3:22.50	300m 4:05.26	350m 4:47.91	400m 5:30.74	
		40.07	41.11	42.00	42.47	42.76	42.65	42.83	
	450m 6:13.21	500m 6:56.07	550m 7:38.82	600m 8:21.61	650m 9:04.78	700m 9:47.77	750m 10:30.93	800m 11:14.06	
	42.47	42.86	42.75	42.79	43.17	42.99	43.16	43.13	
	850m 11:57.01	900m 12:40.34	950m 13:23.41	1000m 14:06.67	1050m 14:49.93	1100m 15:32.95	1150m 16:16.17	1200m 16:58.99	
	42.95	43.33	43.07	43.26	43.26	43.02	43.22	42.82	
	1250m 17:42.30	1300m 18:25.35	1350m 19:08.52	1400m 19:51.86	1450m 20:34.89	1500m 21:13.48			
	43.31	43.05	43.17	43.34	43.03	38.59			
10	CONRAD-JONES, Matthew	55	MwayMaritime	23:18.46	311				
	50m 38.00	100m 1:19.89	150m 2:03.42	200m 2:48.78	250m 3:34.35	300m 4:20.73	350m 5:06.66	400m 5:53.19	
		41.89	43.53	45.36	45.57	46.38	45.93	46.53	
	450m 6:39.49	500m 7:26.91	550m 8:13.47	600m 9:00.61	650m 9:47.68	700m 10:35.12	750m 11:22.00	800m 12:08.77	
	46.30	47.42	46.56	47.14	47.07	47.44	46.88	46.77	
	850m 12:56.07	900m 13:43.84	950m 14:30.30	1000m 15:18.72	1050m 16:06.07	1100m 16:54.13	1150m 17:41.87	1200m -	
	47.30	47.77	46.46	48.42	47.35	48.06	47.74	-	
	1250m 19:18.83	1300m 20:06.53	1350m 20:54.62	1400m 21:42.59	1450m 22:30.86	1500m 23:18.46			
	-	47.70	48.09	47.97	48.27	47.60			



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
11	DARBY, John	55	Co Oxford	26:08.29	220				
	50m 45.66	100m 1:36.95	150m 2:29.85	200m 3:22.30	250m 4:15.11	300m 5:08.66	350m 6:02.65	400m 6:56.14	
		51.29	52.90	52.45	52.81	53.55	53.99	53.49	
	450m 7:48.61	500m 8:41.34	550m 9:34.22	600m 10:27.15	650m 11:19.58	700m 12:11.91	750m 13:05.25	800m 13:57.52	
	52.47	52.73	52.88	52.93	52.43	52.33	53.34	52.27	
	850m 14:49.45	900m 15:41.62	950m 16:33.98	1000m 17:25.93	1050m 18:17.92	1100m 19:10.43	1150m 20:03.05	1200m 20:55.49	
	51.93	52.17	52.36	51.95	51.99	52.51	52.62	52.44	
	1250m 21:47.31	1300m 22:39.38	1350m 23:31.61	1400m 24:24.07	1450m 25:15.81	1500m 26:08.29			
	51.82	52.07	52.23	52.46	51.74	52.48			
	BRADFORD, Martin	55	Out To Swim	DNS					

Men's 60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	JONES, Mark	62	Warrington M	19:18.61	643				
	50m 35.24	100m 1:13.06	150m 1:51.50	200m 2:30.06	250m 3:08.52	300m 3:46.98	350m 4:25.50	400m 5:04.48	
		37.82	38.44	38.56	38.46	38.46	38.52	38.98	
	450m 5:43.16	500m 6:22.08	550m 7:00.39	600m 7:39.27	650m 8:18.08	700m 8:57.03	750m 9:35.89	800m 10:15.11	
	38.68	38.92	38.31	38.88	38.81	38.95	38.86	39.22	
	850m 10:53.98	900m 11:33.10	950m 12:12.28	1000m 12:51.30	1050m 13:30.29	1100m 14:09.46	1150m 14:48.48	1200m 15:27.81	
	38.87	39.12	39.18	39.02	38.99	39.17	39.02	39.33	
	1250m 16:06.91	1300m 16:46.29	1350m 17:24.70	1400m 18:03.79	1450m 18:41.78	1500m 19:18.61			
	39.10	39.38	38.41	39.09	37.99	36.83			
2	TAINTY, Chris	62	Camphill Ed	19:29.85	625				
	50m 36.55	100m 1:15.11	150m 1:54.64	200m 2:33.99	250m 3:13.05	300m 3:52.18	350m 4:30.85	400m 5:09.59	
		38.56	39.53	39.35	39.06	39.13	38.67	38.74	
	450m 5:48.59	500m 6:27.55	550m 7:06.63	600m 7:45.23	650m 8:24.41	700m 9:03.36	750m 9:42.14	800m 10:21.10	
	39.00	38.96	39.08	38.60	39.18	38.95	38.78	38.96	
	850m 11:00.27	900m 11:39.28	950m 12:18.27	1000m 12:57.48	1050m 13:36.73	1100m 14:16.09	1150m 14:55.15	1200m 15:34.66	
	39.17	39.01	38.99	39.21	39.25	39.36	39.06	39.51	
	1250m 16:14.08	1300m 16:54.01	1350m 17:33.66	1400m 18:13.04	1450m 18:52.16	1500m 19:29.85			
	39.42	39.93	39.65	39.38	39.12	37.69			
3	BARKER, Dale	60	Team Anglia	19:45.39	574				
	50m 35.96	100m 1:14.48	150m 1:53.87	200m 2:33.54	250m 3:13.21	300m 3:52.96	350m 4:32.71	400m 5:12.30	
		38.52	39.39	39.67	39.67	39.75	39.75	39.59	
	450m 5:52.17	500m 6:32.05	550m 7:11.78	600m 7:51.53	650m 8:31.29	700m 9:10.96	750m 9:50.83	800m 10:30.59	
	39.87	39.88	39.73	39.75	39.76	39.67	39.87	39.76	
	850m 11:10.36	900m 11:50.25	950m 12:30.24	1000m 13:10.25	1050m 13:50.14	1100m 14:30.17	1150m 15:09.84	1200m 15:49.77	
	39.77	39.89	39.99	40.01	39.89	40.03	39.67	39.93	
	1250m 16:29.44	1300m 17:09.28	1350m 17:48.93	1400m 18:28.31	1450m 19:07.81	1500m 19:45.39			
	39.67	39.84	39.65	39.38	39.50	37.58			



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
4	PARKES, Nicholas	61	Harrogate	20:02.83	562			
	50m 36.05	100m 1:14.92	150m 1:54.62	200m 2:34.58	250m 3:14.34	300m 3:54.42	350m 4:34.52	400m 5:14.72
		38.87	39.70	39.96	39.76	40.08	40.10	40.20
	450m 5:54.99	500m 6:35.09	550m 7:15.26	600m 7:55.30	650m 8:35.51	700m 9:15.70	750m 9:55.91	800m 10:36.34
	40.27	40.10	40.17	40.04	40.21	40.19	40.21	40.43
	850m 11:16.66	900m 11:57.15	950m 12:37.72	1000m 13:18.48	1050m 13:59.14	1100m 14:39.58	1150m 15:20.04	1200m 16:00.82
	40.32	40.49	40.57	40.76	40.66	40.44	40.46	40.78
	1250m 16:41.51	1300m 17:22.03	1350m 18:02.52	1400m 18:43.00	1450m 19:23.41	1500m 20:02.83		
	40.69	40.52	40.49	40.48	40.41	39.42		
5	HAM, Stephen	60	Rochford	20:20.43	526			
	50m 35.67	100m 1:14.35	150m 1:54.28	200m 2:34.60	250m 3:15.63	300m 3:56.76	350m 4:37.50	400m 5:18.32
		38.68	39.93	40.32	41.03	41.13	40.74	40.82
	450m 5:59.21	500m 6:40.26	550m 7:21.01	600m 8:01.80	650m 8:42.48	700m 9:23.43	750m 10:04.56	800m 10:45.51
	40.89	41.05	40.75	40.79	40.68	40.95	41.13	40.95
	850m 11:26.61	900m 12:07.38	950m 12:48.54	1000m 13:29.83	1050m 14:10.80	1100m 14:51.88	1150m 15:32.80	1200m 16:13.62
	41.10	40.77	41.16	41.29	40.97	41.08	40.92	40.82
	1250m 16:54.70	1300m 17:35.79	1350m 18:16.80	1400m 18:57.63	1450m 19:38.65	1500m 20:20.43		
	41.08	41.09	41.01	40.83	41.02	41.78		
6	STRAKOSCH, Mark	61	Hemel Hemp	20:21.18	537			
	50m 34.77	100m 1:13.33	150m 1:53.38	200m 2:33.70	250m 3:14.00	300m 3:54.85	350m 4:35.82	400m 5:16.65
		38.56	40.05	40.32	40.30	40.85	40.97	40.83
	450m 5:57.79	500m 6:39.39	550m 7:20.74	600m 8:02.18	650m 8:43.80	700m 9:24.87	750m 10:06.12	800m 10:47.05
	41.14	41.60	41.35	41.44	41.62	41.07	41.25	40.93
	850m 11:28.53	900m 12:09.76	950m 12:50.48	1000m 13:32.18	1050m 14:13.36	1100m 14:54.76	1150m 15:35.75	1200m 16:17.09
	41.48	41.23	40.72	41.70	41.18	41.40	40.99	41.34
	1250m 16:58.06	1300m 17:38.99	1350m 18:19.98	1400m 19:01.83	1450m 19:43.22	1500m 20:21.18		
	40.97	40.93	40.99	41.85	41.39	37.96		
7	LELEAN, Adam	60	East Anglian	20:48.12	492			
	50m 35.46	100m 1:14.25	150m -	200m 2:35.81	250m 3:16.83	300m 3:58.05	350m -	400m 5:21.54
		38.79	-	-	41.02	41.22	-	-
	450m -	500m 6:46.10	550m -	600m 8:10.67	650m 8:52.66	700m 9:34.95	750m -	800m 10:59.18
	-	-	-	-	41.99	42.29	-	-
	850m -	900m -	950m 13:05.48	1000m 13:47.94	1050m -	1100m 15:12.12	1150m 15:54.57	1200m -
	-	-	-	42.46	-	-	42.45	-
	1250m 17:18.98	1300m -	1350m -	1400m 19:25.15	1450m -	1500m 20:48.12		
	-	-	-	-	-	-		
8	TALLENTIRE, Paul	60	Carlisle Aq	21:10.97	466			
	50m 37.92	100m 1:18.63	150m 2:00.21	200m 2:41.89	250m 3:24.08	300m 4:06.06	350m 4:48.14	400m 5:30.39
		40.71	41.58	41.68	42.19	41.98	42.08	42.25
	450m 6:12.86	500m 6:55.26	550m 7:37.76	600m 8:20.80	650m -	700m 10:28.29	750m -	800m 11:11.05
	42.47	42.40	42.50	43.04	-	-	-	-
	850m 11:53.84	900m 12:37.08	950m 13:20.18	1000m 14:02.51	1050m 14:45.68	1100m 15:28.50	1150m 16:11.57	1200m -
	42.79	43.24	43.10	42.33	43.17	42.82	43.07	-
	1250m 17:37.94	1300m 18:21.46	1350m 19:04.70	1400m -	1450m 20:30.16	1500m 21:10.97		
	-	43.52	43.24	-	-	40.81		



