

**Event 301 Womens Open 400m Medley Team**

H 1	L 1	Spencer	280+	Spencer	6:00.00
		Janet BROWN Muriel HITCHCOCK Amanda HEATH Jean HOWARD-JONES			
L 2	Spencer	240+	Spencer	5:30.00	
		Carolynn CURTIS Diane FORD Esther ISEPPI Alison GWYNN			
L 3	Spencer	200+	Spencer	5:00.00	
		Catherine HARTLE Carole MURPHY Linda BROWN Jessie CAMPBELL			
L 4	Gloucester M	200+	Gloucester M	5:00.00	
		Gillian FERRIS Clare TURNER Sandra - Jane JONES Jayne BALL			
L 5	Aer Lingus	160+	Aer Lingus M	4:45.00	
		Charlotte REID Deirdre MORRIS Cara MULCAHY Sarah FARRELLY			
L 6	Hibernian Ma	160+	Hibernian Ma	4:45.00	
		Dymphna MORRIS Marie KEANE Sabrina WIEDMER Carol CASHELL			
L 7	Fareham N'ds	120+	Fareham N'ds	4:30.00	
		Joanna CORBEN Claire TAGG Noemie PEIGNON Laura MOLYNEAUX			
L 8	Caradon	072+	Caradon	4:00.00	
		Hannah READ Sally CARTER Samantha CROSBY Alice ROGERS			

**Event 302 Mens Open 400m Medley Team**

H 1	L 1	Spencer	240+	Spencer	5:30.00
		Cristian RENTSCH Henry DICK Andrew CHAMBERLAIN Max ZELLER			
L 2	Team Anglia	200+	Team Anglia	5:00.00	
		Dale BARKER Martyn FRESHER Adam LELEAN Richard O'LEARY			
L 3	Aer Lingus	200+	Aer Lingus M	5:00.00	
		Vivian MONGEY Conall O'RAGHALLAIGH Robert FRIZE Peter CONWAY			
L 4	Hibernian Ma	160+	Hibernian Ma	4:45.00	
		Adrian O'CONNOR Ray MCARDLE Rob LAMB Thomas QUINN			

L 5	Totnes	072+	Totnes	4:00.00
		Kalon VEALE Levin VEALE Gregory BIRD Matthew BRECKON		
L 6	Warwick Uni	072+	Warwick Uni	4:00.00
		Alexander PUNNETT Joshua PATEL Daniel LEGGOTT Joshua DOBSON		
L 7	Record Hunter	072+	Devonport	4:00.00
		Hok Yee LI Issac LOM Shun WAN Kwun WONG		

**Event 303 Womens Open 400m IM**

H 1	L 2	Helen OLEARY	61	Nac Master S	12:19.76
	L 3	Lesley DAVIES	55	Otter	8:44.00
	L 4	Marie KEANE	57	Hibernian Ma	7:30.30
	L 5	Kathy WELLAM	36	Manch Tri	7:30.00
	L 6	Kathleen Anne RAYMOND	52	Sevenoaks	7:20.00
H 2	L 1	Katie ANDREWS	25	Co Derby	7:15.00
	L 2	Anne MORRISSEY	55	Aer Lingus M	7:15.00
	L 3	Margaret TUCK	53	Long Eaton	7:10.00
	L 4	Frances BAKER	55	Launceston	7:04.81
	L 5	Katherine PURCELL	25	East Leeds	7:00.00
	L 6	Emma BISSET	44	Trafford Met	6:45.00
	L 7	Judy PRIOR	45	Enfield Sq	6:45.00
	L 8	Jayne BALL	61	Gloucester M	6:44.17
H 3	L 1	Helen SHINGLER	46	Bishop Stort	6:40.00
	L 2	Audrey COOPER	61	Silver City	6:36.24
	L 3	Elaine SEAGER	52	Loughborough	6:32.00
	L 4	Laura SHIELDS	41	Scotia	6:30.00
	L 5	Jessica TREVELLICK	27	Otter	6:30.00
	L 6	Elizabeth BELLINGER	37	Bishop Stort	6:30.00
	L 7	Erzsebet KISS	39	Chesterfield	6:27.87
	L 8	June FALCONER	51	Silver City	6:12.29
H 4	L 1	Felicity HANNON	26	Otter	6:06.72
	L 2	Sophie LIDDAMENT	23	UEA Norwich	6:02.54
	L 3	Laura MOLYNEAUX	28	Fareham N'ds	6:00.00
	L 4	Miriama OWENS	35	Putteridge	5:50.00
	L 5	Natasha MORGAN	33	Southwark	5:46.61
	L 6	Jessica WOODDISSE	40	Sub 160	5:45.25
	L 7	Sara GAMBLE	27	G B Police	5:43.10
	L 8	Holly YOUNG	24	Manch Tri	5:39.14
H 5	L 1	Michelle CURRY	28	Romford Town	5:37.43
	L 2	Nicola LATTY	44	Sub 160	5:34.30
	L 3	Laura ROBERTSON	27	Silver City	5:29.39
	L 4	Emma STUDD	19	teamipswich	5:19.16
	L 5	Emma GAGE	26	Trafford Met	5:22.39
	L 6	Janet MCLEAN	42	Carnegie	5:33.50
	L 7	Dawn PALMER	39	Romford Town	5:36.00
	L 8	Jennifer TITTERINGTON	22	Co Manch Aq	5:38.02