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
9	ALLEN, Patrick	60	Woking	22:41.86	378			
	50m 40.72	100m 1:25.52	150m 2:10.76	200m 2:56.44	250m 3:42.09	300m 4:27.49	350m 5:13.49	400m 5:58.99
		44.80	45.24	45.68	45.65	45.40	46.00	45.50
	450m 6:45.00	500m 7:31.07	550m 8:18.07	600m 9:03.60	650m 9:49.30	700m 10:34.83	750m 11:20.22	800m 12:06.14
	46.01	46.07	47.00	45.53	45.70	45.53	45.39	45.92
	850m 12:51.75	900m 13:37.43	950m 14:23.38	1000m 15:08.63	1050m 15:54.21	1100m 16:39.67	1150m 17:24.68	1200m 18:10.09
	45.61	45.68	45.95	45.25	45.58	45.46	45.01	45.41
	1250m 18:56.05	1300m 19:41.26	1350m 20:26.98	1400m 21:12.58	1450m 21:57.77	1500m 22:41.86		
	45.96	45.21	45.72	45.60	45.19	44.09		

Men's 65/69 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	WEATHERBURN, Neil	67	Teddington	22:29.77	455			
	50m -	100m -	150m 2:06.88	200m -	250m -	300m -	350m 5:08.13	400m -
			-				-	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
	1250m 18:45.83	1300m -	1350m -	1400m -	1450m -	1500m 22:29.77		
2	MURRAY, Ian	65	Flitwick	22:39.04	426			
	50m 41.59	100m 1:26.28	150m 2:12.50	200m 2:58.63	250m 3:44.47	300m 4:29.22	350m 5:15.39	400m 6:01.88
		44.69	46.22	46.13	45.84	44.75	46.17	46.49
	450m 6:47.02	500m 7:32.99	550m 8:19.06	600m 9:04.93	650m 9:50.81	700m 10:36.48	750m 11:22.27	800m 12:07.60
	45.14	45.97	46.07	45.87	45.88	45.67	45.79	45.33
	850m 12:52.88	900m 13:38.61	950m 14:24.38	1000m 15:10.14	1050m 15:54.44	1100m 16:39.49	1150m 17:24.56	1200m 18:10.81
	45.28	45.73	45.77	45.76	44.30	45.05	45.07	46.25
	1250m 18:56.00	1300m 19:41.52	1350m 20:26.80	1400m 21:11.74	1450m 21:57.36	1500m 22:39.04		
	45.19	45.52	45.28	44.94	45.62	41.68		
3	MINNS, Nick	69	Team Wavene	24:19.93	378			
	50m 44.67	100m 1:32.28	150m 2:20.69	200m 3:09.76	250m 3:58.56	300m 4:47.01	350m 5:35.67	400m 6:24.46
		47.61	48.41	49.07	48.80	48.45	48.66	48.79
	450m 7:13.20	500m 8:01.53	550m 8:50.02	600m 9:38.66	650m 10:27.71	700m 11:17.12	750m 12:05.62	800m 12:55.10
	48.74	48.33	48.49	48.64	49.05	49.41	48.50	49.48
	850m 13:44.59	900m 14:33.58	950m 15:22.69	1000m 16:12.20	1050m 17:01.70	1100m 17:50.97	1150m 18:39.77	1200m 19:29.38
	49.49	48.99	49.11	49.51	49.50	49.27	48.80	49.61
	1250m 20:19.08	1300m 21:08.26	1350m 21:57.09	1400m 22:46.09	1450m 23:33.78	1500m 24:19.93		
	49.70	49.18	48.83	49.00	47.69	46.15		



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 70/74 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	MCLELLAN, Stuart	73	Hadleigh	25:00.52	393				
	50m -	100m 1:31.71	150m 2:21.55	200m 3:11.26	250m 4:01.74	300m -	350m 5:42.66	400m 6:33.41	
		-	49.84	49.71	50.48	-	-	50.75	
	450m 7:23.36	500m 8:14.69	550m 9:05.51	600m 9:56.34	650m 10:47.15	700m 11:37.94	750m 12:28.31	800m 13:18.92	
	49.95	51.33	50.82	50.83	50.81	50.79	50.37	50.61	
	850m -	900m 15:00.38	950m -	1000m 16:41.73	1050m 17:32.48	1100m 18:22.99	1150m 19:13.48	1200m 20:03.66	
	-	-	-	-	50.75	50.51	50.49	50.18	
	1250m -	1300m 22:34.26	1350m -	1400m 23:24.49	1450m 24:12.97	1500m 25:00.52			
	-	-	-	-	48.48	47.55			
2	MILLINGTON, Paul	70	Camphill Ed	26:46.13	292				
	50m 49.16	100m 1:42.96	150m 2:38.63	200m 3:34.22	250m 4:29.24	300m 5:25.10	350m 6:19.93	400m 7:16.16	
		53.80	55.67	55.59	55.02	55.86	54.83	56.23	
	450m 8:11.37	500m 9:06.92	550m 10:02.96	600m 10:58.84	650m 11:54.18	700m 12:50.61	750m 13:45.54	800m 14:40.87	
	55.21	55.55	56.04	55.88	55.34	56.43	54.93	55.33	
	850m 15:36.64	900m 16:33.16	950m 17:29.63	1000m 18:25.44	1050m 19:21.17	1100m 20:16.36	1150m 21:12.27	1200m 22:07.31	
	55.77	56.52	56.47	55.81	55.73	55.19	55.91	55.04	
	1250m 23:01.93	1300m 23:57.97	1350m 24:54.12	1400m 25:50.39	1450m 26:46.13	1500m 26:46.13			
	54.62	56.04	56.15	56.27	55.74	-			
3	MANSI, Terence	73	Hadleigh	30:12.70	223				
	50m 51.17	100m 1:48.98	150m 2:47.58	200m 3:47.56	250m 4:46.20	300m 5:45.76	350m 6:45.24	400m 7:44.53	
		57.81	58.60	59.98	58.64	59.56	59.48	59.29	
	450m 8:43.35	500m 9:42.92	550m 10:42.24	600m 11:43.01	650m 12:43.19	700m 13:44.29	750m 14:45.52	800m 15:46.94	
	58.82	59.57	59.32	1:00.77	1:00.18	1:01.10	1:01.23	1:01.42	
	850m 16:49.39	900m 17:51.35	950m 18:54.24	1000m 19:56.16	1050m 20:57.11	1100m 21:58.98	1150m 23:01.47	1200m 24:04.04	
	1:02.45	1:01.96	1:02.89	1:01.92	1:00.95	1:01.87	1:02.49	1:02.57	
	1250m 25:06.64	1300m 26:09.12	1350m 27:10.92	1400m 28:12.21	1450m 29:13.36	1500m 30:12.70			
	1:02.60	1:02.48	1:01.80	1:01.29	1:01.15	59.34			

Men's 75/79 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	PARR, Derek	78	Otter	25:30.48	463				
	50m 45.07	100m 1:34.48	150m 2:24.57	200m 3:15.08	250m 4:05.73	300m 4:57.02	350m 5:47.78	400m 6:39.18	
		49.41	50.09	50.51	50.65	51.29	50.76	51.40	
	450m 7:29.72	500m 8:20.78	550m 9:11.93	600m 10:03.46	650m 10:54.78	700m 11:46.58	750m 12:38.33	800m 13:30.43	
	50.54	51.06	51.15	51.53	51.32	51.80	51.75	52.10	
	850m 14:22.13	900m 15:14.65	950m 16:06.91	1000m 16:59.02	1050m 17:50.44	1100m 18:42.25	1150m 19:33.99	1200m 20:26.22	
	51.70	52.52	52.26	52.11	51.42	51.81	51.74	52.23	
	1250m 21:17.41	1300m 22:09.18	1350m 23:00.67	1400m 23:51.26	1450m 24:42.44	1500m 25:30.48			
	51.19	51.77	51.49	50.59	51.18	48.04			



Marketing Sheffield



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EVENT 101 Men's/Women's 1500m Freestyle

Men's 75/79 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
2	STEPHENS, Peter	75	Spencer	26:36.05	353			
	50m 47.56	100m 1:38.89	150m 2:32.39	200m 3:26.18	250m 4:19.35	300m 5:13.05	350m 6:05.09	400m 6:58.13
		51.33	53.50	53.79	53.17	53.70	52.04	53.04
	450m 7:50.56	500m 8:43.10	550m 9:36.86	600m 10:30.55	650m 11:23.47	700m 12:17.39	750m 13:10.67	800m 14:04.42
	52.43	52.54	53.76	53.69	52.92	53.92	53.28	53.75
	850m 14:57.79	900m 15:52.33	950m 16:46.64	1000m 17:39.74	1050m 18:32.82	1100m 19:27.93	1150m 20:21.68	1200m 21:16.52
	53.37	54.54	54.31	53.10	53.08	55.11	53.75	54.84
	1250m 22:10.88	1300m 23:05.30	1350m 23:59.49	1400m 24:53.27	1450m 25:47.11	1500m 26:36.05		
	54.36	54.42	54.19	53.78	53.84	48.94		

Men's 80/84 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	READ, Michael	81	Brighton	30:14.41	334			
	50m 52.02	100m 1:46.95	150m 2:45.36	200m 3:45.03	250m 4:44.01	300m 5:45.36	350m 6:45.59	400m 7:46.90
		54.93	58.41	59.67	58.98	1:01.35	1:00.23	1:01.31
	450m 8:48.80	500m 9:50.22	550m 10:52.31	600m 11:54.84	650m 12:55.22	700m 13:55.89	750m 14:58.00	800m 15:59.45
	1:01.90	1:01.42	1:02.09	1:02.53	1:00.38	1:00.67	1:02.11	1:01.45
	850m 17:00.59	900m 18:01.56	950m 19:03.19	1000m 20:04.67	1050m 21:05.61	1100m 22:06.12	1150m 23:08.47	1200m 24:09.11
	1:01.14	1:00.97	1:01.63	1:01.48	1:00.94	1:00.51	1:02.35	1:00.64
	1250m 25:10.16	1300m 26:11.87	1350m 27:13.64	1400m 28:16.06	1450m 29:15.36	1500m 30:14.41		
	1:01.05	1:01.71	1:01.77	1:02.42	59.30	59.05		

Women's 18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	LEWIS, Fleur	19	Barnet Copt	16:10.07				
	50m 30.21	100m 1:02.75	150m 1:35.34	200m 2:08.00	250m 2:40.54	300m 3:13.18	350m 3:45.70	400m 4:18.24
		32.54	32.59	32.66	32.54	32.64	32.52	32.54
	450m 4:51.07	500m 5:23.59	550m 5:56.22	600m 6:28.76	650m 7:01.31	700m 7:34.03	750m 8:06.46	800m 8:38.94
	32.83	32.52	32.63	32.54	32.55	32.72	32.43	32.48
	850m 9:11.30	900m 9:43.82	950m 10:16.50	1000m 10:48.91	1050m 11:21.19	1100m 11:53.55	1150m 12:25.84	1200m 12:58.17
	32.36	32.52	32.68	32.41	32.28	32.36	32.29	32.33
	1250m 13:30.77	1300m 14:03.22	1350m 14:35.39	1400m 15:07.56	1450m 15:39.67	1500m 16:10.07		
	32.60	32.45	32.17	32.17	32.11	30.40		
2	SWIFT, Hannah	18	Wrexham	18:47.76				
	50m 32.44	100m 1:07.85	150m 1:44.11	200m 2:21.12	250m 2:58.51	300m 3:36.55	350m 4:14.47	400m 4:52.37
		35.41	36.26	37.01	37.39	38.04	37.92	37.90
	450m 5:30.24	500m 6:08.00	550m 6:46.02	600m 7:24.02	650m 8:01.87	700m 8:39.66	750m 9:17.80	800m 9:56.03
	37.87	37.76	38.02	38.00	37.85	37.79	38.14	38.23
	850m 10:33.83	900m 11:11.78	950m 11:49.85	1000m 12:28.15	1050m 13:06.02	1100m 13:44.20	1150m 14:22.28	1200m 15:00.51
	37.80	37.95	38.07	38.30	37.87	38.18	38.08	38.23
	1250m 15:38.62	1300m 16:16.85	1350m 16:55.15	1400m 17:33.13	1450m 18:10.81	1500m 18:47.76		
	38.11	38.23	38.30	37.98	37.68	36.95		

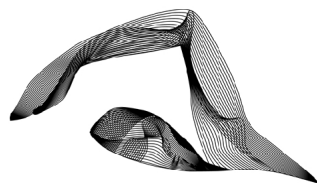


Marketing Sheffield



Swim England Masters National Championships (25m) 2022 Results

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EVENT 101 Men's/Women's 1500m Freestyle

Women's 18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
3	DAVIES, Lois	19	Cardiff Mast	19:46.52				
	50m 34.10	100m 1:11.01	150m 1:48.81	200m 2:27.41	250m 3:06.34	300m 3:45.80	350m 4:25.11	400m 5:04.52
		36.91	37.80	38.60	38.93	39.46	39.31	39.41
	450m 5:44.23	500m 6:23.97	550m 7:04.11	600m 7:43.93	650m 8:24.06	700m 9:04.46	750m 9:44.52	800m 10:24.83
	39.71	39.74	40.14	39.82	40.13	40.40	40.06	40.31
	850m 11:05.21	900m 11:45.80	950m 12:26.22	1000m 13:06.69	1050m 13:47.09	1100m 14:27.53	1150m 15:07.95	1200m 15:48.26
	40.38	40.59	40.42	40.47	40.40	40.44	40.42	40.31
	1250m 16:28.81	1300m 17:08.73	1350m 17:48.98	1400m 18:29.51	1450m 19:08.49	1500m 19:46.52		
	40.55	39.92	40.25	40.53	38.98	38.03		
4	MCDONALD, Ellen	23	Northampton	19:53.09				
	50m 34.39	100m 1:12.56	150m 1:51.63	200m 2:31.52	250m 3:10.83	300m 3:50.66	350m 4:30.71	400m 5:10.19
		38.17	39.07	39.89	39.31	39.83	40.05	39.48
	450m 5:50.13	500m 6:30.02	550m 7:09.30	600m 7:48.84	650m 8:29.34	700m 9:09.86	750m 9:50.69	800m 10:31.37
	39.94	39.89	39.28	39.54	40.50	40.52	40.83	40.68
	850m 11:11.42	900m 11:51.94	950m 12:32.37	1000m 13:13.06	1050m 13:53.43	1100m 14:33.48	1150m 15:12.89	1200m 15:53.07
	40.05	40.52	40.43	40.69	40.37	40.05	39.41	40.18
	1250m 16:33.33	1300m 17:13.93	1350m 17:54.03	1400m 18:33.99	1450m 19:14.26	1500m 19:53.09		
	40.26	40.60	40.10	39.96	40.27	38.83		
5	LAMBERT, Jasmine	22	RTW Masters	20:32.20				
	50m 34.25	100m 1:13.19	150m 1:53.97	200m 2:35.65	250m 3:17.69	300m 4:00.02	350m 4:41.87	400m 5:24.15
		38.94	40.78	41.68	42.04	42.33	41.85	42.28
	450m 6:06.12	500m 6:47.84	550m 7:29.45	600m 8:11.54	650m 8:53.05	700m 9:34.50	750m 10:16.30	800m 10:57.81
	41.97	41.72	41.61	42.09	41.51	41.45	41.80	41.51
	850m 11:38.71	900m 12:20.18	950m 13:01.38	1000m 13:42.79	1050m 14:23.86	1100m 15:05.61	1150m 15:47.45	1200m 16:29.22
	40.90	41.47	41.20	41.41	41.07	41.75	41.84	41.77
	1250m 17:10.60	1300m 17:51.98	1350m 18:32.61	1400m 19:13.64	1450m 19:53.93	1500m 20:32.20		
	41.38	41.38	40.63	41.03	40.29	38.27		
6	PICKETT, Jade	22	Co Coventry	21:07.84				
	50m 33.96	100m 1:12.27	150m 1:53.09	200m 2:34.82	250m 3:16.90	300m 3:59.35	350m 4:42.85	400m 5:26.05
		38.31	40.82	41.73	42.08	42.45	43.50	43.20
	450m 6:09.38	500m 6:53.16	550m 7:35.48	600m 8:18.41	650m 9:01.74	700m 9:44.46	750m 10:27.45	800m 11:09.64
	43.33	43.78	42.32	42.93	43.33	42.72	42.99	42.19
	850m 11:52.33	900m 12:34.62	950m 13:16.36	1000m 13:58.42	1050m 14:40.78	1100m 15:22.75	1150m 16:05.37	1200m 16:47.92
	42.69	42.29	41.74	42.06	42.36	41.97	42.62	42.55
	1250m 17:31.92	1300m 18:15.09	1350m 18:58.88	1400m 19:43.03	1450m 20:25.88	1500m 21:07.84		
	44.00	43.17	43.79	44.15	42.85	41.96		
7	PINNEY, Alice	23	Deepings	22:51.57				
	50m 39.09	100m 1:23.53	150m 2:09.37	200m 2:55.64	250m 3:41.49	300m 4:27.95	350m 5:14.39	400m 6:00.15
		44.44	45.84	46.27	45.85	46.46	46.44	45.76
	450m 6:46.33	500m 7:32.37	550m 8:18.10	600m 9:03.36	650m 9:49.12	700m 10:35.38	750m 11:21.09	800m 12:07.28
	46.18	46.04	45.73	45.26	45.76	46.26	45.71	46.19
	850m 12:52.80	900m 13:38.99	950m 14:25.12	1000m 15:11.19	1050m 15:57.70	1100m 16:43.64	1150m 17:30.02	1200m 18:16.12
	45.52	46.19	46.13	46.07	46.51	45.94	46.38	46.10
	1250m 19:02.42	1300m 19:50.15	1350m 20:36.51	1400m 21:22.62	1450m 22:08.33	1500m 22:51.57		
	46.30	47.73	46.36	46.11	45.71	43.24		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 18/24 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
8	MEDCALF, Erin	23	Birmingham M	23:38.69					
	50m 39.74	100m 1:24.49	150m 2:10.01	200m 2:56.56	250m 3:43.36	300m 4:30.57	350m 5:17.80	400m 6:05.83	
		44.75	45.52	46.55	46.80	47.21	47.23	48.03	
	450m 6:54.16	500m 7:42.43	550m 8:31.14	600m 9:19.57	650m 10:08.04	700m 10:55.96	750m 11:44.00	800m 12:31.80	
	48.33	48.27	48.71	48.43	48.47	47.92	48.04	47.80	
	850m 13:19.83	900m 14:07.59	950m 14:55.61	1000m 15:44.14	1050m 16:31.98	1100m 17:20.85	1150m 18:08.91	1200m 18:57.24	
	48.03	47.76	48.02	48.53	47.84	48.87	48.06	48.33	
	1250m 19:45.57	1300m 20:33.47	1350m 21:21.10	1400m 22:08.58	1450m 22:54.50	1500m 23:38.69			
	48.33	47.90	47.63	47.48	45.92	44.19			

Women's 25/29 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	CORDEAUX, Grace	26	Metro Pol	20:38.81	407				
	50m 35.91	100m 1:15.32	150m 1:56.15	200m 2:38.20	250m 3:19.84	300m 4:02.05	350m 4:44.72	400m 5:26.59	
		39.41	40.83	42.05	41.64	42.21	42.67	41.87	
	450m 6:08.15	500m 6:50.09	550m 7:31.91	600m 8:13.72	650m 8:55.40	700m 9:37.02	750m 10:18.83	800m 11:00.77	
	41.56	41.94	41.82	41.81	41.68	41.62	41.81	41.94	
	850m 11:42.67	900m 12:24.33	950m 13:06.33	1000m 13:47.86	1050m 14:29.44	1100m 15:10.42	1150m 15:51.00	1200m 16:32.90	
	41.90	41.66	42.00	41.53	41.58	40.98	40.58	41.90	
	1250m 17:14.08	1300m 17:55.72	1350m 18:36.78	1400m 19:18.47	1450m 19:59.81	1500m 20:38.81			
	41.18	41.64	41.06	41.69	41.34	39.00			
2	RAMSAY, Stephanie	29	Out To Swim	21:50.43	350				
	50m 36.07	100m 1:18.07	150m 2:00.48	200m 2:42.90	250m 3:26.14	300m 4:09.40	350m 4:53.15	400m 5:36.82	
		42.00	42.41	42.42	43.24	43.26	43.75	43.67	
	450m 6:20.87	500m 7:05.17	550m 7:49.76	600m 8:34.07	650m 9:18.20	700m 10:03.45	750m 10:47.98	800m 11:31.68	
	44.05	44.30	44.59	44.31	44.13	45.25	44.53	43.70	
	850m 12:16.76	900m 13:00.78	950m 13:45.99	1000m 14:30.91	1050m 15:15.24	1100m 16:00.87	1150m 16:46.16	1200m 17:31.15	
	45.08	44.02	45.21	44.92	44.33	45.63	45.29	44.99	
	1250m 18:15.87	1300m 18:59.59	1350m 19:43.19	1400m 20:27.43	1450m 21:09.48	1500m 21:50.43			
	44.72	43.72	43.60	44.24	42.05	40.95			

Women's 30/34 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts				
1	CARROLL, Fiona	31	Co South'ton	18:36.24	572				
	50m 32.26	100m 1:07.11	150m 1:43.26	200m 2:19.73	250m 2:56.09	300m 3:32.56	350m 4:09.37	400m 4:46.48	
		34.85	36.15	36.47	36.36	36.47	36.81	37.11	
	450m 5:23.71	500m 6:01.03	550m 6:38.71	600m 7:16.77	650m 7:54.73	700m 8:32.85	750m 9:10.86	800m 9:48.37	
	37.23	37.32	37.68	38.06	37.96	38.12	38.01	37.51	
	850m 10:26.69	900m 11:04.25	950m 11:42.15	1000m 12:19.82	1050m 12:57.88	1100m 13:35.99	1150m 14:14.22	1200m 14:52.73	
	38.32	37.56	37.90	37.67	38.06	38.11	38.23	38.51	
	1250m 16:09.81	1300m 16:48.12	1350m 17:25.29	1400m 18:02.93	1450m 18:36.24	1500m 18:36.24			
	1:17.08	38.31	37.17	37.64	33.31	-			