**Event 304 Mens Open 400m IM**

H 1	L 2	David HALL	73	Witney	8:36.00
	L 3	Chris JESSUP	69	Salisbury	8:15.00
	L 4	David BELL	44	Ards Asc	7:45.26
	L 5	Stuart MCGURK	54	Kendal	7:40.00
	L 6	Clive SMITH	46	Etwall	7:30.00
H 2	L 1	Derek PARR	71	Otter	7:20.00
	L 2	Keith SPENCE	49	Basingstoke	7:20.00
	L 3	Stuart MCLELLAN	66	Sudbury	7:20.00
	L 4	Keith STAYNES	38	Caradon	7:04.94
	L 5	Paul STANDEN-PAYNE	41	DLL Ebourne	6:46.00
	L 6	Peter GULYAS	64	Budapesti De	6:45.97
	L 7	Roger RANDALL	44	Barnet Copt	6:40.00
	L 8	Kieran KELLEHER	67	Hibernian Ma	6:34.01
H 3	L 1	Andrew BAILEY	40	Perth Mas	6:34.00
	L 2	Adam LELEAN	53	Team Anglia	6:30.80
	L 3	Graham PEARSON	63	Carlisle Aq	6:30.00
	L 4	Glen ISAACS	50	Black Lion	6:25.00
	L 5	Scott GARRETT	44	Calne Alpha	6:20.46
	L 6	Alastair GIBB	55	Team Luton	6:15.00
	L 7	Andrew GRISTWOOD	51	Cleethorpes	6:00.00
	L 8	Trevor CLARK	61	Birmingham M	5:59.50
H 4	L 1	Phillip MOULSON	49	East Anglian	5:59.22
	L 2	Tony MORRIS	60	Aer Lingus M	5:58.70
	L 3	Chris HOPTON	40	Camden Swiss	5:47.00
	L 4	Samuel CHADWICK	36	Godalming	5:45.00
	L 5	David CLARKE	51	Wrekin Coll	5:45.00
	L 6	Keith DUNNETT	45	Silver City	5:45.00
	L 7	Cristian RENTSCH	52	Spencer	5:45.00
	L 8	Mark JONES	55	Everton	5:45.00
H 5	L 1	Lee KILBY	45	Oundle	5:44.00
	L 2	Dmitry KROMSKIY	54	Poseidon	5:43.00
	L 3	Leon YOUNGMAN	38	Dumfries	5:40.00
	L 4	Mariusz BARCIKOWSKI	39	Black Lion	5:38.34
	L 5	Christopher JOHANSEN	31	Co Oxford	5:36.38
	L 6	Rinat GILYAZOV	56	All Stars	5:35.00
	L 7	Lee NORTH	41	Rochford	5:30.00
	L 8	James DONN	38	Glasgow Nmds	5:30.00
H 6	L 1	Daniel SMITH	26	Perry B & TS	5:25.08
	L 2	Pip BENNETT	34	Otter	5:24.00
	L 3	Lewis KING	25	Putteridge	5:21.32
	L 4	Wade RIMBACH	31	Otter	5:20.00
	L 5	Ivan NECHUNAEV	25	Spencer	5:10.15
	L 6	Les CHURCH	43	Co Chester	5:10.00
	L 7	John DAVEY	26	Chesterfield	5:10.00
	L 8	John MOLYNEAUX	27	Fareham N'ds	5:10.00
H 7	L 1	Nick VALENTINE	34	Newcastle	5:06.42
	L 2	Eric RICHELLE	38	Plouf Club	4:59.44
	L 3	Philip COHEN	22	Bath Univ	4:48.77
	L 4	Matthew JOHNSON	20	Bath Univ	4:16.53
	L 5	Thomas PAINE	21	Co Manch Aq	4:24.87
	L 6	Andrew REAY	21	Wrexham	4:50.38
	L 7	Andrew CHAMBERLAIN	42	Spencer	5:05.00
	L 8	Erlend ALSTAD	48	I.L. Varg	5:09.56