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 30/34 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
2	ROBERTS, Sarah	34	Manch Tri	19:07.03	534			
	50m 33.43	100m 1:09.22	150m 1:46.12	200m 2:23.28	250m 3:00.88	300m 3:38.42	350m 4:16.21	400m 4:53.90
		35.79	36.90	37.16	37.60	37.54	37.79	37.69
	450m 5:32.11	500m 6:10.52	550m 6:48.67	600m 7:27.25	650m 8:05.76	700m 8:44.34	750m 9:23.36	800m 10:02.35
	38.21	38.41	38.15	38.58	38.51	38.58	39.02	38.99
	850m 10:41.90	900m 11:20.91	950m 12:00.07	1000m 12:39.31	1050m 13:18.40	1100m 13:57.77	1150m 14:37.08	1200m 15:16.13
	39.55	39.01	39.16	39.24	39.09	39.37	39.31	39.05
	1250m 15:55.46	1300m 16:34.53	1350m 17:13.61	1400m 17:51.82	1450m 18:30.53	1500m 19:07.03		
	39.33	39.07	39.08	38.21	38.71	36.50		
3	HOLLIS, Sarah	34	Northampton	19:10.61	529			
	50m 33.41	100m 1:11.00	150m 1:49.74	200m 2:29.14	250m 3:08.35	300m 3:46.91	350m 4:25.31	400m 5:03.81
		37.59	38.74	39.40	39.21	38.56	38.40	38.50
	450m 5:42.32	500m 6:20.32	550m 6:58.44	600m 7:36.87	650m 8:15.41	700m 8:53.62	750m 9:32.69	800m 10:11.54
	38.51	38.00	38.12	38.43	38.54	38.21	39.07	38.85
	850m 10:49.89	900m 11:28.35	950m 12:07.73	1000m 12:46.50	1050m 13:24.89	1100m 14:03.33	1150m 14:41.92	1200m 15:20.68
	38.35	38.46	39.38	38.77	38.39	38.44	38.59	38.76
	1250m 15:58.85	1300m 16:37.74	1350m 17:16.49	1400m 17:54.55	1450m 18:33.24	1500m 19:10.61		
	38.17	38.89	38.75	38.06	38.69	37.37		
4	CANNON, Gemma	30	Felixstowe	20:18.29	438			
	50m 35.68	100m 1:15.09	150m 1:55.13	200m 2:35.60	250m 3:16.48	300m 3:57.33	350m 4:38.28	400m 5:19.12
		39.41	40.04	40.47	40.88	40.85	40.95	40.84
	450m 5:59.97	500m 6:41.22	550m 7:22.02	600m 8:02.81	650m 8:43.64	700m 9:24.37	750m 10:05.48	800m 10:46.50
	40.85	41.25	40.80	40.79	40.83	40.73	41.11	41.02
	850m 11:26.96	900m 12:08.49	950m 12:49.57	1000m 13:30.85	1050m 14:11.89	1100m 14:52.83	1150m 15:33.75	1200m 16:15.02
	40.46	41.53	41.08	41.28	41.04	40.94	40.92	41.27
	1250m 16:56.44	1300m 17:37.37	1350m 18:18.67	1400m 18:59.93	1450m 19:40.31	1500m 20:18.29		
	41.42	40.93	41.30	41.26	40.38	37.98		
5	NORMAN, Sally	34	Boston	21:15.44	389			
	50m 35.17	100m 1:14.21	150m 1:54.72	200m 2:36.20	250m 3:17.58	300m 3:59.42	350m 4:41.21	400m 5:23.90
		39.04	40.51	41.48	41.38	41.84	41.79	42.69
	450m 6:06.92	500m 6:50.09	550m 7:33.14	600m 8:15.84	650m 8:59.06	700m 9:42.70	750m 10:26.11	800m 11:09.20
	43.02	43.17	43.05	42.70	43.22	43.64	43.41	43.09
	850m 11:52.55	900m 12:36.40	950m 13:20.33	1000m 14:03.71	1050m 14:46.44	1100m 15:30.52	1150m 16:14.41	1200m 16:57.93
	43.35	43.85	43.93	43.38	42.73	44.08	43.89	43.52
	1250m 17:41.77	1300m 18:24.99	1350m 19:08.24	1400m 19:51.56	1450m 20:34.14	1500m 21:15.44		
	43.84	43.22	43.25	43.32	42.58	41.30		
6	O'NEILL, Katharine	34	Etwell	24:24.19	257			
	50m 41.58	100m 1:28.00	150m 2:15.81	200m 3:04.47	250m 3:52.98	300m 4:42.18	350m 5:30.68	400m 6:19.79
		46.42	47.81	48.66	48.51	49.20	48.50	49.11
	450m 7:08.99	500m 7:58.32	550m 8:47.73	600m 9:36.82	650m 10:26.36	700m 11:15.72	750m 12:06.26	800m 12:55.32
	49.20	49.33	49.41	49.09	49.54	49.36	50.54	49.06
	850m 13:45.25	900m 14:35.10	950m 15:25.01	1000m 16:15.13	1050m 17:05.49	1100m 17:55.68	1150m 18:45.20	1200m 19:34.55
	49.93	49.85	49.91	50.12	50.36	50.19	49.52	49.35
	1250m 20:23.38	1300m 21:12.54	1350m 22:01.68	1400m 22:50.74	1450m 23:38.97	1500m 24:24.19		
	48.83	49.16	49.14	49.06	48.23	45.22		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 35/39 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	THOMAS, Natalie	35	S Bournem'th	20:35.84	429			
	50m 36.52	100m 1:15.83	150m 1:55.53	200m 2:35.82	250m 3:16.61	300m 3:57.06	350m 4:38.10	400m 5:19.33
		39.31	39.70	40.29	40.79	40.45	41.04	41.23
	450m 6:00.49	500m 6:42.05	550m 7:23.04	600m 8:04.69	650m 8:46.02	700m 9:27.86	750m 10:09.51	800m 10:51.27
	41.16	41.56	40.99	41.65	41.33	41.84	41.65	41.76
	850m 11:33.05	900m 12:14.96	950m 12:56.84	1000m 13:38.75	1050m 14:20.70	1100m 15:02.72	1150m 15:44.75	1200m 16:26.68
	41.78	41.91	41.88	41.91	41.95	42.02	42.03	41.93
	1250m 17:08.24	1300m 17:50.28	1350m 18:32.46	1400m 19:14.49	1450m 19:55.93	1500m 20:35.84		
	41.56	42.04	42.18	42.03	41.44	39.91		
2	NEAL, Kira	38	Basildon Ph	20:37.50	434			
	50m 36.33	100m 1:15.13	150m 1:55.11	200m 2:35.27	250m 3:15.41	300m 3:55.83	350m 4:36.26	400m 5:16.95
		38.80	39.98	40.16	40.14	40.42	40.43	40.69
	450m 5:57.64	500m 6:38.46	550m 7:19.25	600m 8:00.19	650m 8:41.25	700m 9:22.66	750m 10:04.64	800m 10:46.53
	40.69	40.82	40.79	40.94	41.06	41.41	41.98	41.89
	850m 11:28.75	900m 12:10.79	950m 12:53.10	1000m 13:35.40	1050m 14:17.47	1100m 14:59.65	1150m 15:41.78	1200m 16:24.11
	42.22	42.04	42.31	42.30	42.07	42.18	42.13	42.33
	1250m 17:06.95	1300m 17:49.70	1350m 18:32.44	1400m 19:15.04	1450m 19:56.84	1500m 20:37.50		
	42.84	42.75	42.74	42.60	41.80	40.66		
3	RYAN, Danielle	37	MwayMaritime	21:52.72	362			
	50m 38.52	100m 1:20.63	150m 2:03.39	200m 2:46.40	250m 3:29.40	300m 4:12.69	350m 4:55.82	400m 5:39.67
		42.11	42.76	43.01	43.00	43.29	43.13	43.85
	450m 6:23.01	500m 7:06.42	550m 7:49.77	600m 8:33.43	650m 9:17.27	700m 10:01.11	750m 10:45.24	800m 11:29.28
	43.34	43.41	43.35	43.66	43.84	43.84	44.13	44.04
	850m 12:13.57	900m 12:57.92	950m 13:42.53	1000m 14:27.14	1050m 15:11.74	1100m 15:56.10	1150m 16:40.22	1200m 17:25.89
	44.29	44.35	44.61	44.61	44.60	44.36	44.12	45.67
	1250m 18:11.49	1300m 18:56.39	1350m 19:41.10	1400m 20:25.60	1450m 21:09.64	1500m 21:52.72		
	45.60	44.90	44.71	44.50	44.04	43.08		
4	KERRIGAN, Laura	37	Spencer	23:03.03	309			
	50m 39.58	100m 1:24.07	150m 2:09.73	200m 2:55.78	250m 3:41.99	300m 4:27.83	350m 5:13.37	400m 5:59.44
		44.49	45.66	46.05	46.21	45.84	45.54	46.07
	450m 6:45.57	500m 7:31.66	550m 8:18.12	600m 9:04.54	650m 9:50.96	700m 10:37.36	750m 11:23.92	800m 12:10.55
	46.13	46.09	46.46	46.42	46.42	46.40	46.56	46.63
	850m 12:57.48	900m 13:44.39	950m 14:31.49	1000m 15:18.40	1050m 16:05.56	1100m 16:52.64	1150m 17:40.18	1200m 18:27.35
	46.93	46.91	47.10	46.91	47.16	47.08	47.54	47.17
	1250m 19:14.65	1300m 20:01.53	1350m 20:47.95	1400m 21:34.02	1450m 22:19.38	1500m 23:03.03		
	47.30	46.88	46.42	46.07	45.36	43.65		
5	GRIMES, Eleanor	36	Co Derby	24:08.32	268			
	50m 42.48	100m 1:29.72	150m 2:18.09	200m 3:06.81	250m 3:55.28	300m 4:43.80	350m 5:32.43	400m 6:21.01
		47.24	48.37	48.72	48.47	48.52	48.63	48.58
	450m 7:09.78	500m 7:58.22	550m 8:47.02	600m 9:35.17	650m 10:23.05	700m 11:11.11	750m 11:59.65	800m 12:47.87
	48.77	48.44	48.80	48.15	47.88	48.06	48.54	48.22
	850m 13:36.22	900m 14:24.88	950m 15:14.57	1000m 16:03.35	1050m 16:52.23	1100m 17:40.66	1150m 18:29.72	1200m 19:18.56
	48.35	48.66	49.69	48.78	48.88	48.43	49.06	48.84
	1250m 20:07.99	1300m 20:56.71	1350m 21:46.11	1400m 22:34.57	1450m 23:22.42	1500m 24:08.32		
	49.43	48.72	49.40	48.46	47.85	45.90		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 40/44 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	EVANS, Susan	44	Biggleswade	19:53.23	511			
	50m 35.90	100m 1:14.48	150m 1:53.82	200m 2:33.70	250m 3:13.47	300m 3:53.26	350m 4:33.35	400m 5:13.29
		38.58	39.34	39.88	39.77	39.79	40.09	39.94
	450m 5:53.18	500m 6:33.27	550m 7:13.35	600m 7:53.47	650m 8:33.48	700m 9:13.38	750m 9:53.28	800m 10:33.04
	39.89	40.09	40.08	40.12	40.01	39.90	39.90	39.76
	850m 11:13.31	900m 11:53.39	950m 12:33.66	1000m 13:13.86	1050m 13:54.20	1100m 14:34.54	1150m 15:14.60	1200m 15:54.84
	40.27	40.08	40.27	40.20	40.34	40.34	40.06	40.24
	1250m 16:35.27	1300m 17:15.47	1350m 17:55.18	1400m 18:35.11	1450m 19:14.87	1500m 19:53.23		
	40.43	40.20	39.71	39.93	39.76	38.36		
2	LENNON, Rebecca	40	Trafford Met	21:23.03	395			
	50m 38.51	100m 1:20.39	150m 2:02.84	200m 2:45.64	250m 3:28.54	300m 4:11.39	350m 4:54.09	400m 5:37.04
		41.88	42.45	42.80	42.90	42.85	42.70	42.95
	450m 6:20.04	500m 7:02.93	550m 7:46.13	600m 8:29.11	650m 9:12.07	700m 9:55.12	750m 10:38.08	800m 11:21.10
	43.00	42.89	43.20	42.98	42.96	43.05	42.96	43.02
	850m 12:03.96	900m 12:47.24	950m 13:30.39	1000m 14:13.40	1050m 14:56.52	1100m 15:39.69	1150m 16:22.62	1200m 17:05.99
	42.86	43.28	43.15	43.01	43.12	43.17	42.93	43.37
	1250m 17:48.87	1300m 18:31.96	1350m 19:15.24	1400m 19:58.33	1450m 20:41.01	1500m 21:23.03		
	42.88	43.09	43.28	43.09	42.68	42.02		
3	FUNDERBURK, Sarah	40	Out To Swim	25:24.87	235			
	50m 42.43	100m 1:29.88	150m 2:19.58	200m 3:10.28	250m 4:00.75	300m 4:52.16	350m 5:44.45	400m 6:36.81
		47.45	49.70	50.70	50.47	51.41	52.29	52.36
	450m 7:27.95	500m 8:19.33	550m 9:10.95	600m 10:02.58	650m 10:54.19	700m 11:45.87	750m 12:37.21	800m 13:27.94
	51.14	51.38	51.62	51.63	51.61	51.68	51.34	50.73
	850m 14:19.85	900m 15:11.43	950m 16:02.92	1000m 16:53.70	1050m 17:45.09	1100m 18:36.80	1150m 19:28.19	1200m 20:19.57
	51.91	51.58	51.49	50.78	51.39	51.71	51.39	51.38
	1250m 21:10.85	1300m 22:02.52	1350m 22:54.38	1400m 23:46.13	1450m 24:37.03	1500m 25:24.87		
	51.28	51.67	51.86	51.75	50.90	47.84		
4	CLARKE, Judith	44	Co Lincoln P	29:46.76	152			
	50m 49.90	100m 1:45.50	150m 2:43.00	200m 3:41.29	250m -	300m -	350m 6:37.27	400m 7:37.26
		55.60	57.50	58.29	-	-	-	59.99
	450m -	500m 9:36.66	550m 10:36.23	600m -	650m 12:36.97	700m 13:37.20	750m -	800m -
	-	-	59.57	-	-	1:00.23	-	-
	850m 16:59.33	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -
	-	-	-	-	-	-	-	-
	1250m -	1300m -	1350m -	1400m -	1450m 28:56.06	1500m 29:46.76		
	-	-	-	-	-	50.70		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 45/49 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	PARTRIDGE, Jessica	47	Gloucester M	19:01.58	609			
	50m 34.26	100m 1:10.67	150m 1:47.49	200m 2:24.57	250m 3:02.04	300m 3:39.60	350m 4:17.30	400m 4:55.42
		36.41	36.82	37.08	37.47	37.56	37.70	38.12
	450m 5:33.41	500m 6:11.55	550m 6:50.04	600m 7:28.68	650m 8:07.27	700m 8:46.26	750m 9:24.93	800m 10:03.64
	37.99	38.14	38.49	38.64	38.59	38.99	38.67	38.71
	850m 10:41.82	900m 11:20.16	950m 11:58.72	1000m 12:37.15	1050m 13:15.74	1100m 13:54.45	1150m 14:32.83	1200m 15:11.55
	38.18	38.34	38.56	38.43	38.59	38.71	38.38	38.72
	1250m 15:49.98	1300m 16:28.61	1350m 17:07.42	1400m 17:45.90	1450m 18:24.06	1500m 19:01.58		
	38.43	38.63	38.81	38.48	38.16	37.52		
2	WILDING, Suzanne	49	Erith & Dist	20:39.35	493			
	50m 35.12	100m 1:13.81	150m 1:53.74	200m 2:34.88	250m 3:15.93	300m 3:56.92	350m 4:38.21	400m 5:19.38
		38.69	39.93	41.14	41.05	40.99	41.29	41.17
	450m 6:00.93	500m 6:42.41	550m 7:24.22	600m 8:05.88	650m 8:47.96	700m 9:29.99	750m 10:12.09	800m 10:53.88
	41.55	41.48	41.81	41.66	42.08	42.03	42.10	41.79
	850m 11:35.92	900m 12:18.23	950m 13:00.25	1000m 13:42.28	1050m 14:24.27	1100m 15:06.43	1150m 15:48.19	1200m 16:30.26
	42.04	42.31	42.02	42.03	41.99	42.16	41.76	42.07
	1250m 17:12.78	1300m 17:55.03	1350m 18:37.51	1400m 19:19.59	1450m 20:01.31	1500m 20:39.35		
	42.52	42.25	42.48	42.08	41.72	38.04		
3	SCOTT, Julie	49	Co Cambridge	21:20.91	446			
	50m 37.37	100m 1:19.11	150m 2:01.52	200m 2:44.24	250m 3:27.59	300m 4:10.32	350m 4:53.27	400m 5:36.78
		41.74	42.41	42.72	43.35	42.73	42.95	43.51
	450m 6:20.69	500m 7:03.40	550m 7:46.89	600m 8:29.83	650m 9:13.41	700m 9:56.46	750m 10:39.02	800m 11:22.82
	43.91	42.71	43.49	42.94	43.58	43.05	42.56	43.80
	850m 12:05.44	900m 12:48.58	950m 13:32.13	1000m 14:15.33	1050m 14:58.53	1100m 15:41.55	1150m 16:24.87	1200m 17:07.94
	42.62	43.14	43.55	43.20	43.20	43.02	43.32	43.07
	1250m 17:51.13	1300m 18:34.03	1350m 19:16.45	1400m 19:59.14	1450m 20:41.35	1500m 21:20.91		
	43.19	42.90	42.42	42.69	42.21	39.56		
4	LODGE, Angela	47	Guernsey	21:26.23	426			
	50m 37.70	100m 1:18.95	150m 2:02.17	200m 2:45.17	250m 3:28.19	300m 4:11.12	350m 4:54.46	400m 5:37.39
		41.25	43.22	43.00	43.02	42.93	43.34	42.93
	450m 6:20.73	500m 7:03.51	550m 7:46.56	600m 8:29.49	650m 9:12.45	700m 9:55.66	750m 10:38.90	800m 11:21.63
	43.34	42.78	43.05	42.93	42.96	43.21	43.24	42.73
	850m 12:04.53	900m 12:47.56	950m 13:30.56	1000m 14:13.60	1050m 14:57.02	1100m 15:40.32	1150m 16:23.86	1200m 17:06.94
	42.90	43.03	43.00	43.04	43.42	43.30	43.54	43.08
	1250m 17:50.41	1300m 18:33.59	1350m 19:16.83	1400m 20:00.53	1450m 20:44.06	1500m 21:26.23		
	43.47	43.18	43.24	43.70	43.53	42.17		
5	BERRY, Sarah	49	Basildon Ph	23:02.32	355			
	50m 39.91	100m 1:24.24	150m 2:10.28	200m 2:56.58	250m 3:42.66	300m 4:28.57	350m 5:14.61	400m 6:00.61
		44.33	46.04	46.30	46.08	45.91	46.04	46.00
	450m 6:46.85	500m 7:33.46	550m 8:20.53	600m 9:06.96	650m 9:53.66	700m 10:40.68	750m 11:27.17	800m 12:13.65
	46.24	46.61	47.07	46.43	46.70	47.02	46.49	46.48
	850m 12:59.93	900m 13:46.50	950m 14:32.94	1000m 15:19.63	1050m 16:06.41	1100m 16:53.47	1150m 17:39.87	1200m 18:26.38
	46.28	46.57	46.44	46.69	46.78	47.06	46.40	46.51
	1250m 19:13.54	1300m 19:59.94	1350m 20:46.39	1400m 21:32.81	1450m 22:19.00	1500m 23:02.32		
	47.16	46.40	46.45	46.42	46.19	43.32		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 45/49 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts
6	ASBURY, Diane	47	B C & P Mast	23:18.83								331
	50m 38.52	100m 1:22.71	150m 2:09.08	200m 2:55.57	250m -	300m -	350m 5:14.81	400m 6:01.62				
		44.19	46.37	46.49	-	-	-	46.81				
	450m 6:49.05	500m 7:36.18	550m 8:22.80	600m 9:09.33	650m -	700m 10:43.89	750m 11:31.00	800m 12:17.88				
	47.43	47.13	46.62	46.53	-	-	47.11	46.88				
	850m 13:05.47	900m 13:53.20	950m 14:40.40	1000m -	1050m 16:15.20	1100m 17:02.45	1150m 17:49.17	1200m 18:36.82				
	47.59	47.73	47.20	-	-	47.25	46.72	47.65				
	1250m 19:24.51	1300m 20:12.49	1350m 21:00.11	1400m 21:47.02	1450m 22:34.04	1500m 23:18.83						
	47.69	47.98	47.62	46.91	47.02	44.79						
7	JONES, Sarah	48	S D Trojan	24:27.48								291
	50m 42.71	100m 1:30.04	150m 2:19.15	200m 3:09.05	250m 3:58.37	300m 4:48.24	350m 5:38.08	400m 6:27.89				
		47.33	49.11	49.90	49.32	49.87	49.84	49.81				
	450m 7:17.39	500m 8:07.14	550m 8:56.11	600m 9:45.26	650m 10:34.60	700m 13:02.13	750m -	800m 13:50.89				
	49.50	49.75	48.97	49.15	49.34	2:27.53	-	-				
	850m -	900m 14:39.89	950m 16:17.82	1000m 17:06.46	1050m -	1100m 18:44.45	1150m 19:33.54	1200m 20:22.86				
	-	-	1:37.93	48.64	-	-	49.09	49.32				
	1250m 21:12.13	1300m 22:02.19	1350m 22:51.69	1400m 23:40.59	1450m -	1500m 24:27.48						
	49.27	50.06	49.50	48.90	-	-						
8	BUCHAN, Sarah	46	Norfolk Vikg	24:44.09								273
	50m 42.78	100m 1:29.27	150m 2:17.77	200m 3:07.24	250m 3:56.59	300m 4:45.74	350m 5:34.47	400m 6:24.11				
		46.49	48.50	49.47	49.35	49.15	48.73	49.64				
	450m 7:13.27	500m 8:02.33	550m 8:50.71	600m 9:40.05	650m 10:30.34	700m 11:19.97	750m 12:10.45	800m 13:00.18				
	49.16	49.06	48.38	49.34	50.29	49.63	50.48	49.73				
	850m 13:49.59	900m 14:40.13	950m 15:30.05	1000m 16:20.50	1050m 17:10.63	1100m 18:02.03	1150m 18:53.11	1200m 19:44.56				
	49.41	50.54	49.92	50.45	50.13	51.40	51.08	51.45				
	1250m 20:34.84	1300m 21:25.46	1350m 22:17.08	1400m 23:07.12	1450m 23:57.10	1500m 24:44.09						
	50.28	50.62	51.62	50.04	49.98	46.99						

Women's 50/54 Yrs Age Group

Place	Name	Age	Club	Time								Masters Pts
1	NEVIN, Heidi	54	Rochford	20:06.69								597
	50m 36.28	100m 1:15.72	150m 1:56.00	200m 2:36.51	250m 3:17.07	300m 3:57.55	350m 4:37.93	400m 5:18.22				
		39.44	40.28	40.51	40.56	40.48	40.38	40.29				
	450m 5:58.58	500m 6:38.90	550m 7:19.17	600m 7:59.55	650m 8:40.15	700m 9:20.84	750m 10:01.57	800m 10:42.22				
	40.36	40.32	40.27	40.38	40.60	40.69	40.73	40.65				
	850m 11:22.94	900m 12:03.51	950m 12:44.02	1000m 13:24.64	1050m 14:05.04	1100m 14:45.85	1150m 15:26.10	1200m 16:06.66				
	40.72	40.57	40.51	40.62	40.40	40.81	40.25	40.56				
	1250m 16:47.07	1300m 17:27.52	1350m 18:07.76	1400m 18:48.09	1450m 19:28.11	1500m 20:06.69						
	40.41	40.45	40.24	40.33	40.02	38.58						



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
2	LAPPING, Alison	51	Milngavie & B	20:13.93	546			
	50m 36.88	100m 1:16.48	150m 1:56.59	200m 2:37.31	250m 3:17.81	300m 3:59.22	350m 4:39.75	400m 5:20.54
		39.60	40.11	40.72	40.50	41.41	40.53	40.79
	450m 6:00.81	500m 6:41.15	550m 7:21.97	600m 8:02.79	650m 8:43.39	700m 9:24.01	750m 10:04.53	800m 10:45.05
	40.27	40.34	40.82	40.82	40.60	40.62	40.52	40.52
	850m 11:25.93	900m 12:06.68	950m 12:47.64	1000m 13:28.24	1050m 14:09.10	1100m 14:50.11	1150m 15:31.13	1200m 16:12.11
	40.88	40.75	40.96	40.60	40.86	41.01	41.02	40.98
	1250m 16:53.10	1300m 17:33.75	1350m 18:14.20	1400m 18:55.12	1450m 19:35.50	1500m 20:13.93		
	40.99	40.65	40.45	40.92	40.38	38.43		
3	PRIOR, Judy	52	Enfield Sq	21:20.61	476			
	50m 38.94	100m 1:20.78	150m 2:03.28	200m 2:45.81	250m 3:28.24	300m 4:10.87	350m 4:53.40	400m 5:35.96
		41.84	42.50	42.53	42.43	42.63	42.53	42.56
	450m 6:18.47	500m 7:01.07	550m 7:44.01	600m 8:26.69	650m 9:09.52	700m 9:52.16	750m 10:35.03	800m 11:18.10
	42.51	42.60	42.94	42.68	42.83	42.64	42.87	43.07
	850m 12:01.31	900m 12:44.09	950m 13:27.00	1000m 14:10.03	1050m 14:52.81	1100m 15:36.09	1150m 16:19.26	1200m 17:02.90
	43.21	42.78	42.91	43.03	42.78	43.28	43.17	43.64
	1250m 17:46.09	1300m 18:29.51	1350m 19:12.55	1400m 19:55.49	1450m 20:38.22	1500m 21:20.61		
	43.19	43.42	43.04	42.94	42.73	42.39		
4	BASSETT, Karen	54	Spencer	22:05.42	450			
	50m 37.74	100m 1:19.54	150m 2:03.06	200m 2:47.29	250m 3:31.57	300m 4:16.13	350m 5:00.07	400m 5:44.97
		41.80	43.52	44.23	44.28	44.56	43.94	44.90
	450m 6:29.82	500m 7:14.73	550m 7:59.67	600m 8:43.86	650m 9:28.49	700m 10:13.13	750m 10:57.94	800m 11:42.70
	44.85	44.91	44.94	44.19	44.63	44.64	44.81	44.76
	850m 12:27.54	900m 13:12.29	950m 13:56.87	1000m 14:41.59	1050m 15:26.49	1100m 16:11.31	1150m 16:55.62	1200m 17:40.65
	44.84	44.75	44.58	44.72	44.90	44.82	44.31	45.03
	1250m 18:25.45	1300m 19:10.46	1350m 19:54.96	1400m 20:39.66	1450m 21:24.11	1500m 22:05.42		
	44.80	45.01	44.50	44.70	44.45	41.31		
5	CRESSWELL, Josephine	54	East Anglian	22:14.58	441			
	50m 41.22	100m 1:24.18	150m -	200m 2:53.00	250m 3:36.50	300m 4:20.36	350m 5:03.87	400m -
		42.96	-	-	43.50	43.86	43.51	-
	450m 6:33.04	500m 7:17.36	550m 8:02.01	600m 8:45.75	650m 9:31.17	700m 10:15.99	750m 11:00.75	800m -
	-	44.32	44.65	43.74	45.42	44.82	44.76	-
	850m 12:30.08	900m -	950m 14:00.77	1000m 14:45.66	1050m 15:31.04	1100m 16:16.43	1150m 17:01.68	1200m 17:46.69
	-	-	-	44.89	45.38	45.39	45.25	45.01
	1250m 18:31.36	1300m -	1350m 20:01.76	1400m 20:46.82	1450m 21:31.52	1500m 22:14.58		
	44.67	-	-	45.06	44.70	43.06		
6	MURRAY, Claire	53	Dun City Aqu	22:21.67	423			
	50m 38.66	100m 1:19.79	150m 2:02.56	200m 2:45.60	250m 3:29.01	300m 4:13.49	350m 4:57.60	400m 5:42.52
		41.13	42.77	43.04	43.41	44.48	44.11	44.92
	450m 6:27.29	500m 7:12.43	550m 7:57.58	600m 8:42.93	650m 9:27.79	700m 10:13.27	750m 10:59.00	800m 11:44.94
	44.77	45.14	45.15	45.35	44.86	45.48	45.73	45.94
	850m 12:29.98	900m 13:15.55	950m 14:00.84	1000m 14:46.68	1050m 15:32.19	1100m 16:17.54	1150m 17:02.93	1200m 17:48.21
	45.04	45.57	45.29	45.84	45.51	45.35	45.39	45.28
	1250m 18:33.62	1300m 19:19.38	1350m 20:04.75	1400m 20:50.17	1450m 21:36.29	1500m 22:21.67		
	45.41	45.76	45.37	45.42	46.12	45.38		

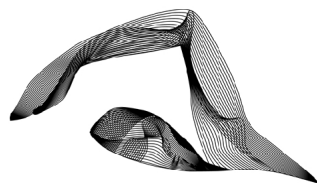


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Swim England Masters National Championships (25m) 2022 Results

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EVENT 101 Men's/Women's 1500m Freestyle

Women's 50/54 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
7	USHER, Samantha	50	Wycombe Dist	22:26.66	392			
	50m 39.86	100m 1:23.05	150m 2:07.04	200m 2:51.79	250m 3:36.90	300m 4:22.04	350m 5:07.84	400m 5:52.80
		43.19	43.99	44.75	45.11	45.14	45.80	44.96
	450m 6:37.71	500m 7:22.82	550m 8:08.28	600m 8:53.71	650m 9:39.18	700m 10:24.58	750m 11:10.15	800m 11:55.25
	44.91	45.11	45.46	45.43	45.47	45.40	45.57	45.10
	850m 12:40.46	900m 13:25.70	950m 14:11.09	1000m 14:56.55	1050m 15:41.33	1100m 16:26.24	1150m 17:11.41	1200m 17:57.05
	45.21	45.24	45.39	45.46	44.78	44.91	45.17	45.64
	1250m 18:42.56	1300m 19:28.21	1350m 20:13.15	1400m 20:58.25	1450m 21:43.63	1500m 22:26.66		
	45.51	45.65	44.94	45.10	45.38	43.03		
8	BOURNE, Beverley	54	Barnet Copt	22:29.39	427			
	50m 37.47	100m 1:19.55	150m 2:03.71	200m 2:48.79	250m 3:33.94	300m -	350m -	400m 5:49.17
		42.08	44.16	45.08	45.15	-	-	-
	450m 6:34.39	500m 7:20.03	550m 8:06.30	600m 8:51.78	650m 9:37.85	700m 10:23.41	750m 11:08.71	800m 11:54.11
	45.22	45.64	46.27	45.48	46.07	45.56	45.30	45.40
	850m 12:39.56	900m 13:24.84	950m 14:09.88	1000m 14:55.13	1050m 15:40.74	1100m 16:26.44	1150m 17:11.80	1200m 17:57.35
	45.45	45.28	45.04	45.25	45.61	45.70	45.36	45.55
	1250m 18:42.71	1300m 19:28.28	1350m 20:14.23	1400m 20:59.71	1450m 21:45.65	1500m 22:29.39		
	45.36	45.57	45.95	45.48	45.94	43.74		
9	ROPER, Lucy	50	Reading	24:56.34	285			
	50m 43.33	100m 1:30.78	150m 2:20.17	200m 3:09.15	250m 3:58.25	300m 4:47.14	350m 5:36.37	400m 6:25.48
		47.45	49.39	48.98	49.10	48.89	49.23	49.11
	450m 7:14.99	500m 8:04.38	550m 8:53.97	600m 9:43.74	650m 10:33.51	700m 11:23.83	750m 12:14.10	800m 13:04.72
	49.51	49.39	49.59	49.77	49.77	50.32	50.27	50.62
	850m 13:55.34	900m 14:46.02	950m 15:36.78	1000m 16:27.80	1050m 17:18.64	1100m 18:09.95	1150m 19:01.14	1200m 19:52.43
	50.62	50.68	50.76	51.02	50.84	51.31	51.19	51.29
	1250m 20:43.10	1300m 21:34.19	1350m 22:25.25	1400m 23:15.88	1450m 24:06.78	1500m 24:56.34		
	50.67	51.09	51.06	50.63	50.90	49.56		
10	CAPPLEMAN, Stefanie	52	RichmondDale	25:20.51	284			
	50m 40.14	100m 1:28.00	150m 2:19.35	200m 3:10.54	250m -	300m 4:53.34	350m 5:44.54	400m 6:36.03
		47.86	51.35	51.19	-	-	51.20	51.49
	450m 7:27.88	500m 8:19.35	550m 9:11.37	600m 10:03.12	650m 10:55.34	700m 11:46.35	750m 12:36.70	800m 13:28.39
	51.85	51.47	52.02	51.75	52.22	51.01	50.35	51.69
	850m 14:20.06	900m 15:11.23	950m 16:01.81	1000m 16:52.73	1050m 17:44.49	1100m 18:35.80	1150m 19:28.17	1200m 20:19.72
	51.67	51.17	50.58	50.92	51.76	51.31	52.37	51.55
	1250m 21:10.97	1300m 22:02.20	1350m 22:53.40	1400m 23:44.56	1450m 24:34.64	1500m 25:20.51		
	51.25	51.23	51.20	51.16	50.08	45.87		
11	FRIEND, Kerry	53	Exe Masters	27:18.41	232			
	50m 48.94	100m 1:44.53	150m 2:42.17	200m 3:40.14	250m 4:37.06	300m 5:33.15	350m 6:28.56	400m 7:24.51
		55.59	57.64	57.97	56.92	56.09	55.41	55.95
	450m 8:19.61	500m 9:14.52	550m 10:10.51	600m 11:05.73	650m 12:00.61	700m 12:54.26	750m 13:49.19	800m 14:43.32
	55.10	54.91	55.99	55.22	54.88	53.65	54.93	54.13
	850m 15:38.75	900m 16:32.40	950m 17:26.75	1000m 18:22.66	1050m 19:17.59	1100m 20:11.09	1150m 21:05.06	1200m 21:58.02
	55.43	53.65	54.35	55.91	54.93	53.50	53.97	52.96
	1250m 22:51.65	1300m 23:45.00	1350m 24:38.24	1400m 25:32.94	1450m 26:27.24	1500m 27:18.41		
	53.63	53.35	53.24	54.70	54.30	51.17		
	MCGREGOR-HARPER, Judith	52	Exe Masters	DNS				



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	FERDIN, Silvia	57	Co Cambridge	20:02.48	656			
	50m 35.98	100m 1:15.20	150m 1:55.46	200m 2:36.05	250m 3:16.58	300m 3:57.46	350m 4:38.00	400m 5:18.55
		39.22	40.26	40.59	40.53	40.88	40.54	40.55
	450m 5:59.01	500m 6:39.25	550m 7:19.28	600m 7:59.55	650m 8:39.65	700m 9:19.75	750m 9:59.88	800m 10:40.11
	40.46	40.24	40.03	40.27	40.10	40.10	40.13	40.23
	850m 11:20.27	900m 12:00.80	950m 12:41.48	1000m 13:21.44	1050m 14:01.49	1100m 14:41.72	1150m 15:21.97	1200m 16:02.47
	40.16	40.53	40.68	39.96	40.05	40.23	40.25	40.50
	1250m 16:42.67	1300m 17:22.93	1350m 18:03.33	1400m 18:43.67	1450m 19:23.78	1500m 20:02.48		
	40.20	40.26	40.40	40.34	40.11	38.70		
2	MUIR-COCHRANE, Nuala	58	Gates &Whick	20:17.72	651			
	50m 36.85	100m 1:16.41	150m 1:56.96	200m 2:37.25	250m 3:17.58	300m 3:57.98	350m 4:38.52	400m 5:19.42
		39.56	40.55	40.29	40.33	40.40	40.54	40.90
	450m 6:00.06	500m 6:40.90	550m 7:21.51	600m 8:02.49	650m 8:43.05	700m 9:24.11	750m 10:04.77	800m 10:45.33
	40.64	40.84	40.61	40.98	40.56	41.06	40.66	40.56
	850m 11:26.26	900m 12:06.94	950m 12:47.65	1000m 13:28.42	1050m 14:09.42	1100m 14:50.50	1150m 15:31.55	1200m 16:12.66
	40.93	40.68	40.71	40.77	41.00	41.08	41.05	41.11
	1250m 16:53.66	1300m 17:34.62	1350m 18:15.75	1400m 18:57.01	1450m 19:38.03	1500m 20:17.72		
	41.00	40.96	41.13	41.26	41.02	39.69		
3	READER, Helen	56	Co Derby	20:53.46	562			
	50m 34.30	100m 1:13.80	150m 1:55.01	200m 2:35.99	250m 3:17.48	300m 3:59.27	350m 4:41.04	400m 5:23.22
		39.50	41.21	40.98	41.49	41.79	41.77	42.18
	450m 6:05.48	500m 6:47.96	550m 7:30.19	600m 8:12.62	650m 8:54.68	700m 9:37.51	750m 10:19.50	800m 11:01.72
	42.26	42.48	42.23	42.43	42.06	42.83	41.99	42.22
	850m 11:44.66	900m 12:27.13	950m 13:09.25	1000m 13:51.59	1050m 14:34.11	1100m 15:16.31	1150m 15:58.83	1200m 16:41.47
	42.94	42.47	42.12	42.34	42.52	42.20	42.52	42.64
	1250m 17:23.94	1300m 18:06.68	1350m 18:49.25	1400m 19:31.80	1450m 20:13.44	1500m 20:53.46		
	42.47	42.74	42.57	42.55	41.64	40.02		
4	WELHAM, Suzanne	58	St Albans Ma	21:15.95	566			
	50m 38.91	100m 1:21.13	150m 2:03.82	200m 2:46.89	250m 3:29.85	300m 4:12.83	350m 4:55.53	400m 5:38.06
		42.22	42.69	43.07	42.96	42.98	42.70	42.53
	450m 6:20.76	500m 7:03.49	550m 7:46.19	600m 8:28.98	650m 9:12.27	700m 9:55.32	750m 10:38.10	800m 11:20.79
	42.70	42.73	42.70	42.79	43.29	43.05	42.78	42.69
	850m 12:03.49	900m 12:46.35	950m 13:29.08	1000m 14:11.93	1050m 14:54.92	1100m 15:37.75	1150m 16:20.82	1200m 17:03.76
	42.70	42.86	42.73	42.85	42.99	42.83	43.07	42.94
	1250m 17:46.43	1300m 18:29.01	1350m 19:11.50	1400m 19:53.91	1450m 20:36.46	1500m 21:15.95		
	42.67	42.58	42.49	42.41	42.55	39.49		
5	KELLY-ONAY, Lindsay	55	Didcot & Bar	21:50.73	478			
	50m 38.64	100m 1:20.47	150m 2:04.07	200m 2:47.91	250m 3:32.19	300m 4:16.49	350m 5:00.70	400m 5:45.15
		41.83	43.60	43.84	44.28	44.30	44.21	44.45
	450m -	500m 7:12.83	550m 7:56.85	600m 8:40.79	650m 9:24.85	700m 10:09.26	750m 10:53.18	800m 11:36.92
	-	-	44.02	43.94	44.06	44.41	43.92	43.74
	850m 12:20.76	900m 13:04.31	950m 13:48.18	1000m 14:32.27	1050m 15:16.20	1100m 16:00.06	1150m 16:44.28	1200m 17:28.41
	43.84	43.55	43.87	44.09	43.93	43.86	44.22	44.13
	1250m 18:12.53	1300m 18:56.84	1350m 19:41.20	1400m 20:25.42	1450m 21:09.58	1500m 21:50.73		
	44.12	44.31	44.36	44.22	44.16	41.15		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 55/59 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
6	SEAGER, Elaine	59	Loughborough	22:15.95	509			
	50m 39.90	100m 1:22.77	150m 2:06.67	200m 2:50.59	250m 3:34.34	300m 4:18.59	350m 5:02.87	400m 5:47.10
		42.87	43.90	43.92	43.75	44.25	44.28	44.23
	450m 6:32.29	500m 7:16.64	550m 8:01.20	600m 8:45.86	650m 9:30.17	700m 10:15.03	750m 10:59.46	800m 11:44.28
	45.19	44.35	44.56	44.66	44.31	44.86	44.43	44.82
	850m 12:29.16	900m 13:14.30	950m 13:59.37	1000m 14:44.41	1050m 15:30.31	1100m 16:15.19	1150m 17:00.17	1200m 17:45.79
	44.88	45.14	45.07	45.04	45.90	44.88	44.98	45.62
	1250m 18:30.82	1300m 19:16.25	1350m 20:02.08	1400m 20:47.46	1450m 21:32.33	1500m 22:15.95		
	45.03	45.43	45.83	45.38	44.87	43.62		
7	HARRIS, Helen	56	Larkfield	22:20.23	460			
	50m -	100m 1:22.10	150m 2:06.64	200m 2:51.44	250m 3:36.16	300m 4:20.79	350m 5:05.69	400m 5:50.55
		-	44.54	44.80	44.72	44.63	44.90	44.86
	450m 6:35.53	500m 7:20.75	550m 8:05.97	600m 8:51.03	650m 9:36.07	700m 10:21.02	750m 11:05.98	800m 11:51.66
	44.98	45.22	45.22	45.06	45.04	44.95	44.96	45.68
	850m 12:36.70	900m 13:21.77	950m 14:06.75	1000m 14:51.18	1050m 15:37.30	1100m 16:22.56	1150m 17:07.02	1200m 17:51.83
	45.04	45.07	44.98	44.43	46.12	45.26	44.46	44.81
	1250m 18:36.98	1300m 19:21.86	1350m 20:06.93	1400m 20:51.65	1450m 21:36.19	1500m 22:20.23		
	45.15	44.88	45.07	44.72	44.54	44.04		
8	BAYNTON, Clair	57	Bracknell	23:11.53	423			
	50m 41.55	100m 1:26.31	150m 2:12.00	200m 2:58.01	250m 3:44.13	300m 4:30.38	350m 5:16.71	400m 6:03.39
		44.76	45.69	46.01	46.12	46.25	46.33	46.68
	450m 6:50.10	500m 7:36.81	550m 8:23.42	600m 9:09.95	650m 9:56.57	700m 10:43.19	750m 11:29.99	800m 12:16.90
	46.71	46.71	46.61	46.53	46.62	46.62	46.80	46.91
	850m 13:03.69	900m 13:50.41	950m 14:37.28	1000m 15:24.31	1050m 16:11.21	1100m 16:58.16	1150m 17:45.20	1200m 18:32.34
	46.79	46.72	46.87	47.03	46.90	46.95	47.04	47.14
	1250m 19:19.65	1300m 20:06.58	1350m 20:53.74	1400m 21:40.73	1450m 22:26.80	1500m 23:11.53		
	47.31	46.93	47.16	46.99	46.07	44.73		
9	HUMPHRIES, Denise	55	Godalming	26:35.69	265			
	50m 47.01	100m 1:38.59	150m 2:31.32	200m 3:24.80	250m 4:18.97	300m 5:12.50	350m 6:05.48	400m 6:58.68
		51.58	52.73	53.48	54.17	53.53	52.98	53.20
	450m 7:52.06	500m 8:45.29	550m 9:39.26	600m 10:33.82	650m 11:27.11	700m 12:20.36	750m 13:13.49	800m 14:07.27
	53.38	53.23	53.97	54.56	53.29	53.25	53.13	53.78
	850m 15:01.18	900m 15:54.75	950m 16:48.81	1000m 17:42.46	1050m 18:36.68	1100m 19:30.45	1150m 20:24.55	1200m 21:18.47
	53.91	53.57	54.06	53.65	54.22	53.77	54.10	53.92
	1250m 22:12.90	1300m 23:06.96	1350m 24:00.04	1400m 24:53.29	1450m 25:47.44	1500m 26:35.69		
	54.43	54.06	53.08	53.25	54.15	48.25		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	BAKER, Frances	62	Spencer	22:39.54	535			
	50m 39.72	100m 1:23.10	150m 2:07.47	200m 2:53.04	250m 3:38.75	300m 4:24.86	350m 5:10.30	400m 5:56.55
		43.38	44.37	45.57	45.71	46.11	45.44	46.25
	450m 6:42.08	500m 7:28.38	550m 8:13.75	600m 8:59.75	650m 9:44.93	700m 10:30.65	750m 11:15.84	800m 12:01.86
	45.53	46.30	45.37	46.00	45.18	45.72	45.19	46.02
	850m 12:47.13	900m 13:32.35	950m 14:18.40	1000m 15:03.89	1050m 15:50.14	1100m 16:35.72	1150m 17:21.62	1200m 18:07.55
	45.27	45.22	46.05	45.49	46.25	45.58	45.90	45.93
	1250m 18:53.45	1300m 19:39.85	1350m 20:25.04	1400m 21:10.43	1450m 21:56.67	1500m 22:39.54		
	45.90	46.40	45.19	45.39	46.24	42.87		
2	HARTLE, Catherine	64	Co Sheffield	24:04.86	480			
	50m 43.17	100m 1:30.00	150m 2:18.39	200m 3:06.16	250m 3:54.31	300m 4:42.26	350m 5:30.29	400m 6:18.56
		46.83	48.39	47.77	48.15	47.95	48.03	48.27
	450m 7:06.55	500m 7:54.24	550m 8:41.67	600m 9:29.63	650m 10:17.05	700m 11:04.79	750m 11:53.09	800m 12:41.05
	47.99	47.69	47.43	47.96	47.42	47.74	48.30	47.96
	850m 13:29.68	900m 14:18.37	950m 15:06.62	1000m 15:54.94	1050m 16:42.94	1100m 17:31.97	1150m 18:20.46	1200m 19:09.25
	48.63	48.69	48.25	48.32	48.00	49.03	48.49	48.79
	1250m 19:58.19	1300m 20:47.66	1350m 21:36.99	1400m 22:26.61	1450m 23:16.58	1500m 24:04.86		
	48.94	49.47	49.33	49.62	49.97	48.28		
3	MADDEN, Caroline	62	Bracknell	25:18.01	384			
	50m 45.10	100m -	150m 2:23.56	200m 3:13.98	250m 4:04.82	300m 4:55.45	350m 5:46.21	400m 6:36.58
		-	-	50.42	50.84	50.63	50.76	50.37
	450m 7:27.54	500m 8:18.40	550m 9:08.93	600m 9:59.75	650m 10:50.14	700m 11:41.10	750m 12:32.33	800m 13:23.33
	50.96	50.86	50.53	50.82	50.39	50.96	51.23	51.00
	850m 14:14.12	900m 15:04.99	950m 15:55.78	1000m 16:46.71	1050m 17:38.34	1100m 18:29.35	1150m 19:20.25	1200m 20:11.42
	50.79	50.87	50.79	50.93	51.63	51.01	50.90	51.17
	1250m 21:02.57	1300m 21:53.59	1350m 22:44.93	1400m 23:35.96	1450m 24:27.53	1500m 25:18.01		
	51.15	51.02	51.34	51.03	51.57	50.48		
4	BRIGGS, Janet	63	Etwell	26:47.58	336			
	50m 44.57	100m 1:35.11	150m 2:28.03	200m 3:21.41	250m 4:14.65	300m 5:08.70	350m 6:02.49	400m 6:56.53
		50.54	52.92	53.38	53.24	54.05	53.79	54.04
	450m 7:50.75	500m 8:44.74	550m 9:38.46	600m 10:32.65	650m 11:26.79	700m 12:20.83	750m 13:14.69	800m 14:08.47
	54.22	53.99	53.72	54.19	54.14	54.04	53.86	53.78
	850m 15:02.48	900m 15:56.79	950m 16:51.65	1000m 17:45.73	1050m 18:39.82	1100m 19:33.99	1150m 20:28.78	1200m 21:23.74
	54.01	54.31	54.86	54.08	54.09	54.17	54.79	54.96
	1250m 22:18.21	1300m 23:12.55	1350m 24:07.22	1400m 25:01.48	1450m 25:55.68	1500m 26:47.58		
	54.47	54.34	54.67	54.26	54.20	51.90		
5	KATHRO, Louise	63	Exe Masters	27:48.03	300			
	50m 48.53	100m 1:41.49	150m 2:36.73	200m 3:32.12	250m 4:27.45	300m 5:22.64	350m 6:17.96	400m 7:13.53
		52.96	55.24	55.39	55.33	55.19	55.32	55.57
	450m 8:10.00	500m 9:05.17	550m 10:00.94	600m 10:56.53	650m 11:52.85	700m 12:48.68	750m 13:44.29	800m 14:40.32
	56.47	55.17	55.77	55.59	56.32	55.83	55.61	56.03
	850m 15:36.19	900m 16:32.33	950m 17:28.43	1000m 18:26.33	1050m 19:22.06	1100m 20:17.87	1150m 21:13.75	1200m 22:10.38
	55.87	56.14	56.10	57.90	55.73	55.81	55.88	56.63
	1250m 23:06.84	1300m 24:03.26	1350m 25:00.04	1400m 25:56.95	1450m 26:53.92	1500m 27:48.03		
	56.46	56.42	56.78	56.91	56.97	54.11		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 60/64 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
6	PATEL, Jacqueline	62	Kings Corm	28:39.94	264			
	50m 48.42	100m 1:43.22	150m 2:39.34	200m 3:36.83	250m 4:33.97	300m 5:31.14	350m 6:28.47	400m 7:25.29
		54.80	56.12	57.49	57.14	57.17	57.33	56.82
	450m 8:22.67	500m 9:20.09	550m 10:18.09	600m 11:15.60	650m 12:13.20	700m 13:10.39	750m 14:08.32	800m 15:06.68
	57.38	57.42	58.00	57.51	57.60	57.19	57.93	58.36
	850m 16:03.55	900m 17:01.32	950m 17:59.52	1000m 18:56.75	1050m 19:54.39	1100m 20:52.39	1150m 21:50.59	1200m 22:49.12
	56.87	57.77	58.20	57.23	57.64	58.00	58.20	58.53
	1250m 23:48.58	1300m 24:46.13	1350m 25:44.87	1400m 26:43.43	1450m 27:42.35	1500m 28:39.94		
	59.46	57.55	58.74	58.56	58.92	57.59		

Women's 65/69 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	DOYLE, Amanda	66	Kings Corm	24:25.13	498			
	50m 42.01	100m 1:29.00	150m 2:17.24	200m 3:05.77	250m 3:54.56	300m 4:43.33	350m 5:32.19	400m 6:21.38
		46.99	48.24	48.53	48.79	48.77	48.86	49.19
	450m 7:10.52	500m 7:59.43	550m 8:48.33	600m 9:37.02	650m 10:26.07	700m 11:15.37	750m 12:04.84	800m 12:54.23
	49.14	48.91	48.90	48.69	49.05	49.30	49.47	49.39
	850m 13:43.82	900m 14:34.03	950m 15:23.34	1000m 16:12.79	1050m 17:02.40	1100m 17:52.14	1150m 18:42.42	1200m 19:31.61
	49.59	50.21	49.31	49.45	49.61	49.74	50.28	49.19
	1250m 20:21.07	1300m 21:10.82	1350m 22:00.31	1400m 22:49.38	1450m 23:38.59	1500m 24:25.13		
	49.46	49.75	49.49	49.07	49.21	46.54		
2	MOORE, Claire	67	Bracknell	24:54.16	489			
	50m 43.68	100m 1:30.66	150m 2:18.72	200m 3:07.29	250m 3:56.40	300m 4:45.87	350m 5:35.50	400m 6:25.44
		46.98	48.06	48.57	49.11	49.47	49.63	49.94
	450m 7:15.35	500m 8:05.50	550m 8:55.37	600m 9:45.69	650m -	700m -	750m -	800m 13:06.81
	49.91	50.15	49.87	50.32	-	-	-	-
	850m 13:56.97	900m -	950m 15:38.51	1000m 16:29.30	1050m 17:20.08	1100m 18:11.01	1150m -	1200m 19:53.48
	50.16	-	-	50.79	50.78	50.93	-	-
	1250m 20:44.92	1300m 21:35.59	1350m 22:26.41	1400m 23:16.84	1450m 24:06.48	1500m 24:54.16		
	51.44	50.67	50.82	50.43	49.64	47.68		
3	WOODROW, Lindy	68	Co Sund'land	29:54.75	294			
	50m 50.44	100m 1:46.26	150m 2:43.28	200m 3:40.27	250m 4:38.06	300m 5:36.84	350m 6:33.52	400m 7:33.86
		55.82	57.02	56.99	57.79	58.78	56.68	1:00.34
	450m 8:32.69	500m 9:34.14	550m 10:32.81	600m 11:33.81	650m 12:32.99	700m 13:33.32	750m 14:34.35	800m 15:34.18
	58.83	1:01.45	58.67	1:01.00	59.18	1:00.33	1:01.03	59.83
	850m 16:34.52	900m 17:36.97	950m 18:39.62	1000m 19:42.86	1050m 20:46.07	1100m 21:47.04	1150m 22:49.24	1200m 23:52.60
	1:00.34	1:02.45	1:02.65	1:03.24	1:03.21	1:00.97	1:02.20	1:03.36
	1250m 24:53.63	1300m 25:56.60	1350m 26:56.90	1400m 27:56.46	1450m 28:55.74	1500m 29:54.75		
	1:01.03	1:02.97	1:00.30	59.56	59.28	59.01		



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EVENT 101 Men's/Women's 1500m Freestyle

Women's 70/74 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	ROUSE, Margaret	74	S Bournem'th	30:31.67	362			
	50m 54.51	100m 1:53.66	150m 2:54.77	200m 3:55.96	250m 4:57.32	300m 5:59.26	350m 7:00.76	400m 8:03.41
		59.15	1:01.11	1:01.19	1:01.36	1:01.94	1:01.50	1:02.65
	450m 9:06.23	500m 10:07.90	550m 11:08.83	600m 12:10.61	650m 13:10.18	700m 14:11.26	750m 15:11.57	800m 16:11.57
	1:02.82	1:01.67	1:00.93	1:01.78	59.57	1:01.08	1:00.31	1:00.00
	850m 17:12.52	900m 18:12.58	950m 19:13.79	1000m 20:15.43	1050m 21:16.81	1100m 22:18.45	1150m 23:19.96	1200m 24:21.76
	1:00.95	1:00.06	1:01.21	1:01.64	1:01.38	1:01.64	1:01.51	1:01.80
	1250m 25:25.12	1300m 26:27.37	1350m 27:29.24	1400m 28:31.61	1450m 29:32.40	1500m 30:31.67		
	1:03.36	1:02.25	1:01.87	1:02.37	1:00.79	59.27		

Women's 75/79 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	DUDENEY, Rose	75	Mid Sussex	26:27.99	582			
	50m 49.43	100m 1:42.76	150m 2:38.13	200m 3:33.15	250m 4:28.70	300m 5:24.10	350m 6:19.18	400m 7:14.53
		53.33	55.37	55.02	55.55	55.40	55.08	55.35
	450m 8:09.63	500m 9:04.46	550m 9:59.86	600m 10:55.02	650m 11:50.67	700m 12:45.79	750m 13:41.13	800m 14:35.97
	55.10	54.83	55.40	55.16	55.65	55.12	55.34	54.84
	850m 15:31.96	900m 16:26.95	950m 17:22.59	1000m 18:17.46	1050m 19:12.61	1100m 20:07.50	1150m 21:02.92	1200m 21:58.16
	55.99	54.99	55.64	54.87	55.15	54.89	55.42	55.24
	1250m 22:52.86	1300m 23:47.71	1350m 24:43.25	1400m 25:37.98	1450m 27:27.08	1500m 26:27.99		
	54.70	54.85	55.54	54.73	1:49.10	-		

Women's 80/84 Yrs Age Group

Place	Name	Age	Club	Time	Masters Pts			
1	BROMWICH, Elaine	80	Birmingham M	36:42.87	281			
	50m 1:03.23	100m 2:13.75	150m 3:25.66	200m -	250m 5:50.70	300m 7:04.02	350m 8:16.86	400m 9:30.12
		1:10.52	1:11.91	-	-	1:13.32	1:12.84	1:13.26
	450m -	500m 11:57.63	550m 13:12.64	600m 14:26.06	650m 15:41.24	700m 16:54.43	750m 18:10.63	800m 19:26.69
	-	-	1:15.01	1:13.42	1:15.18	1:13.19	1:16.20	1:16.06
	850m 20:41.38	900m 21:55.13	950m 23:12.12	1000m 24:28.36	1050m 25:41.16	1100m 26:55.43	1150m 28:09.55	1200m 29:23.43
	1:14.69	1:13.75	1:16.99	1:16.24	1:12.80	1:14.27	1:14.12	1:13.88
	1250m 30:38.84	1300m 31:52.07	1350m -	1400m -	1450m 35:33.66	1500m 36:42.87		
	1:15.41	1:13.23	-	-	-	1:09.21		



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